



Mile Markers



We Give You the Run-Around

May/June 2008 Volume 30, Nos. 5/6

P.O. Box 1818, Santa Fe, NM 87504

Featured Events:

30th Santa Fe Run-Around 10K and 5K

The Santa Fe Striders sponsored race is on June 7th, which starts and ends on the historic Plaza. Visit www.santafestriders.org for more information.

May running notes of interest:

6th: In 1954, Roger Bannister ran 3:59.4 at the University of Oxford

30th: In 1975, Steve Prefontaine died in a car crash after winning a 5,000 meter race at Hayward Field

May Events

10th: Run to the Sun: Monte del Sol Charter School; 5K, 2 mi. walk, and Kid's 1K

18th: RunFit 2008

18th: Santa Fe Century 25, 50, 75, 100 mile bike rides;
www.santafecentury.com

18th: World's Toughest 10K; www.newmexico-marathon.org; (505) 489-9484

18th: Armed Forces Day Run; www.active.com

26th: Bolder Boulder 10K; Boulder, CO

June Events

7th: Santa Fe Run-Around 10K/5K; www.santafestriders.org

8th: Taos Marathon; ½ marathon, and 5K;
www.traveltaos.com

8th: Garden of the Gods; Manitou Springs, CO

14th: Run the Caldera Marathon; www.vallescaldera.gov

15th: Pueblo of Pojoaque Butterfly Run 10K/5K;
www.active.com

22nd: Cherry Garcia Run; www.active.com

Monthly Meeting: May 13th 7:30 PM

This month's meeting will be held at Mike Swain's house. Directions: from 599 (Santa Fe bypass) take Camino La Tierra exit. Go west toward Las Campanas. Turn right at the first stop sign, which is E. Wildflower Dr. Turn left at the next street. Proceed to 8 Sunflower Circle. Folks are encouraged to bring a dish to share. Agenda is the Santa Fe Run-Around and entry- packing party.

Striders News

• Tuesday Evening Track Workouts

Every Tuesday evening through October. Meet at SFHS track at 5:45 for warm-ups. Workouts begin at 6 p.m..

• Thursday Evening Runs

6 PM from the Running Hub. Join us! Contact the Running Hub at 820-2523 or www.runsantafe.com.

• Sunday Runs

Eric Peters is doing a great Strider service coordinating Sunday morning runs. The details are sent out on the Strider email list (see below) each week. If you don't have email, contact Eric at 466-2460.

• Old Race Shirts

We will sell race shirts for past races for \$5. Contact club president Jim Owens for details (231-6166 or Owens_Jim@msn.com).

Striders in the News

(Contact Richard or Jim with contributions)

•Congratulations to Striders members Max Mujinya, Tal-ee Roberts and Jim Owens for finishing the 112th Boston Marathon in 3:19.18, 3:52.27, and 4:00.09, respectively.

Striders Information: E-Mail list, Web Page and Newsletter

The Striders maintain a free email list to announce workouts, race information, and club events. Visit (www.santafestridders.org). If you have input or suggestions for the web page, contact our webmaster Todd Schroeder (toddshroeder@yahoo.com), or Richard Curry (ridlcu46@msn.com) with race announcements, results, submissions, letters to the editor, and any other running related material you'd like to see.

Officers

Jim Owens, President; (Owens_Jim@msn.com); 231-6616

Jim Westmoreland, Vice President

Todd Schroeder, Webmaster (toddshroeder@yahoo.com)

Willie Richardson, Treasurer; (willieinsantafe@gmail.com)

Vinnie Kelley, Secretary

Striders Contribution: I lack motivation in my running life these days; Needless to say, I lack inspiration to publish Milemarkers, the Striders bi-monthly newsletter. Having studied and worked in the journalism field, I recognize the importance of meeting deadlines. Two months ago I considered abandoning my Striders membership and, thus, relinquishing my duties as this newsletter's editor. I accept this missed deadline (May 1), for I simply let time run away. Here is a line from an old Chippewa song: "As my eyes search the prairie/ I feel the summer in spring." For me, I will search the hills for more trails to run and long for more words to write. --Richard Curry