



Mile Markers

We Give You the Run-Around

August 1999 Volume 21, No. 8.

P.O. Box 1818, Santa Fe, NM 87504

La Luz Trail Run

The Butterfly Run

The first rule of successful racing: Show up on time. The first running of the Pojoaque Fitness Center Butterfly Run was held July 25th. The 10k Started at 7 AM. I arrived at 7:03, in time to see the runners leaving the starting line. Without picking up my race packet, I followed the crowd, greeting many friends as I caught and passed them. The 10 k course followed dirt trails that twisted around the gently rolling hills of the Pojoaque Pueblo. Throughout the run we had spectacular views of the Jemez and Sangre de Cristo mountains, plus the rugged terrain of the valley in between. The Pueblo went all out and had well stocked and manned aid stations. The course had several out-and-back sections, so we could see the leaders. The 5k course was over the same route, with the same fast downhill to the finish.

The race provided refreshments in the shade of the new Pojoaque fitness center. Sean Tynan and Magdalena Thorsell, both of Albuquerque, were the winners of the 10 k, which had a total of 112 finishers. Jon Capron and Kelly Dix were the winners of the 5 k. There were 163 finishers in the 5k.

Race director Liz Roybal put on a great event! I'll look forward to next years race. And remember to get there on time!

-Kris Kern.

The Pojoaque Butterfly Run was held for the first time this year, and was named to commemorate the rebirth of the Pojoaque Pueblo and its new wellness center. Congratulations to the pueblo and the wellness center from the Striders, we wish you much wellness in the future!

The 1999 La Luz Trail Run, held on August 1st, was the first time it has been produced by the Albuquerque Road-runners and they did a splendid job. The run is one of the few in the country authorized to pass through a wilderness area, as its founding pre-dates the wilderness designation of the Sandia crest area. If you're not familiar with the run, it covers 9 miles, 1.8 on asphalt, 7.2 on single track trail up to the Sandia Crest, total climb, 4600ft. Again the Fleet Feet running store sponsored the race, and served as a packet pickup and ad hoc runners' expo and meeting site on the Saturday prior to the race. Again many Striders performed well, most notably Shirley Van Slooten, first masters woman, and Erica Larson, 3rd woman overall.

The La Luz Trail Run OVERALL RACE RESULTS

1. SIMON GUTIERREZ, 33, M, ALBUQUERQUE, NM, 1:15:09
2. JEREMY WRIGHT, 25, M, LARAMIE, WY, 1:17:57
3. RICHARD SHELLEY, 37, M, ALBUQUERQUE, NM, 1:20:40
4. SCOTT ELLIOTT, 35, M, BOULDER, CO, 1:24:25
5. TIM NEWELL, 39, M, ALBUQUERQUE, NM, 1:26:39
6. ALEX TERRAZAS, 20, M, ALBUQUERQUE, NM, 1:27:50
7. ROBERT MUEHLENWEG, 44, M, ALBUQUERQUE, NM, 1:30:51
8. STEPHEN CAMP, 37, M, VAIL, CO, 1:31:04
9. BRIAN RUHM, 34, M, ALBUQUERQUE, NM, 1:32:19
10. MARK NOLAN, 44, M, ALBUQUERQUE, NM, 1:33:08
11. LENNY ESSON, 29, M, KIRTLAND, NM, 1:34:24
12. SCOTT GORDON, 38, M, ALBUQUERQUE, NM, 1:35:08
13. GARY STANSIFER, 44, M, ALBUQUERQUE, NM, 1:37:55
14. TERRY BOOS, 46, M, GALLUP, NM, 1:38:23
15. JANICE POSEY, 30, F, COLO. SPRINGS, CO, 1:38:52
16. CHRIS CHAVEZ, 40, M, SANTA FE, NM, 1:39:30
17. DAVID DIXSON, 52, M, SANTA FE, NM, 1:39:43
18. CATHY PEARCE, 36, F, SOCORRO, NM, 1:40:24
19. BRYAN KERR, 17, M, LAKE JACKSON, TX, 1:40:25
20. KEN GORDON, 34, M, ALBUQUERQUE, NM, 1:42:18
21. MICHAEL BAKER, 35, M, RIO RANCHO, NM, 1:42:45
22. ERICA LARSON, 27, F, LOS ALAMOS, NM, 1:42:49
23. CLAUDE BOOK, 44, M, ALBUQUERQUE, NM, 1:43:04
24. KURT COONROD, 39, M, ALBUQUERQUE, NM, 1:44:07
25. JAMES WESTMORELAND, 47, M, SANTA FE, NM, 1:44:59
26. WARREN WILD, 35, M, ALBUQUERQUE, NM, 1:45:02
27. JESTER WAG, 41, M, ALBUQUERQUE, NM, 1:45:26
28. GRANT GERNER, 35, M, SANTA FE, NM, 1:45:44
29. JEREMY YANG, 39, M, ALBUQUERQUE, NM, 1:45:58
30. KEN NYSTROM, 26, M, ALBUQUERQUE, NM, 1:45:59
31. KEITH HUTCHINSON, 27, M, ALBUQUERQUE, NM, 1:46:01
32. KELLY SCHUMACHER, 20, F, ALBUQUERQUE, NM, 1:46:31
33. TOM MORRIS, 37, M, ALBUQUERQUE, NM, 1:46:53
34. ROGER JENSEN, 49, M, ZUNI, NM, 1:46:57
35. LISA VALLE, 33, F, ALBUQUERQUE, NM, 1:47:02
36. JOHN GOODLOE, 38, M, COLO. SPRINGS, CO, 1:47:14
37. BARRY ROBERTS, 39, M, EDGEWOOD, NM, 1:47:20
38. LEONARD LEYBA, 33, M, ALBUQUERQUE, NM, 1:47:35
39. RUDI DAS, 36, M, ROSWELL, NM, 1:48:09
40. DOUG LAUFER, 46, M, PALMER LAKE, CO, 1:48:47
41. RICH YANACEK, 42, M, HOUSTON, TX, 1:48:49
42. ANNETTE BAUER, 35, F, MESCALERO, NM, 1:49:08
43. CHRISTIE ASCHWANDT, 28, F, ALBUQUERQUE, NM, 1:49:27
44. CHRIS POLAGE, 29, M, ALBUQUERQUE, NM, 1:49:41
45. DANIEL FRIEDMAN, 36, M, ALBUQUERQUE, NM, 1:49:49
46. OCTAVIANO TORRES-H, 17, M, LAS VEGAS, NM, 1:50:19
47. GENE KERSH, 41, M, ALBUQUERQUE, NM, 1:50:24
48. KIRSTEN KERN, 34, M, LOS ALAMOS, NM, 1:50:33
49. MIKE HOOG, 35, M, LOS ALAMOS, NM, 1:50:47

continued on p.3

RACE CALENDAR

>>> August <<<

Aug 1: La Luz Trail Run 9.2m, Alb. - Roger, 878-9134 (www.ARoadRun.org/~runner/laluz.html)

Aug 7: Summer Fun 5/10K, Las Cruces, NM- 505-524-7824

Aug 7: Corrida de Penasco Half-Marathon, Penasco, NM - 505-758-1836

Aug 7: Roadrunner Triathlon, White Sands, 5k run/30k bike/400m swim, 678-3373

Aug 8: Hot Chile Run 5/10K, Santa Fe, NM- David Soveranez, 505-473-7228

Aug 8: Children's Hospital 5K Run/Walk, 1 Mile Run, Alb., NM- 505-256-3625

Aug 8: Carrabba's 5K & 10K, Inline Skate, Alb., NM - 505-256-3625

Aug 8: Three Peaks Mountain Run, 18.7 Miles, Santa Fe, NM - 505-455-0259

Aug 13: Bulldawg 100 Mile & Relay, Las Cruces, NM- 505-647-0258

Aug 15: Giant / Inter-Tribal Indian Ceremonial Half Marathon, 5K run, 5K fun run/walk, Gallup, NM -Leslie, 505-863-1134, Brenda, 505-863-1118

Aug 15: Socorro Triathlon, 5k run/20k bike/800m swim, 835-0424.

Aug 21: Great American People 2 Mile 5/10K Run/Walk, Deming, NM - 800-848-4955

Aug 21: Fox Trot 5/10K, 2

Mile, Alamogordo, NM- 505-439-4142

Aug 21: Los Alamos Triathlon, 20k bike/400m swim/5k run, 662-8173.

Aug 22: ABWA Run For Education 5/10K Run/Walk, Alb., NM- Karen Owen, 505-344-7124

Aug 22: Greyhound Rescue Run 5K/10K Runs & 2 Mile Walk, Alb., NM - Gil- 505-268-6300

Aug 22: Wings of America/Wind Messenger 5K CrossCountry Race, Santa Fe, NM 505-982-6761

Aug 28: Eldorado Run, 5K and 1mile, 7:45am at the Eldo. Elem. School.

Aug 28: Steven Gachupin 1/2 Marathon & 5K, Jemez, NM - 505-834-7592

Aug 28: Zuni Fitness 25 Miles, 5-Person Relay, Zuni, NM-505-782-2665.

Aug 28: Santa Fe Community College Fun-D-Run For Wellness 10K/5K, 1 & 1/2 Mile Run/Walk, Santa Fe, NM - 505-428-1291

Aug 28: Carlesbad Triathlon, 500m swim/16 mile bike/5k run, 887-2894.

>>> September <<<

Sep 4: Eldorado 5K, Santa Fe, NM - TrishShain - 505-466-6443

Sep 5: Governor Gary Johnson 10K Run/10KWalk, Cloudcroft, NM - Don Hoffman, 505-682-2984

Sep 6: Santa Fe Trail Run 5/10K, Santa Fe, NM - Patrick Casey - 505-982-3630

Sep 6: Turtle Marathon, 1/2 Mar. 5K Run/Walk, Roswell, NM- 505-627-5507

Sep 11: Westside Trotter's Run For Diabetes 5K/10Mile, Alb., NM- Patrice Leddy, 505-899-1487

Sep 11: Imogene Pass Run, Ouray, CO, www.csbservices.com/ipr/ipr.htm

Sep 11: Cibola Duathlon, Grants, 5k run/30k bike/5k run, 287-7927x229.

Sep 12: Santa Barbara Loop Mountain Run, 30.5 Miles, Penasco, NM - 505-662-2397

Sep 12: 5th Annual Run For The Hills 5/10K, 5KWalk, Alb., NM- Robert Taylor - 505-823-9360

Sep 12: Run The Lifecourse 10K, Farmington, NM - Debbie Mosley - 505-599-6139

Sep 18: Memory 3K Walk/5K Run For Alzheimers, Alb., NM - Edee Snider, 505-266-4473

Sep 18: Coronado's Curse Run, 5K/10K, Zuni, NM- 505-782-2665

Sep 18: Run For Recycling 10K/5K, Hobbs, NM - 505-392-3971

Sep 19: New Mexico Marathon, Alb., NM - Charles Otero - 505-345-4274

Sep 19: 5th Annual Belen Noon Optimists Run For Non-Violence 10K/5K, Belen, NM - Michael Calderon, 505-864-7283

Sep 19: Greyhound Rescue Run 10K/5K, 2 Mile Walk, Alb., NM- Gil's, 505-268-6300

Sep 25: 3rd Annual Run for the B.E.A.C.H.. 5K Run, Ruidoso, NM- Cathy, 505-257-9251 or 505-257-6624

Sep 26: 16th Annual Sun Healthcare Duke City Marathon, Alb., NM- DCM HOTLINE-505-880-1414

>>> October <<<

Oct 2: The Whole Enchilada Festival 5K, 1 Mile, Las Cruces, NM- 505-527-5167

Oct 3: Corrida De Taos 5/10K, 2 Mile Walk, Taos, NM- Gil's, 505-268-6300

Oct 3: South Baldy Ridge Mountain Run, 19

*Corrections? Additions? Recommendations?
Send 'em in! -ed.*

DISCLAIMER REGARDING THE RACE CALENDAR: While our research staff does its utmost to assure that the Mile Markers race calendar is accurate and comprehensive, there are always likely to be a few mistakes, as race dates are continuously decided and modified and communicated through the various and erratic running grapevines. Please try to confirm dates by obtaining race entries and calling the numbers provided.

La Luz, continued

50. KENNETH MCCOLLUM, 34, M, ALBUQUERQUE, NM, 1:50:50
51. CARL GABLE, 40, M, SANTA FE, NM, 1:51:25
52. JAVIER HUGHES, 14, M, LAS VEGAS, NM, 1:51:26
53. KEN VERNON, 35, M, ALBUQUERQUE, NM, 1:51:58
54. JERRY LENTZ, 37, M, ALBUQUERQUE, NM, 1:52:10
55. RICH BIGELOW, 47, M, SILVER CITY, NM, 1:52:13
56. ED CRAIGHEAD, 36, M, DALHART, TX, 1:52:17
57. JIM HUBBS, 57, M, ALBUQUERQUE, NM, 1:52:37
58. NEIL BLAKE, 34, M, ALBUQUERQUE, NM, 1:52:40
59. ANN RHODES, 39, F, BOULDER, CO, 1:52:47
60. SHIRLEY VAN SLOOTEN, 43, F, SANTA FE, NM, 1:53:06
61. DAVID KAHAN, 31, M, ALBUQUERQUE, NM, 1:53:07
62. DOUG OLIVER, 33, M, SOCORRO, NM, 1:53:09
63. STU GIBSON, 36, M, CORRALES, NM, 1:53:10
64. JEAN HERBERT, 42, F, ALBUQUERQUE, NM, 1:53:16
65. ANDREW BLACK, 27, M, ALBUQUERQUE, NM, 1:53:17
66. CHRISTY BUNGEI, 28, F, ALBUQUERQUE, NM, 1:53:56
67. DOUGLAS HUGHES, 32, M, ALBUQUERQUE, NM, 1:53:56
68. GREG JOHNSTON, 32, M, TIJERAS, NM, 1:54:31
69. OLIVER ENJADY, 47, M, MESCALERO, NM, 1:54:58
70. DAVID PODVA, 37, M, ALBUQUERQUE, NM, 1:55:35
71. BILL BALDWIN, 52, M, ALBUQUERQUE, NM, 1:55:56
72. FREDDY MORA, 45, M, ALBUQUERQUE, NM, 1:56:10
73. ERIC GUTJAHR, 34, M, COLUMBUS, IN, 1:56:11
74. DAVID HALEY, 29, M, ALBUQUERQUE, NM, 1:56:35
75. SCOTT DARLING, 47, M, LAS VEGAS, NM, 1:56:50
76. DARRYL MACIAS, 36, M, ALBUQUERQUE, NM, 1:57:00
77. HARRIS MOSKOWITZ, 24, M, ALBUQUERQUE, NM, 1:57:04
78. HEATHER RUHM, 35, F, ALBUQUERQUE, NM, 1:57:15
79. BRIAN WAGNER, 36, M, ALBUQUERQUE, NM, 1:57:21
80. JEFF MELVIN, 31, M, ALBUQUERQUE, NM, 1:57:23
81. JIM WING, 37, M, ALBUQUERQUE, NM, 1:57:31
82. CHARLES OTERO, 49, M, ALBUQUERQUE, NM, 1:58:07
83. KELLY WARD, 33, M, SANTA FE, NM, 1:58:27
84. BRENT TRAMMELL, 39, M, PLANO, TX, 1:58:33
85. EDWARD ESTRADA, 47, M, LAS VEGAS, NM, 1:58:54
86. KARL JURISSON, 42, M, ALBUQUERQUE, NM, 1:59:05
87. STEVE RINK, 34, M, SCOTSDALE, AZ, 1:59:08
88. PAT SCOTT, 46, M, ALBUQUERQUE, NM, 1:59:09
89. BILL DODSON, 64, M, ALBUQUERQUE, NM, 1:59:24
90. DANA SCHUMACHER, 22, F, ALBUQUERQUE, NM, 1:59:38
91. EMILY SANDALL, 18, F, ALBUQUERQUE, NM, 1:59:48
92. ERNEST GARCIA, 40, M, ALBUQUERQUE, NM, 1:59:48
93. CELESTE MACAPIA, 23, F, ALBUQUERQUE, NM, 1:59:49
94. BRIAN MORAN, 44, M, ALBUQUERQUE, NM, 1:59:49
95. DAVID STEADMAN, 30, M, LUBBOCK, TX, 1:59:50
96. JANE GAGNE, 43, F, ALBUQUERQUE, NM, 2:00:03
97. JOSEPH ADAM, 43, M, ALBUQUERQUE, NM, 2:00:21
98. ROBINS OHLS, 38, F, ALBUQUERQUE, NM, 2:00:31
99. PATTY DANFORTH, 39, F, LOS ALAMOS, NM, 2:00:41
100. BRENDA ELLIS, 32, F, ALBUQUERQUE, NM, 2:00:42
101. AL ROCKWELL, 16, M, CHIPROCK, NM, 2:00:43
102. GERALD MOORE, 40, M, ALBUQUERQUE, NM, 2:01:04
103. KEITH SEVERANCE, 36, M, ALBUQUERQUE, NM, 2:01:15
104. DIANA HARDY, 39, F, SANTA FE, NM, 2:01:27
105. MIKE WALSH, 49, M, ALBUQUERQUE, NM, 2:01:30
106. DAVID KNUTSON, 38, M, ALBUQUERQUE, NM, 2:01:39
107. BARB DUTROW, 43, F, BATON ROUGE, LA, 2:01:53
108. CHARLES HEMBREE, 43, M, ALBUQUERQUE, NM, 2:02:16
109. JOHNNIE PETE, 24, M, SHIPROCK, NM, 2:02:22
110. LISA SEGURA, 41, F, ALBUQUERQUE, NM, 2:02:29
111. CRAIG PARENT, 26, M, ALBUQUERQUE, NM, 2:02:31
112. RICHARD BAIRD, 49, M, ALBUQUERQUE, NM, 2:02:38
113. TOM ISEMAN, 30, M, ENGLEWOOD, CO, 2:02:39
114. JEFF YOUNG, 38, M, SANDIA PARK, NM, 2:02:43
115. JIM KELLEY, 50, M, SANDIA PARK, NM, 2:02:50
116. ELLAN ANDERSON, 48, M, MORTARITY, NM, 2:02:52
117. STEVEN PACHECO, 28, M, CARLSBAD, CA, 2:03:03
118. BILL GATTIS, 31, M, ALBUQUERQUE, NM, 2:03:05
119. TRAVIS DODD, 15, M, EDGEWOOD, NM, 2:03:05
120. BLANCA LOPEZ, 29, F, ALBUQUERQUE, NM, 2:03:31
121. MICHAEL WEST, 40, M, ALBUQUERQUE, NM, 2:03:31
122. CARL GLOVER, 22, M, ALBUQUERQUE, NM, 2:03:33
123. THOMAS CHAPIN, 21, M, FARMINGTON, NM, 2:03:48
124. RICK SEABORN, 37, M, ALBUQUERQUE, NM, 2:03:54
125. KIMBERLY BRICKER, 39, F, MUSTANG, OK, 2:04:13
126. DEBBIE WERENKO, 42, F, ROSWELL, NM, 2:04:27
127. SANTIAGO CHEYKACH, 45, M, ALGODONES, NM, 2:04:30
128. ALEX JOHNSON, 32, M, SALT LAKE CITY, UT, 2:04:31
129. BRIAN CHIDLEY, 34, M, LEDYARD, CT, 2:04:34
130. GARY DODD, 39, M, EDGEWOOD, NM, 2:04:35
131. JEFF KOONCE, 34, M, ALBUQUERQUE, NM, 2:04:50
132. MARK JELLISON, 41, M, BOULDER, CO, 2:04:59
133. ROBERT MCDONNELL, 43, M, ALBUQUERQUE, NM, 2:05:25
134. JAMES FOREST, 34, M, ALBUQUERQUE, NM, 2:05:32
135. KEVIN MADALENA, 23, M, JEMEZ PUEBLO, NM, 2:05:44
136. MARIA CARREJO, 39, F, BELEN, NM, 2:05:52
137. DAVE PETERSON, 52, M, SANDIA PARK, NM, 2:06:04
138. BERNIE HOWLEY, 31, M, ALBUQUERQUE, NM, 2:06:05
139. MICHEL BOIVIN, 28, M, ALBUQUERQUE, NM, 2:06:06
140. BRIAN BRAY, 25, M, ALBUQUERQUE, NM, 2:06:12
141. PAUL YOURICK, 40, M, ALBUQUERQUE, NM, 2:06:14
142. SANTIAGO TROJILLO, 44, M, ALBUQUERQUE, NM, 2:06:20
143. JOHNNIE NEVAREZ, 35, M, ALBUQUERQUE, NM, 2:06:36
144. STEWART LORETTO, 40, M, JEMEZ PUEBLO, NM, 2:06:42
145. JULIENE GIDENFELDT, 35, F, ALBUQUERQUE, NM, 2:06:50
146. DOUGLAS HUGHES, 51, M, LAS VEGAS, NM, 2:06:53
147. BRIAN LEMATH, 41, M, ALBUQUERQUE, NM, 2:06:56
148. STANLEY SIKORA, 38, M, ALBUQUERQUE, NM, 2:06:56
149. RUSSELL POTTS, 36, M, RUNNELLS, IA, 2:06:56
150. ROBERTA HAUCK, 32, F, ALBUQUERQUE, NM, 2:07:21
151. DANNY FARRAR, 45, M, ALBUQUERQUE, NM, 2:07:34
152. BRETT TOMLINSON, 27, M, ALBUQUERQUE, NM, 2:07:45
153. RICK WINTERS, 30, M, ALBUQUERQUE, NM, 2:07:46
154. LARRY FEISE, 49, M, ALBUQUERQUE, NM, 2:07:49
155. EDWARD VESTAL, 39, M, ALBUQUERQUE, NM, 2:08:15
156. DAVID SILVA, 37, M, PERALTA, NM, 2:08:20
157. SUSAN SPIDLE, 28, F, ALBUQUERQUE, NM, 2:08:35
158. STEPHEN WEYRAUCH, 31, M, ALBUQUERQUE, NM, 2:08:54
159. JOHAN VAN DER WINK, 31, M, ALBUQUERQUE, NM, 2:09:00
160. JAMES JACKSON, 44, M, ALBUQUERQUE, NM, 2:09:03
161. ROBERT RIEDEN, 33, M, ALBUQUERQUE, NM, 2:09:18
162. CHARLIE YOUNG, 49, M, PLACITAS, NM, 2:09:21
163. DEANNA WILLIAMS, 28, F, ALBUQUERQUE, NM, 2:09:31
164. TERRY SHELLEN, 58, M, AMARILLO, TX, 2:09:33
165. JANA PURDY, 28, F, ALBUQUERQUE, NM, 2:09:42
166. CINDI PARENTE, 42, F, RIO RANCHO, NM, 2:09:43
167. BETH BERRY, 40, F, FARMINGTON, NM, 2:09:49
168. JULIE DONOVAN, 35, F, PLACITAS, NM, 2:09:51
169. GREG ROSETH, 55, M, ALBUQUERQUE, NM, 2:09:56
170. PRESTON CHICK, 14, M, ALBUQUERQUE, NM, 2:09:57
171. ELIZABETH SALVERSO, 21, F, ALBUQUERQUE, NM, 2:10:00
172. MARIA LADD, 37, F, ALBUQUERQUE, NM, 2:10:02
173. WILLIAM BAZAR, 32, M, ALBUQUERQUE, NM, 2:10:04
174. ANTHONY COLLIER, 29, M, VANCOUVER, WA, 2:10:08
175. JAMES KEMPE, 48, M, ABIQUIU, NM, 2:10:21
176. RAQUEL POTURALSKI, 28, F, FLAGSTAFF, AZ, 2:10:41
177. BRIAN POTURALSKI, 35, M, FLAGSTAFF, AZ, 2:10:42
178. RON HENRY, 42, M, ALBUQUERQUE, NM, 2:10:50
179. MIKE WATKINS, 45, M, ALBUQUERQUE, NM, 2:11:21
180. MELISSA KUNKLE, 43, F, ALBUQUERQUE, NM, 2:11:26
181. SARAH MATHEWS, 31, F, ALBUQUERQUE, NM, 2:11:33
182. STEVE MCCLAUGHLIN, 30, M, ALBUQUERQUE, NM, 2:11:34
183. DAVID SALAS, 11, 46, M, BERNALILLO, NM, 2:11:35
184. ALISON HARTLEY, 37, F, ALBUQUERQUE, NM, 2:11:46
185. NANCY HALPIN, 38, F, ALBUQUERQUE, NM, 2:11:51
186. ALLEN LAMB, 46, M, SANTA FE, NM, 2:12:17
187. MICHAEL HENSON, 31, M, ALBUQUERQUE, NM, 2:12:17
188. TOM GRIFFIN, 50, M, AMARILLO, TX, 2:12:31
189. MARGO SEABORN, 39, F, ALBUQUERQUE, NM, 2:12:31
190. DON MOSEL, 59, M, LAKEWOOD, CO, 2:12:35
191. JEFFERY HOUSTON, 27, M, ALBUQUERQUE, NM, 2:12:38
192. BRIAN POTTS, 29, M, ALBUQUERQUE, NM, 2:12:42
193. ROBERT MOON, 52, M, ALBUQUERQUE, NM, 2:13:11
194. MARK HAWORTH, 46, M, AMARILLO, TX, 2:13:29
195. KAREN TOPPING, 43, F, LAS VEGAS, NM, 2:13:51
196. KAY PAINTER, 36, F, ALBUQUERQUE, NM, 2:13:58
197. KATHY TURNHAM, 37, F, EDGEWOOD, NM, 2:13:59
198. SYLVIA FERRY, 36, F, ALBUQUERQUE, NM, 2:14:01
199. ROBERT SCHLOWITZ, 47, M, SILVER CITY, NM, 2:14:02
200. ELLIS MCMAH, 46, M, ALBUQUERQUE, NM, 2:14:11
201. SONIA VERNON, 30, F, ALBUQUERQUE, NM, 2:14:27
202. DAVID MARGOLIN, 52, M, CHIMAYO, NM, 2:14:28
203. BRADLEY PICKETT, 40, M, ALBUQUERQUE, NM, 2:14:34
204. DAVID GRAEBER, 39, M, ALBUQUERQUE, NM, 2:14:52
205. JOHN WEBER, 59, M, ALBUQUERQUE, NM, 2:14:53
206. NATHAN FAULKNER, 34, M, ALBUQUERQUE, NM, 2:14:58
207. JULIA BURDICK, 29, F, ALBUQUERQUE, NM, 2:14:59
208. JOANNE FREDRICH, 35, F, ALBUQUERQUE, NM, 2:15:11
209. JOE BEHREND, 39, M, ALBUQUERQUE, NM, 2:15:21
210. SUSAN GARDNER, 35, F, SANTA FE, NM, 2:15:34
211. JILL GUTHMILLER, 33, F, ALBUQUERQUE, NM, 2:15:38
212. JOHN ZWICK, 33, M, ALBUQUERQUE, NM, 2:15:45
213. JOSE CASTRO, 45, M, SANTA FE, NM, 2:15:47
214. JIM HALP, 39, M, ALBUQUERQUE, NM, 2:15:49
215. PAUL WAINWRIGHT, 55, M, ALBUQUERQUE, NM, 2:15:51
216. JASON BOUSLIMAN, 24, M, ALBUQUERQUE, NM, 2:15:59
217. DAVID TURNER, 34, M, ROSWELL, NM, 2:16:01
218. DENNIS LUCERO, 51, M, ALBUQUERQUE, NM, 2:16:37
219. KATHY KIRSLING, 50, F, ALBUQUERQUE, NM, 2:16:43
220. DALE LOUIS, 43, M, ACOMA, NM, 2:16:50
221. JUAN QUINTERO, 30, M, ALBUQUERQUE, NM, 2:17:03
222. PAUL HEPPER, 33, M, ALBUQUERQUE, NM, 2:17:04
223. CHARLIE HELMS, 38, M, SANDIA PARK, NM, 2:17:54
224. DWIGHT ROBINSON, 32, M, WSMR, NM, 2:17:56
225. FRED HARTMAN, 55, M, ALBUQUERQUE, NM, 2:18:00
226. KATHARINE STANCZYK, 40, F, ALBUQUERQUE, NM, 2:18:00
227. KRISTA PAINTER-RUD, 29, F, ROSWELL, NM, 2:18:05
228. LEONARD KRISTI, 35, F, EDGEWOOD, NM, 2:18:47
229. ANN STEVENSON, 45, F, ALBUQUERQUE, NM, 2:19:15
230. PATTY LAINE, 45, F, CLEVELAND, NM, 2:19:23
231. MICHAEL MILONE, 53, M, PLACITAS, NM, 2:19:24
232. CAROL CRAIG-NEE, 44, F, ALBUQUERQUE, NM, 2:19:27
233. BOB BAKER, 61, M, BERNALILLO, NM, 2:19:35
234. BILL ABBOTT, 48, M, ALBUQUERQUE, NM, 2:19:50
235. DAVE GEDMIN, 55, M, ALBUQUERQUE, NM, 2:19:59
236. SAM EARMAN, 31, M, SOCORRO, NM, 2:20:13
237. DAMON FEISE, 28, M, ALBUQUERQUE, NM, 2:20:15
238. THOMAS SANDOVAL, 48, M, ALBUQUERQUE, NM, 2:20:20
239. LINDA STILES, 49, F, ALBUQUERQUE, NM, 2:20:44
240. ROBERT SANDOVAL, 47, M, ALBUQUERQUE, NM, 2:20:58
241. WALTER BASNIGHT, 28, M, ALBUQUERQUE, NM, 2:21:04
242. ROY TEMES, 40, M, ALBUQUERQUE, NM, 2:21:13
243. MICHAEL WILLIAMS, 53, M, ALBUQUERQUE, NM, 2:21:37
244. RAY GARDUNO, 57, M, LAS VEGAS, NM, 2:21:41
245. PAM DOLAN, 32, F, LEDYARD, CT, 2:21:49
246. LEWIS TERR, 52, M, LAS VEGAS, NM, 2:21:57
247. MURRAY CONRAD, 36, M, ALBUQUERQUE, NM, 2:22:02
248. DAMON MOON, 22, M, ALBUQUERQUE, NM, 2:22:09
249. STEVEN GRIFFIN, 33, M, ALBUQUERQUE, NM, 2:22:11
250. DOUG GOODFELLOW, 41, M, ALBUQUERQUE, NM, 2:22:24
251. CHARLOTTE SILVA, 37, F, ALBUQUERQUE, NM, 2:22:27
252. ALLISON COE, 32, F, ALBUQUERQUE, NM, 2:22:32
253. JEFFREY SMITH, 42, M, GRANTS, NM, 2:22:50
254. GREG GRITZBAUGH, 51, M, TIJERAS, NM, 2:22:53
255. MARY MARCHESE, 42, F, ALBUQUERQUE, NM, 2:22:54
256. WILLIE WAQUIE, 46, M, NM, 2:22:58
257. MARC LOMBARDO, 34, M, ALBUQUERQUE, NM, 2:23:09
258. SEAN MCKENNA, 35, M, ALBUQUERQUE, NM, 2:23:10
259. THOMAS COE, 46, M, ALBUQUERQUE, NM, 2:23:21
260. LEE POWELL, 34, M, LAS CRUCES, NM, 2:23:24
261. RAY PALUMBO, 40, M, ALBUQUERQUE, NM, 2:23:36
262. KRISTEN WAKASHIGE, 20, F, RIO RANCHO, NM, 2:23:37
263. STEVE NOLAN, 50, M, RIO RANCHO, NM, 2:23:39
264. DONNA ARCHULETA, 39, F, BISHOP, CA, 2:23:41
265. RONALD PARKS, 52, M, ALBUQUERQUE, NM, 2:23:49
266. LYNN ASBURY, 49, F, ALBUQUERQUE, NM, 2:24:04
267. MICHAEL HALEY-GRIT, 17, M, TIJERAS, NM, 2:24:22
270. S. JILL GLASS, 38, F, ALBUQUERQUE, NM, 2:24:56
271. MARK WESSELMAN, 42, M, ALBUQUERQUE, NM, 2:25:21
272. GARY LOEWENTHAL, 49, M, ALBUQUERQUE, NM, 2:25:39
273. TAMARA ULIBARRI, 37, F, EDGEWOOD, NM, 2:25:44
274. MARIE LUCERO, 46, F, ALBUQUERQUE, NM, 2:25:52
275. FRANK SALCIDO, 58, M, SILVER CITY, NM, 2:26:25
276. MICHAEL KORANDA, 60, M, HURLEY, NM, 2:26:28
277. BOB GIVENS, 55, M, AMARILLO, TX, 2:26:30
278. LARRY RAMIREZ, 48, M, ALBUQUERQUE, NM, 2:26:38
279. MIKE WARREN, 44, M, LOS LUNAS, NM, 2:27:14
280. MIMI STEWART, 52, F, ALBUQUERQUE, NM, 2:27:24
281. MONIKA FRAMPTON, 58, F, ANGEL FIRE, NM, 2:27:26
282. HANK MELANSON, 50, M, ALBUQUERQUE, NM, 2:27:42
283. ANTHONY ORTIZ, 43, M, CORRALES, NM, 2:28:10
284. CARMEN HAWORTH, 19, F, AMARILLO, TX, 2:28:30
285. STUART WINTER, 38, M, ALBUQUERQUE, NM, 2:28:31
286. OLIVIA RED, 52, F, ALBUQUERQUE, NM, 2:28:43
288. REGINA WATKINS, 42, F, ALBUQUERQUE, NM, 2:28:59
289. LYSLE MONTES, 28, F, ALBUQUERQUE, NM, 2:29:05
290. MARGARET SMITH, 34, F, ALBUQUERQUE, NM, 2:29:53
291. LAURA TRYPHONPOUL, 26, F, ALBUQUERQUE, NM, 2:30:01
292. DEBBY DONNERBERG, 36, F, BOYS RANCH, NM, 2:30:22
293. CHOWDEE TUSIRI, 36, M, ALBUQUERQUE, NM, 2:30:40
294. PETER JENKINS, 44, M, PLACITAS, NM, 2:30:49
295. RAY HU, 32, M, WOODLAND HILLS, CA, 2:30:57
296. STUART JENKINS, 40, M, ALBUQUERQUE, NM, 2:31:03
297. JEFF WILLIS, 31, M, LEXINGTON, KY, 2:31:16
298. BETH DAVENPORT, 38, F, SANTA FE, NM, 2:31:36
299. GREG RICKETTS, 37, M, ALBUQUERQUE, NM, 2:31:55
300. NATASHA ELLISON, 29, F, ALBUQUERQUE, NM, 2:32:05
301. NONI NIERENBEY, 43, F, ALBUQUERQUE, NM, 2:32:34
302. JON SCHLOSSER, 62, M, LAS VEGAS, NM, 2:32:45
303. STEPHANIE PORTER, 28, F, ALBUQUERQUE, NM, 2:33:28
304. JOYCE SIKORA, 41, F, ALBUQUERQUE, NM, 2:34:19
305. RUSSELL HAUSHALTER, 58, M, ALBUQUERQUE, NM, 2:34:33
306. ADDY BHASKER, 45, F, SOCORRO, NM, 2:34:53
307. DENNIS AVERY, 49, M, ALBUQUERQUE, NM, 2:34:54
308. EDWARD ABEITA, 59, M, ALBUQUERQUE, NM, 2:36:20
309. JOE WHITEMAN, 59, M, LAS VEGAS, NM, 2:36:23
310. JOHN COUNTS, 58, M, SILVER CITY, NM, 2:36:32
311. STEVEN VALDESPINO, 51, M, ALBUQUERQUE, NM, 2:37:04
312. JOANNE BITSUE, 40, F, ALBUQUERQUE, NM, 2:37:08
313. BILL TALBOT, 54, M, ALBUQUERQUE, NM, 2:37:14
314. CAROL SCHELLING, 46, F, ALBUQUERQUE, NM, 2:37:43
315. RONDI THORNTON, 48, F, ALBUQUERQUE, NM, 2:37:43
316. NORMAN GAGNE, 56, M, ALBUQUERQUE, NM, 2:37:45
317. JOANNE SILVA, 33, F, BELEN, NM, 2:37:52
318. DAN WAGNER, 41, M, ALBUQUERQUE, NM, 2:38:30
319. ROBERT RIVERA, 48, M, PLACITAS, NM, 2:39:23
320. RICHARD NEVAREZ, 35, M, ALBUQUERQUE, NM, 2:39:28
321. MARY GELSKI, 42, F, ALBUQUERQUE, NM, 2:40:33
322. LESLIE RIVERA, 37, F, COLORADO SPRING, CO, 2:40:35
323. MICHAEL VIGIL, 33, M, ALBUQUERQUE, NM, 2:41:35
324. DICK DANFORTH, 56, M, LOS ALAMOS, NM, 2:41:36
325. RICHARD PHELPS, 43, F, ALBUQUERQUE, NM, 2:41:38
326. YOLANDA LABIA, 45, F, ALBUQUERQUE, NM, 2:41:39
327. LIZ SANDOVAL, 36, F, LAS VEGAS, NM, 2:42:12
328. LARRY JOHNSON, 79, M, ALBUQUERQUE, NM, 2:44:53
329. STEVE MAESTAS, 35, M, ALBUQUERQUE, NM, 2:45:35
330. CHARLIE NOVAK, 57, M, ALBUQUERQUE, NM, 2:46:10
331. ABBIE SALAZAR, 46, F, DULCE, NM, 2:46:19
332. JENNIFER JACOBS, 28, F, ALBUQUERQUE, NM, 2:46:29
333. JUDE PARDEE, 56, F, ALBUQUERQUE, NM, 2:47:16
334. BEACHAM TOLER, 71, M, AMARILLO, TX, 2:47:24
335. STEVE KUNKLE, 45, M, ALBUQUERQUE, NM, 2:47:41
336. PAT BOUCOS, 51, F, PHOENIX, AZ, 2:47:42
337. JEFF LYNCH, 37, M, CORRALES, NM, 2:48:04
338. KATHLEEN ZIPF, 50, F, ALBUQUERQUE, NM, 2:48:21
339. JENNIFER HENSON, 31, F, ALBUQUERQUE, NM, 2:48:45
340. BOB SHORT, 60, M, ALBUQUERQUE, NM, 2:48:54
341. CHRISTINE FRITZKE, 44, F, COLO. SPRINGS, CO, 2:49:32
342. TRACI DEBER, 28, F, ALBUQUERQUE, NM, 2:49:47
343. TERRY GREEN, 54, M, ALAMOGORDO, NM, 2:49:52
344. ROXIE HALE, 42, F, ALBUQUERQUE, NM, 2:50:16
345. LEWIS MARTINEZ, 33, M, ALBUQUERQUE, NM, 2:50:28
346. KAREN SCAPE, 45, F, COLO. SPRINGS, CO, 2:51:03
347. MARC SCUDAMORE, 47, M, ALBUQUERQUE, NM, 2:51:24
348. PAUL SILVA, 20, M, BELEN, NM, 2:52:12
349. BONNIE HARVEY, 52, F, TEMPE, AZ, 2:52:31
350. TREVOR HARRIS, 52, M, BONYTHON CANBER, AU, 2:53:01
351. EUNICE JOHNSON, 33, F, ALBUQUERQUE, NM, 2:53:21
352. RALPH FEVIG, 51, M, ALBUQUERQUE, NM, 2:54:40
353. JANET FIELD, 48, F, ALBUQUERQUE, NM, 2:56:45
354. RAMON CARRILLO, 49, M, ALBUQUERQUE, NM, 2:57:48
355. RITA JENSEN, 50, F, ZUNI, NM, 2:58:16
356. ALVA SINEROS, 40, F, ALBUQUERQUE, NM, 2:59:30
357. DOUGLAS COLLISTER, 59, M, ALBUQUERQUE, NM, 3:00:29
358. MARC SPACE, 44, M, LA LUZ, NM, 3:01:26
359. CHRIS BUELL, 36, M, BEAVER CREEK, OH, 3:03:01
360. AARON SMETHURST, 20, M, ALBUQUERQUE, NM, 3:04:33
361. GARY SMETHURST, 53, M, ALBUQUERQUE, NM, 3:04:37
362. LORENZO MARQUEZ, 58, M, ALBUQUERQUE, NM, 3:04:38
363. WAYNE FROHNING, 54, M, WOODLAND PK., CO, 3:06:38
364. OTTO APPENZELLER, 71, M, ALBUQUERQUE, NM, 3:08:37
365. SAMUEL GUTIERREZ, 37, M, VELARDE, NM, 3:13:44
366. DORRIE EDGERTON, 67, F, AZTEC, NM, 3:14:14
367. STACY GONZALES, 36, F, GARDEN CITY, KS, 3:15:31
368. SUSIE FAULDS, 50, F, DODGE CITY, KS, 3:15:46
369. ROBERTA TAYOFA, 42, F, DULCE, NM, 3:18:22
370. JIM CORBIN, 56, M, SANTA FE, NM, 3:20:22

MRU's LAMY RUN SCHEDULED FOR SATURDAY, AUGUST 21ST

Don't miss this exciting annual MRU-sponsored event! MRU is sponsoring its annual Lamy run and potluck brunch on Saturday morning August 21st at 8:00 a.m. This is a fun run. Walkers are also welcome. We will meet at the Lamy train station at 7:45 for transportation to the start. This scenic run starts in the Eldorado area at the narrow-gauge railroad track, and we run along the trail that parallels the track into the station. Total distance is about 7 miles. There will be a water stop at 5 miles (where the track crosses US 285).

We plan to begin our brunch at the shaded picnic area next to the station around 9:15. MRU WILL SUPPLY DRINKS (WATER, JUICES AND SODAS), PAPER PLATES, CUPS AND UTENSILS. PLEASE BRING SOMETHING TO EAT, INCLUDING A LITTLE EXTRA TO SHARE WITH OTHER PARTICIPANTS. We expect to clean up and depart the picnic area by about 11:00.

Directions to Lamy: exit Interstate 25 South on US 285 at Eldorado. Follow US 285 about 6 miles until you see the sign for Lamy and make a left turn on NM 553 into Lamy. You cannot miss the train station; there isn't much else there.

For more info call Harry Messenheimer 286-2030. We hope to see you there.

Run Around (1999) - by Mike Sutin

1.

Take caution: runners on the road.
But, I was moving like a squatty toad.
At Patrick Smith, we ran on grass;
the quick ones ran right up my ass.
To pass is proper creed and code
when one's as slow as a squatty toad.

2.

And thanks to Dale the Goering,
because he took time off for caring,
by insuring each two fleet feet
safely crossed from street to street
at Paseo, Alameda and Canyon Road,
site of a City commercial node.

3.

A self sacrificing human being,
preventing homicidic vehicular vivisection
in the Santa Fe City tri-street intersection
amidst travail and traffic indigestion,
ferrying at-risk running stars
in between the blitzing cars.

August Striders Meeting

The August meeting will be held on Tuesday, August 10th at the home of Diana Hardy and Jim Westmoreland, 2363 Camino Carlos Rey, next to the arroyo. Their number is 438-8602. Potluck begins at 7pm, followed by various agendas, motions, announcements, and other club business. *Diana says this will be a birthday celebration for her and Jim, and not to bring dessert since she'll be making some special sweet surprises!*

Shoe Drive Continues!

Bring your used running shoes to the August meeting! We'll be shipping them to the St. Labrae Catholic Indian School in Ashland, Montana. The kids there really appreciated the shoes we sent in the winter, and will need more for the upcoming cross country season.

-Kris Kern.

WEEKLY RUNS

Striders, guests, and other random runners continue to meet at 6pm on Wednesdays at Lincoln and Palace, across from the Plaza clock, for a 5-mile or so run. Everyone is welcome.

TRACK WORKOUTS

Track workouts are at Santa Fe High School, starting at 6:00pm, Tuesdays. Come one, come all, and bring a workout for us to try!

Express Yourself!

Please submit articles, race results, running tips, poetry, cartoons, photos, worst-run stories, best-run stories, letters, race schedule information, recipes, blueprints, X-rays, medical records, or almost anything printable to the Mile Markers editorial offices, c/o Jeremy Yang, at 441 Greg Ave., SFNM 87501, or email jj@daylight.com.

1999 Striders officers:

Kris Kern, president, 661-6293

kernkt@gat.com

Beth Rauch, vice president, 466-2729

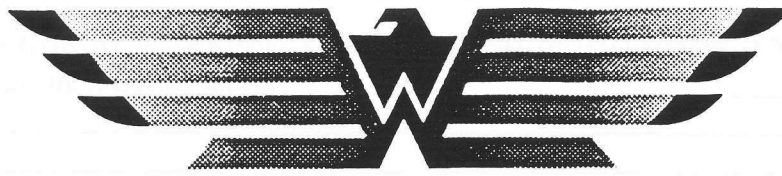
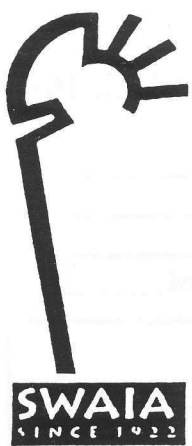
rauchbeth@aol.com

Kathy Mastoras, treasurer, 466-3837

pgkmfant@aol.com

Jeremy Yang, newsletter editor, 341-9526

jj@daylight.com



W I N G S

3rd Annual

*Wings of America - Santa Fe Indian Market
Wind Messenger Foot Races*

Sunday, August 22, 1999

5K Race

Children's (12 and under) 1 Mile Race

1 Mile Fitness Walk (non-competitive)

at Santa Fe Indian School, 1501 Cerrillos Road, Santa Fe

Race Location: Santa Fe Indian School Cross Country Course (Park at Francis Abeyta Memorial Gym/Paolo Soleri Lot), 1501 Cerrillos Road

Entry Fees: 5K and 1 Mile: \$12 with pre-registration (postmarked by August 16);
(includes T-shirt) \$15 on Saturday, August 22, and on race day;
Children's 1 Mile Race: ages 12 and under, \$8 at all times.

Age Divisions: 5K: 15 and under; 16-19; 20-29; 30-39; 40-49; 50-59; 60+.

Registration: Pre-registration at Wings office thru Aug. 16. Call: 982-6761.

Sat., Aug. 21: 8:00 am - 5:00 pm at WINGS Indian Market booth,
NPO#10, at Cathedral Park (Across from IAlA Museum)

Sun., Aug. 22, Race Day--Santa Fe Indian School, 1501 Cerrillos Rd.
6:30-7:20 am for 5K & Fitness Walk/ Run
6:30-7:55 am for Children's 1 Mile Race

Start Times: Traditional Blessing 7:30 a.m.
5K & 1 Mile Run/Walk 7:35 a.m.
1 Mile Children's Race 8:05 a.m.
Door Prize Drawing & Awards Ceremony Follow Races

Awards: Overall winners and top three in each age division. T-shirts to all entrants.

**FOR MORE INFORMATION, CONTACT WINGS OF AMERICA,
1601 CERRILLOS ROAD, SANTA FE, NM, 87505.
TELEPHONE: 505-982-6761. FAX: 505-989-8995
E-MAIL: WingsAmer@aol.com.**

Pre-registration Form (must be completed, signed & postmarked by AUG. 16)

Name: _____ Tribal Enrollment (if any) _____
Address: _____
City: _____ State _____
Zip _____ Telephone: _____
Birth Date: _____ Age (as of 8/22): _____ Sex: _____ M _____ F

Check event and amount of pre-registration entry fee enclosed:

5K _____ 1 Mile Fitness Walk _____ \$12 (advance) _____ \$15 (after 8/16)

Children's 1 Mile (12 and under) _____ \$8 Anytime

T-shirt size: (circle one) S M L XL (adult sizes only)

_____ I cannot participate, but am sending a contribution for the Wings Program

Make checks or money orders payable to: *The Earth Circle Foundation, Inc.*

Or, pay with Visa or Mastercard. Card # _____

Name on card: _____ Expiration date _____

Signature: _____

Entries paid with credit card can be fax-ed to: Wings of America, 505-989-8995.

WAIVER (MUST BE SIGNED) I hereby release The Earth Circle Foundation, Inc., Wings of America, Santa Fe Indian School, All Indian Pueblo Council, Santa Fe Indian Market, SWAIA, USA Track and Field (New Mexico) and all agencies whose property and/or personnel are used, and other sponsoring or co-sponsoring company(ies), agency(ies) or individual(s) from responsibility for any injuries or damages I may suffer as a result of my participation in the Wind Messenger Foot Races and related events. I hereby certify that I am in good condition and am able to safely compete in this event. I will additionally permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, etc. and I also understand that the entry fee is nonrefundable. As a participating athlete, I certify that all information provided in this form is true and complete. I have read the entry information provided for the event and certify my compliance by signature below.

Signature of athlete (or parent/guardian if runner is under 18)

_____ Date _____

Mail to: Wings of America, 1601 Cerrillos Road., Santa Fe, NM 87505

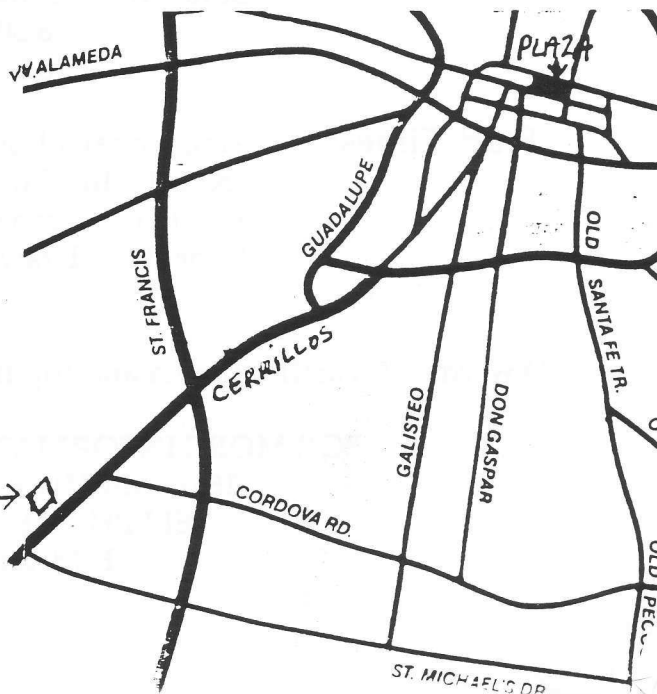
Form may be duplicated for additional entries.

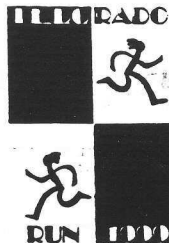
FOR MORE INFORMATION CALL:

Wings of America 505-982-6761

Wings is a youth development program of The Earth Circle Foundation. Wings promotes healthy lifestyles for American Indian youth through running. Race proceeds benefit the Wings program.

Santa Fe
Indian School →





5TH ANNUAL RUN/WALK 5K (3.1 MILES), 1 MILE RUN FOR THE CHILDREN AND 1 MILE DASH FOR ADULTS. MONEY RAISED WILL BE DONATED TO THE NEW COUNTY COMMUNITY LIBRARY FOR BOOKS AND LIBRARY SUPPLIES. THIS IS AN ECIA EVENT

August 28, 1999 7:00 Packet pick up and continued registration
 7:45 5K run and walk
 8:45 1 mile run for children
 9:15 Adult 1 mile sprint
 9:30 awards and raffle (approximate time!)

Start and finish at Eldorado Elementary School.
 Water, Powerade, fresh fruit and coffee at the finish.
 T-shirts, refreshments, raffle and AWARDS!!! Bring the family!!!
 Ambulance service at start and finish. ICE CREAM PARTY FOR ELDORADO CLASS WITH MOST RUNNERS. Strollers welcome. No bicycles, roller skates or dogs. Must be present for raffle. Raffle prizes include: sports equipment, gift certificates, and restaurant meals. No Refunds.

_____*_____*_____*detach here*_____*_____*detach here*_____*_____*_____*_____*_____

I will participate in the 5K run _____ 5K walk _____ 1 mile kids _____
 (Anyone registered in a 5K can also run in the 1 mile sprint with no additional charge.)

Age on race day _____ Grade on race day: _____ Sex: M _____ F _____
 Last Name: _____ First _____
 Address: _____ Phone: _____
 City: _____ State: _____ Zip: _____
 Medical Problems: _____

T-Shirt Size (circle one) Adult S M L XL Kids S M

\$10 registration fee. \$35.00 FAMILY MAX!!!! No refunds. Checks only.
 Make checks payable and return to: "Eldorado Run"
 Do not mail after 8-20-99 6 Nido Lane
 May return to the school. Santa Fe, New Mexico 87505
 TEACHER'S NAME: _____ (FALL)

Divisions: Age or grade as of August 28, 1999. CIRCLE ONE FOR EACH PARTICIPANT!

<u>5K (M or F)</u>	<u>5K walkers</u>	<u>1 mile run (boy or girl?)</u>
under 13		
13-19	Top 3	K and under
20-29		1 st grader
30-39		2 nd grader
40-49		3 rd grader
50-59		4 th grader
60 and above		5 th grader
		6 th grader
		7 th , 8 th , 9 th graders

**AWARDS FOR
TOP 3 IN EACH
CATEGORY!!!**

Waiver: I understand and assume full responsibility for any injury or accidents which may occur during my participation in the ELDORADO RUN. By my signature, I hereby waive and release all the organizations and / or sponsors for the ELDORADO RUN, because of my participation in the above said event.

Signature: _____
Parent's signature if under 18: _____ **Date:** _____
 T-SHIRTS TO THE FIRST 300 APPLICANTS AND ALL ELDORADO STUDENTS AND RESIDENTS WHO ENTER. Remember to pre-register - it's appreciated!
 Registration packet available to those who register early!

Santa Fe Striders Club Membership Application and Waiver



Name: _____

☐ Renewal
☐ New member

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

Email: _____

Enclose \$15.00 for annual membership fees. Annual fees are due in January of each year, and membership runs through the end of December. If you are paying after July 1, the membership fees are \$7.50. Make checks payable to Santa Fe Striders and mail to PO Box 1818, Santa Fe, NM 87504.

WAIVER: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the SANTA FE STRIDERS Road Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver.

Signature _____

Date _____

Parent's Signature if under 18 yrs. _____

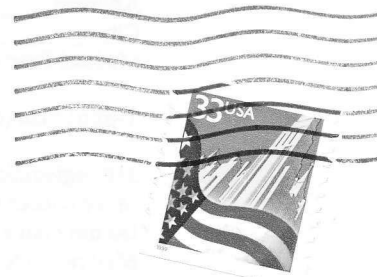
Date _____

Mile Markers

Santa Fe Striders

PO Box 1818

Santa Fe, NM 87504



Diana Hardy & Jim Westmoreland
2363 Camino Carlos Rey
Santa Fe, NM 87505

