



## *We Give You the Run-Around*

**P.O. Box 1818, Santa Fe, NM 87504**

## A black and white photograph showing a coastal town with numerous buildings and a prominent hill in the background. The town is situated in the foreground, and the hill rises behind it. The image is grainy and has a high-contrast, almost halftone appearance.

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September 1998



## RACE CALENDAR

### September 1998

- 5 **Eldorado Run**, 5K and 1 mile fun run, 7:45 Eldo. Elem. School.
- 6 **Governor's 10K**, Cloudcroft, 682-2894.
- 7 **Santa Fe Trail Run**, 5/10K, Gil's, 268-6300.
- 12 **Westside Trotters Run for Diabetes**, 5k&10mi, 899-1487.
- 13 **Run for the Hills**, 10k/5k, 7am 5k, 8:30am 10k, High Desert, Albuquerque, 256-3625.
- 13 **Run for the Robert Taylor**, 82
- 19 **Memory 3k walk/5k run for Alzheimers**, Edee Snider, 266-4473.
- 20 **Belen Noon Optimists Run for Non-Violence**, 5/10k, 864-7283.
- 20 **Greyhound Rescue Run**, 5/10k, 2mi walk, Gil's, 268-6300.
- 27 **Duke City Marathon**, 1/2 mar, relays, 5k, 880-1414, [www.dukecitymarathon.com](http://www.dukecitymarathon.com).

### October 1998

- 4 **Corrida de Taos**, 5/10K, 2mi walk, Gil's, 268-6300.
- 10 **Big Tesuque 11.6mi Mtn. Run**, Santa Fe, Peter Fant, 466-3837.
- 11 **La Loma 5/10K/1mi**, Rio Rancho, Ruben Gallegos, 891-9640.
- 17 **Fall Classic 5/10K**, Las Cruces, 524-7824.
- 18 **Corrales Harvest Fest 5/10K**, 2mi walk, Gil's, 268-6300.
- 24 **Ryan's Run 5K/2mi walk**, Patrick Strosnider, 884-7666.

### November 1998

- 7 **Pecos Valley Roundup**, Roswell, 10/20k, 2 mile, 627-5507.
- 14 **28th Baylor Pass Trail Run**, Las Cruces, 5.9mi, 524-7824.
- 15 **NMUSATF State X-C Championships**, Kathy Fones, 865-8612.
- 21 **Fowl Day Run**, Santa Fe, 5k, Striders run, 473-3159.
- 27 **Albuquerque Turkey Run**, 5/10k, 2 mile, Gil's, 268-6300.

### December 1998

- 5 **DLD Reindeer Roundup 5/10k**, 822-0476.
- 6 **Jingle Bell Walk and Run for Arthritis 5k**, 265-1545.
- 12 **Reindeer Run 10K & 2mi**, Roswell, 627-5507.

*Corrections? Additions? Recommendations?  
Send 'em in! -ed.*

## Pike's Peak Run

Two weeks after La Luz, on Saturday, August 15th, some Striders participated in the Pike's Peak ascent. 1,468 people climbed the 7000' and 13 miles or so to the summit of Pike's Peak overlooking Colorado Springs, CO. Among the finishers were Beth Davenport, Kristi Carlson (6th overall woman), Erica Larson, Dale Goering, and Chris Chavez. The next day, Chris Chavez entered the Pike's Peak Marathon, ascent+descent, and was 48th/520 with a time of 5:20. Wow! Well done all!

### RECOMMENDED

Eldorado Run, September 5th!

The Santa Fe Trail Run is well organized by the Santa Fe Fiesta Council and is well attended by runners and spectators, and is fun, festive, and usually accompanied by a mariachi band.

The Duke City Marathon is one of Albuquerque's biggest races and includes a 1/2 marathon, 5k, and marathon relay. Despite some organizational problems in the past, and -- in my opinion -- expensive entry fees, it is a lot of fun for a lot of runners. The new course along the river is generally well liked, though there is not as much crowd support as along the old Central Ave. course.

continued from p. 1

182 Seaborn, Margo	F35	2:11:28	274 McMath, Ellis	45	2:27:21
183 Weber, John	55	2:11:53	275 Mounger, Larry	55	2:27:55
184 Waquie, William	45	2:12:02	276 Marjon, Kris	15	2:28:19
185 Chernoff-Allan, Ann	F40	2:12:07	277 Farris, Jane	F40	2:28:27
186 Green, Terry	50	2:12:12	278 Hale, Roxanne	F40	2:28:29
187 Watkins, Mike	40	2:12:19	279 Norton, Carol	F35	2:28:40
188 Wootton, Chris	F35	2:12:21	280 Red, Olivia	F50	2:28:49
189 Graham, Paul	45	2:12:32	281 Jenkins, Peter	40	2:28:50
190 Sanchez, Tony?	40	2:12:33	282 Ervin, Nancy	F40	2:28:56
191 Geilenfeldt, Julene	F30	2:12:36	283 Danforth, Richard	55	2:29:11
192 Marjon, Philip	16	2:12:37	284 Bleicher, Paul	40	2:29:28
193 Gee, Rick	30	2:12:38	285 Lucero, Marie	F45	2:29:38
194 Dodd, Cheryl	F35	2:12:39	286 Engineer, Sanjay	30	2:29:39
195 Ravast, Jon	35	2:13:00	287 Llewelyn, George	40	2:29:57
196 Terr, Lewis	50	2:13:03	288 Phelps, Richard	40	2:30:02
197 Parks, Ronald	50	2:13:22	289 Zabinski, Mary	F40	2:31:40
198 Stevenson, Ann	F40	2:13:29	290 Turco, Robin	F30	2:32:02
199 Johnson, Melanie	F20	2:13:30	291 Ferrari, Rick	35	2:32:37
200 Sarvet, Barry	35	2:13:32	292 Asbury, Lynn	F45	2:32:59
201 Baird, Richard	45	2:13:33	293 Thornton, Rondi	F45	2:33:36
202 Marrs, Clinton	40	2:13:35	294 Bowles, Kelly	F35	2:33:37
203 Graeber, David	35	2:14:14	295 Mnuke, Julie	F40	2:33:53
204 Hamm, Thomas	45	2:14:16	296 Simms, Josh	45	2:34:21
205 Hartman, Fred	50	2:14:26	297 Girard, Danica	F30	2:34:53
206 Melvin, Jeff	30	2:14:31	298 Vigil, Ruben	70	2:35:00
207 Cropp, Pete	20	2:14:47	299 Sumner, Nina	F45	2:35:02
208 Allison, Jack	45	2:14:48	300 Kunkle, Hannah	F15	2:35:47
209 Margolin, David	50	2:14:49	301 Kunkle, Melissa	F40	2:35:48
210 Nevarez, Johnnie	30	2:14:51	302 Nevarez, Rich	30	2:36:20
211 Marchese, Mary	F40	2:14:56	303 Lynch, Lori	F30	2:36:42
212 Hamm, Timothy	20	2:15:21	304 Machell, Chuck	40	2:36:43
213 Silva, Charlotte	F35	2:15:24	305 Johnson, Larry	75	2:37:09
214 Hale, Jim	35	2:15:36	306 Henson, Jennie	F30	2:37:57
215 Salazar, Thomas	50	2:15:46	307 Karn, Kendall	55	2:38:01
216 Halpin, Nancy	F35	2:16:07	308 Ross, Mary	F50	2:39:02
217 Abeita, Edward	55	2:16:15	309 Waiters, Alton	40	2:39:26
218 Chick, Preston	15	2:16:16	310 Josephson, Stan	40	2:40:07
219 Miller, Randy	35	2:16:20	311 Riedl, Barbara	F45	2:40:47
220 Sikora, Stanley	35	2:16:22	312 Counts, John	55	2:41:22
221 Schwaner, Brian	30	2:16:31	313 Stanley, Bob	50	2:41:31
222 Anderson, Lauren	16	2:16:42	314 Gagne, Norman	55	2:41:42
223 Cleghorn, Doug	40	2:16:47	315 Powers, Joseph	35	2:42:02
224 Bruce, Twila	F25	2:16:48	316 Davenport, Beth	F35	2:42:05
225 Zabicki, Tom	45	2:17:33	317 Mouck, Michelle	F30	2:43:09
226 Goffus, Thomas	35	2:17:43	318 Mouck, Samuel	35	2:43:10
227 Otero, Ann	F35	2:17:51	319 Wood, Charles	60	2:43:12
228 Archuleta, Donna	F35	2:18:05	320 Sanchez, Veronica	F45	2:43:14
229 Hunt, Katherine	F25	2:18:06	321 Thomas, Nancy	F45	2:43:32
230 Masters, Amelia	F35	2:18:08	322 Bitsie, Sandra	F35	2:44:52
231 Geier, Mike	45	2:18:11	323 Talbot, William	50	2:46:15
232 McLaughlin, Steve	25	2:18:12	324 Telfair, William	60	2:48:33
233 Hendrick, David	35	2:18:22	325 Burran, Edward	45	2:48:38
234 Kirsling, Kathy	F45	2:18:35	326 Haushalter, Russ	55	2:48:39
235 Hammack, David	65	2:19:13	327 Chavez, Margaret	F40	2:49:06
236 Ulibarri, Tamara	F35	2:19:21	328 Chavez, Liz	F40	2:49:53
237 Paquin, Allen	40	2:19:40	329 Quesada, Henry	45	2:51:08
238 Martinez, Jesse	40	2:19:47	330 Burnett, Nelma	F65	2:51:37
239 Powers, Laura	F30	2:19:49	331 Thompson, Doug	35	2:51:47
240 Voigt, James	40	2:19:55	332 Lynch, Jeff	35	2:52:06
241 Jacobs, Jennifer	F25	2:19:57	333 Gelski, Mary	F40	2:52:23
242 Lematta, Brian	40	2:20:02	334 Senter, Willette	F50	2:52:24
243 Hartman, Douglas	30	2:20:06	335 Dorn, Peter	35	2:52:24
244 Day, Tom	55	2:20:41	336 Smethurst, Gary	50	2:53:09
245 Rauch, Beth	F35	2:20:42	337 Blakely, Rick	45	2:53:14
246 McKinney, Catherine	F30	2:20:44	338 Kehoe, Dennis	35	2:53:54
247 Stone, Matt	20	2:20:45	339 Appenzeller, Otto	70	2:54:13
248 Grizbaugh, Gary	50	2:21:09	340 Baker, Bob	60	2:54:46
249 Epperson, Jon	60	2:22:16	341 Tikare, Veena	F30	2:55:24
250 Digregorio, Dante	25	2:22:24	342 Cremer, Jessica	F15	2:56:16
251 Mann, Greg	55	2:22:39	343 Kunkle, Steve	40	2:56:20
252 Upham, Lorraine	F35	2:22:46	344 Gordon, Heather	F30	2:56:43
253 Craig-Nee, Carol	F40	2:22:48	345 Keith, Clark	45	2:56:44
254 Krawczyk, Mike	40	2:22:50	346 Montes, Lysle	F25	2:57:14
255 Schenck, Brian	30	2:23:02	347 Moses, Martin	40	2:57:39
256 Sandoval, Robert	45	2:23:05	348 Moses, Nancy	F20	2:57:41
257 Griffin, Steven	30	2:23:07	349 Silversmith, Helen	F55	2:58:02
258 Watkins, Regina	F40	2:23:22	350 Worden, Jude	60	2:59:21
259 Ott-Meyer, Kristy	F40	2:23:28	351 Epler, Dora	F50	3:05:23
260 Gerdin, Joey	F35	2:23:41	352 Hawley, Ryan	15	3:06:35
261 Barber, Lavina	F35	2:24:01	353 Nuanez, Patrick	30	3:06:23
262 Blount, Mark	30	2:24:03	354 Long, Fiwis	45	3:11:21
263 Schlosser, Jon	60	2:24:38	355 Cramer, Marianne	F45	3:11:49
264 Orgill, Mike	40	2:24:46	356 Yazzie, Rudy	50	3:12:21
265 Helms, Charles	35	2:24:50	357 Viramontes, Richard	55	3:12:52
266 MacLean, Susie	F35	2:24:56	358 Creamer, George	45	3:13:14
267 Maahs, David	30	2:25:06	359 Whitten, Jo	F60	3:23:59
268 Gray, Patricia	F35	2:25:14	Results courtesy of Rodney Scharberg & Linda Fones		
269 Kopf, Eron	25	2:25:38			
270 Amaya, Theresa	F35	2:25:58			
271 Barstow, William	45	2:26:09			
272 Romero, Antonia	F45	2:26:12			
273 Abernathy, Kristin	F25	2:27:19			

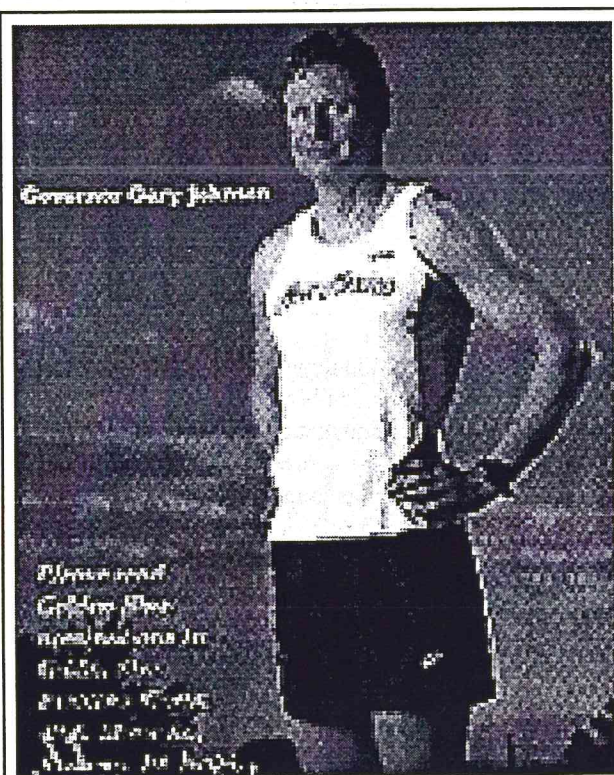
## Atalaya

She stubbed her toe  
upon a stone,  
like Chomolungma,  
excrecent,  
from the jaw-bone  
of the earth,  
and, her legs,  
being tired  
from the down hill run,  
they scrambled  
like a bucket of worms,  
and, she sprawled  
along the jagged trail,  
rubbed skin raw,  
stiff and sore and bloody,  
like she had given birth,  
not far from the finish line  
toward which she now edged  
like a night crawler,  
to complete  
what she had started.

Going up the mountain,  
he stubbed his toe  
upon a stubbed-in  
natural gas line  
embedded in the foothills  
of ponderosa ridge,  
and tripped  
upon a concrete  
foundation,  
giving birth  
to a nation  
of haciendas  
snaking up the slopes  
of the Sangres,  
where the ages old  
fast track trail  
to the top  
of Atalaya  
used to be.

-Mike Sutin





Gary Johnson's picture from the July 1998 issue of Runner's World, which accompanied Strider Elaine Coleman's fine article.

### Results:

Diana Hardy, Las Vegas Triathlon (July) - placed 2nd

Steve Gachupin Half-Marathon: Eric Peters, 2nd, Patty Danforth, 1st.

### Members Galore

The membership of the Striders is now at over 90 individuals and households, including many new members, with new members joining throughout the year. We hope this is a sign of a healthy and growing running community in Santa Fe.

### Strider Meeting Sept. 8th

The September potluck and meeting will be held on Tuesday, September 8th at the home of Dale and Kenny Goering. in Hondo Hills. Go 3 miles past Rodeo on Old Las Vegas Highway., left onto Ute Circle across from 9 Mile Road, 2nd driveway on the left. Their number is 983-6616. On the agenda: planning for the Big Tesuque Run on Oct. 10th, planning for the Fowl Day Run in November, plus other critical issues too detailed to mention or remember. Potluck dinner starts at 7PM.

### WEEKLY RUNS

Striders, guests, and other random runners continue to meet at 6pm on Wednesdays at Lincoln and Palace, across from the Plaza clock, for a 5-mile or so run. Everyone is welcome.

### TRACK!

Track workouts are on Tuesdays at 5:30pm at the Santa Fe High School track. After a 15 min warmup we run 400s, 600s, 800s, etc. in various combinations, interspersed with loud wheezing and occasional cursing. All abilities are welcome to share in this self abuse!

*Amazingly, we are consistently getting 10-20 runners each Tuesday and new legs every week.*

### Express Yourself!

Please submit articles, race results, running tips, poetry, cartoons, photos, worst-run stories, best-run stories, letters, race schedule information, recipes, blueprints, X-rays, medical records, or almost anything printable to the Mile Markers editorial offices, c/o Jeremy Yang, at 419 E. Palace Ave., SFNM 87501, or email [jj@daylight.com](mailto:jj@daylight.com).

### 1998 Striders officers:

Tom Day, president, 473-3159  
 Danica Tutush Girard, vice president, 983-7129  
[danical@ix.netcom.com](mailto:danical@ix.netcom.com)  
 Suzanne Garney, treasurer, 473-9073  
[suzanne\\_garney@erim-int.org](mailto:suzanne_garney@erim-int.org)  
 Jeremy Yang, newsletter editor, 341-9526  
[jj@daylight.com](mailto:jj@daylight.com)

# BIG TESUQUE '98

## 11.6 MILE TRAIL RUN

Saturday, October 10, 1998, 9 am

Santa Fe, New Mexico

**Entry Fee:** \$15.00 for all registrations received before October 10, 1998.  
\$18.00 day of race.

**Sponsored by the Santa Fe Striders.**

**Registration & Information:** Peter Fant or Kathy Mastoras  
3 Moya Loop  
Santa Fe, New Mexico  
(505) 473-9211 W, 466-3837 H  
(505) 471-6675 FAX  
PGKMFant@aol.com

**Age Groups:** Men and Women 19 & Under, 20-29, 30-39, 40-49, 50-59, 60 +

**Race Description:** Race starts about 11 miles up Hyde Park Road (towards ski basin) at Aspen Vista Trail Head. Course is out and back and follows forest service road 5.8 miles up to radio towers at summit of Mt Baldy (top of ski area). Starting elevation is 9,600', summit is 12,003'. (see [www.SkiSantaFe.com](http://www.SkiSantaFe.com) for information on the mountain and on Santa Fe in general)

LL

### Registration Form – Big Tesuque '98

(please print and complete entire form)

Name \_\_\_\_\_ Age \_\_\_\_\_ MF \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**T-shirt size (Circle One)**      S      M      L      XL

**Waiver must be signed:** Both myself and my heirs hereby waive and release all rights and claims for damages that I may incur against the organizers and sponsors of the Big Tesuque '98 Run. I authorize the organizers and support personnel to obtain and administer medical aid in the event of its necessity. I am doing this of my own free will because I think it will be a fun thing to do. I realize that mountain and/or trail running has inherent risks but those are the risks I am willing to take.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Parent if under 18

Make checks payable to: **Big Tesuque Run**

Mail to: 3 Moya Loop, Santa Fe, NM 87505



## Santa Fe Striders Club Membership Application and Waiver



Name: \_\_\_\_\_

- ☐ Renewal  
☐ New member

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Enclose \$15.00 for annual membership fees. Annual fees are due in January of each year, and membership runs through the end of December. If you are paying after July 1, the membership fees are \$7.50. Make checks payable to Santa Fe Striders and mail to PO Box 1818, Santa Fe, NM 87504.

**WAIVER:** I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the **SANTA FE STRIDERS** Road Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent's Signature if under 18 yrs. \_\_\_\_\_

Date \_\_\_\_\_

### Mile Markers

Santa Fe Striders

PO Box 1818

Santa Fe, NM 87504



Diana Hardy & Jim Westmoreland  
2363 Camino Carlos Rey  
Santa Fe, NM 87505