

**Help the Striders
Help the SFCC
WIN A FITNESS PASS!**

Striders who volunteer to help at an August 29 Santa Fe Community College run have a chance to win a semester's pass to the college's Wellness Center.

It's not the Powerball Jackpot, but then you don't have to buy a ticket, either.

The run, called the Fun-d Run for Wellness, will consist of a 10K race, a 5K race and a 1.5K run/walk.

The Striders, at a meeting earlier this year, agreed to handle the timing and other finish-line work, including the tabulation of overall and age-group winners, for the 5K and 10K runs.

The club also agreed to ask for passes to the college's fitness, or wellness, center, in return for our help. The wellness center responded by agreeing to give the club six one-semester passes to the center, which includes an indoor and an outdoor track, a 25-meter swimming pool, and workout equipment (i.e., free weights, lifecycles, stairsteppers and treadmills). The value of the passes is something over \$80 each.

The club will provide a few volunteers for the race who have experience with finish-line work. They will be at the race to oversee the finish line and also will be able to brief the other volunteers on what needs to be done.

At our July meeting, the club agreed to distribute the

six passes through a lottery system.

To be considered in the lottery, all you have to do is fill out the volunteer form and send it in by Aug. 20th. The club officers, through some fraud-proof system as yet to be devised, but which may include a dog or cat, will select the names of the six winners. The winners will receive their wellness center passes after completing their volunteer work.

The club always needs volunteers for races. The Striders have a small band of loyal volunteers; in order to handle the number of races throughout the year, we need a somewhat larger band -- people whom we can ask to help out occasionally at races.

This year, besides putting on the Corrida de Los Locos, Santa Fe Run-Around and Fowl Day Run, the club has or will be helping with races at St. Catherine's Indian School, the Youth Fun Run on the Plaza on July 18th, the Capitol Ford Run, Sylvia Pulliam Hot Chile Run and Big Tesuque Run.

Volunteering gives runners a chance to help the running community. Volunteers also get a chance to cheer their friends as they struggle up hills and try in vain to drink water on the run. It's an experience not to be missed.

If anyone has any questions about volunteering for the SFCC race (or the Big-T, etc., etc.) please call Danica Girard. Her number is 983-7129.

-Tom Day.

**VOLUNTEER FORM
for the SFCC Wellness Run and Wellness Pass Lottery**

Yes, OF COURSE I want to help with the SFCC race on August 29!

Name _____

Address _____

Telephone: _____

Mail to: Santa Fe Striders, PO Box 1818, Santa Fe, NM 87504

5K

PLACE	NAME	HOME TOWN	Age	TIME
=====				
1	Jimmy Archer	Alamosa, CO	25	00:17:17.67
2	Bernd Mueller	Los Alamos, NM	29	00:20:03.40
3	Gavin Lujan	Santa Cruz, NM	27	00:23:09.83
4	Matthew Eilert	Los Alamos, NM	29	00:25:36.75
5	Juan Moreno	Los Alamos, NM	26	00:26:29.46
6	Gunnar Trumbull	Cambridge, MA	29	00:29:23.02
7	Rod Linn	Los Alamos, NM	29	00:30:11.56
5 Km Run, Male, 30-34				
=====				
1	Adam Kedge	Albuquerque, NM	33	00:18:00.28
2	Pete Bowman	Espanola, NM	33	00:18:16.23
3	Monte Henderson	Louisville, CO	34	00:19:57.45
4	Jason Strauch	Albuquerque, NM	34	00:22:33.42
5	Richard Martinez	Santa Fe, NM	31	00:23:24.53
6	Dave Micheal	Albuquerque, NM	33	00:23:54.98
7	Daren Jones	Los Alamos, NM	30	00:24:15.25
8	Wilfred Martinez	Chimayo, NM	30	00:24:35.46
9	Douglas Thacker	Los Alamos, NM	31	00:24:45.21
10	Vincent Gonsalves	Los Alamos, M	34	00:25:16.29
11	Kevin Hale	Santa Fe, NM	34	00:25:29.15
12	Andrew Cornelius	Los Alamos, NM	31	00:28:10.44
5 Km Run, Male, 35-39				
=====				
1	Michael Ramos	Santa Fe, NM	35	00:22:39.93
2	Herbert Funsten	Los Alamos, NM	36	00:22:53.91
3	Ted Atkins	Espanola, NM	39	00:23:15.65
4	Danny Martinez, Sr	Chimayo, NM	38	00:23:19.91
5	Martin Sweet	Los Alamos, NM	38	00:27:52.91
6	Andrew Kuprat	Los Alamos, NM	36	00:28:35.41
7	Kevin Smith	Los Alamos, NM	39	00:31:48.68
5 Km Run, Male, 40-44				
=====				
1	David Finnegan	Los Alamos, NM	41	00:18:30.22
2	Ron Henry	Albuquerque, NM	41	00:20:17.92
3	Donald Gleason	Santa Fe, NM	44	00:21:24.26
4	Peter McNiff	Los Alamos, NM	42	00:21:28.11
5	John Duran	Las Vegas, NM	40	00:23:37.09
6	Ken Stubbs	Los Alamos, NM	44	00:24:05.62
7	Dave Baggett	Los Alamos, NM	42	00:25:30.22
8	Shaun Murray	Santa Fe, NM	44	00:26:02.34
9	Robert Little	Los Alamos, NM	43	00:26:21.13
10	Jake Garcia	Santa Fe, NM	42	00:27:42.79
11	Dennis Ortiz	Chimayo, NM	42	00:31:12.04
12	John Roberts	Los Alamos, NM	41	00:31:44.50
13	Geoffrey Mills	Los Alamos, NM	42	00:31:53.31
14	Leo Torres	Cordova, NM	44	00:34:30.00
5 Km Run, Male, 45-49				
=====				
1	Wayne Chick	Albuquerque, NM	45	00:17:57.44
2	Jim Westmoreland		46	00:19:20.76
3	Jim Hannan	Santa Fe, NM	47	00:21:23.11
4	Alan Overmier	Albuquerque, NM	49	00:22:02.67
5	Gary Read	Los Alamos, NM	46	00:22:13.04
6	Gerald Streit	Los Alamos, NM	49	00:23:14.63
7	Charles Naranjo	Dulce, NM	48	00:27:21.32
8	Tom Wehner	Los Alamos, NM	47	00:27:33.04
9	Daniel Baggett	Albuquerque, NM	45	00:28:33.40
5 Km Run, Male, 50-54				
=====				
1	Michael Rivera	Santa Fe, NM	50	00:21:12.98
2	Stan Kosiewicz	Los Alamos, NM	53	00:23:48.71
3	Gus Lujan	Santa Cruz, NM	50	00:24:11.36
4	Ray Perez	Albuquerque, NM	53	00:24:48.41
5	David Powell	Los Alamos, NM	52	00:25:15.14
6	Rodger Liljestrand	Espanola, NM	50	00:25:17.61
7	Rodney Schultz	Los Alamos, NM	51	00:26:16.90
8	Peter Sipkins	Minneapolis, MN	54	00:27:23.11
9	Jim Farley	Los Alamos, NM	54	00:28:05.20
10	Arnold Sierk	Los Alamos, NM	51	00:32:25.46
11	Bill Hutchinson	Los Alamos, NM	54	00:32:55.50
12	Gary Iverson	St Paul, MN	51	00:39:07.75
5 Km Run, Male, 55-59				
=====				
1	Sterling Bassett	El Paso, TX	57	00:20:13.92
2	Connon Odom	Los Alamos, NM	58	00:23:01.69
3	Bob Carlos	Los Alamos, NM	55	00:23:04.38
4	Lorenzo Marquez	Albuquerque, NM	57	00:23:38.64
5	Peter Gary	Los Alamos, NM	58	00:24:19.24
6	Bill Harker	Santa Fe, NM	55	00:25:24.86
7	Chick Keller	Los Alamos, NM	59	00:28:45.28
8	Douglas Reilly	Los Alamos, NM	55	00:32:14.94
9	Bill Baughman	Los Alamos, NM	58	00:32:34.95
5 Km Run, Male, 60-64				
=====				
1	Carol Duty	Albuquerque, NM	46	02:03:50.07
2	Peg Froelich	Jemez Springs, NM	48	02:17:07.00

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20K

2	Kenneth Werley	Los Alamos, NM	43	01:31:57.78
3	Jose Fernandez	Monte Vista, CO	43	01:34:39.66
4	Larry Goen	Los Alamos, NM	40	01:50:59.64
5	Denny Rice	Los Alamos, NM	44	01:55:35.65
6	Stuart Trugman	Los Alamos, NM	44	01:56:02.55
20 Km Run, Male, 45-49				
=====				
1	Jerry Martinez	Velarde, NM	48	01:22:49.30
2	David Riddle	Pacific Grove, CA	45	01:29:51.35
3	Dana Blankenship	Baker City, OR	47	01:30:55.87
4	Jim Sprinkle	Los Alamos, NM	46	01:38:40.84
5	Michael Casaus	Placitas, NM	47	01:43:21.22
6	Craig Edwards	Aztec, NM	48	01:49:20.64
20 Km Run, Male, 50-54				
=====				
1	Gary Wall	Los Alamos, NM	51	01:27:16.45
2	Sean McCormick	Santa Fe, NM	54	01:33:30.39
3	Joseph Toya	Jemez Pueblo, NM	52	01:48:52.82
4	Lauren Rauber	Los Alamos, NM	52	01:55:04.93
5	John Ullmann	Los Alamos, NM	51	01:55:21.00
6	C. J. Spence	Aztec, NM	52	01:56:28.90
7	Mylan Wilken	Gallup, NM	50	02:00:58.12
8	David Moir	Los Alamos, NM	50	02:17:06.00
20 Km Run, Male, 55-59				
=====				
1	RA Garder	Las Vegas, NM	58	01:32:21.33
2	Robert Reedy	Los Alamos, NM	56	01:34:09.01
3	Joe Rodriguez	Los Alamos, NM	56	01:39:02.81
4	Robert Rieden	Tijeras, NM	57	01:41:58.67
5	Tom Day	Santa Fe, NM	59	01:45:54.88
6	Robert Werner	Santa Fe, NM	58	01:49:33.54
7	Jerry Brackbill	Los Alamos, NM	57	01:50:38.85
8	Gill Butler	Los Alamos, NM	57	01:52:01.97
9	Clyde Gossert	Santa Fe, NM	58	01:59:19.27
10	Roy Cope	Los Alamos, NM	59	02:04:02.10
11	Richard Danforth	Los Alamos, NM	55	02:13:03.00
20 Km Run, Male, 60-64				
=====				
1	Joseph Greene	Los Alamos, NM	62	01:48:12.83
2	Charles Walthers	Los Alamos, NM	61	02:13:23.00
3	Mike Sutin	Santa Fe, NM	63	02:18:54.00
20 Km Run, Male, 65-69				
=====				
1	Aaron Goldman	Los Alamos, NM	66	01:46:27.47
2	Dale Goering	Santa Fe, NM	67	01:47:56.23
20 Km Run, Female, 20-24				
=====				
1	Corey Kindsfather	Los Alamos, NM	20	01:48:15.01
20 Km Run, Female, 25-29				
=====				
1	Amy Young	Los Alamos, NM	26	01:42:57.44
2	Sarah Williams	Santa Fe, NM	28	01:57:33.06
3	Liba Mardekopf	Albuquerque, NM	28	02:05:26.89
20 Km Run, Female, 30-34				
=====				
1	Susan Brozik	Los Alamos, NM	31	01:32:00.94
2	Darla Graff	Los Alamos, NM	33	01:38:36.49
3	Sean McDonald	Los Alamos, NM	32	01:45:49.80
4	Erin Greene	Denver, CO	31	02:06:23.69
5	Danica Gixrard		31	02:08:11.28
6	Susan Gardner	Santa Fe, NM	34	02:08:12.03
20 Km Run, Female, 35-39				
=====				
1	Tamsen Schurman	El Prado, NM	39	01:37:15.09
2	Patty Danforth	Los Alamos, NM	38	01:38:26.73
3	Suzanne Garney	Santa Fe, NM	38	01:40:30.95
4	Sandy Turner	Los Alamos, NM	38	01:51:35.32
5	Beth Davenport	Santa Fe, NM	37	01:59:59.89
6	Barbara Musgrave	Los Alamos, NM	39	02:02:18.32
7	Mary Jordan	Santa Fe, NM	39	02:20:59.75
20 Km Run, Female, 40-44				
=====				
1	Trish Shain	Santa Fe, NM	41	01:44:45.71
2	Kathy Mastoras	Santa Fe, NM	41	01:49:36.45
3	Ann Chernoff Allan	Santa Fe, NM	43	01:50:24.93
4	Marcia Gallegos	Los Alamos, NM	40	01:52:21.49
5	Artoinette Taylor	Los Alamos, NM	42	01:59:11.28
20 Km Run, Female, 45-49				
=====				

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5K

1	Thomas Wangler	Los Alamos, NM	60	00:23:53.16
2	Vince Rojas	Los Alamos, NM	61	00:32:20.45
3	Rolf Engleman	Albuquerque, NM	64	00:41:28.65

5 Km Run, Male, 65-69

PLACE	NAME	HOME TOWN	Age	TIME
1	Doug Lier	Los Alamos, NM	67	00:24:49.58
2	Arturo Sanchez	Alcalde, NM	68	00:27:40.94
3	Joseph Thompson	Los Alamos, NM	66	00:33:45.11

5 Km Run, Male, 70+

PLACE	NAME	HOME TOWN	Age	TIME
1	Ruben Vigil	Albuquerque, NM	70	00:24:12.65
2	Tom Pigott	Los Alamos, NM	75	00:33:04.56
3	William Visscher	Los Alamos, NM	70	00:34:35.02
4	Bill Hudson	Los Alamos, NM	73	00:40:36.08
5	Allen Manthei	Los Alamos, NM	71	00:42:51.79

5 Km Run, Female, 09 & under

PLACE	NAME	HOME TOWN	Age	TIME
1	Hannah Little	Los Alamos, NM	7	00:40:24.69
2	Alysia Dahlby	Los Alamos, NM	6	00:41:56.97

5 Km Run, Female, 10-14

PLACE	NAME	HOME TOWN	Age	TIME
1	Stephanie Streit	Los Alamos, NM	14	00:26:15.51
2	Meghan Little	Los Alamos, NM	13	00:31:29.78
3	Brittany Little	Los Alamos, NM	12	00:32:44.26

5 Km Run, Female, 15-19

PLACE	NAME	HOME TOWN	Age	TIME
1	Elizabeth Campbell	Los Alamos, NM	17	00:22:01.64
2	Tamra Thayer	Los Alamos, NM	17	00:24:14.65
3	Lauren Powell	Los Alamos, NM	19	00:24:18.23
4	Shaylene Stephens	Los Alamos, NM	18	00:29:58.11
5	Jacqueline Atkins	Espanola, NM	18	00:31:25.63
6	Carrie Vieira	Los Alamos, NM	19	00:31:41.09
7	Ellen Trapp	Los Alamos, NM	19	00:31:43.60
8	Lesley Chick	Albuquerque, NM	19	00:32:22.85
9	Linsey Chick	Albuquerque, NM	16	00:32:45.13
10	Rachel Eller	Los Alamos, NM	17	00:40:09.77
11	Kimberley Morris	Los Alamos, NM	18	00:40:25.49
12	Lindsey Pfaff	Los Alamos, NM	16	00:41:16.30
13	Molly James	Los Alamos, NM	17	00:41:17.16

5 Km Run, Female, 25-29

PLACE	NAME	HOME TOWN	Age	TIME
1	Wendy Wiggins	Albuquerque, NM	29	00:24:54.21
2	Lisa Cornelius	Los Alamos, NM	25	00:26:49.63
3	Amy Robertson	Los Alamos, NM	27	00:29:21.43
4	Kristi Keffer	Los Alamos, NM	29	00:30:54.15
5	Janis Kercheval	Santa Fe, NM	27	00:33:37.73
6	Cyndi Tsai	Los Alamos, NM	26	00:43:03.38
7	Seema Tikare	Cambridge, MA	29	00:44:17.63

5 Km Run, Female, 30-34

PLACE	NAME	HOME TOWN	Age	TIME
1	Dana Berkeland	Los Alamos, NM	31	00:21:27.05
2	Iaetz Archuleta	Espanola, NM	23	00:21:35.21
3	Erika Arendt	Los Alamos, NM	31	00:23:58.68
4	Julie Donovan	Placitas, NM	34	00:24:09.43
5	Ann Cernicek	Los Alamos, NM	31	00:26:01.09
6	Susan Schillaci	Los Alamos, NM	31	00:27:13.85
7	Veena Tikare	Albuquerque, NM	33	00:43:52.04

5 Km Run, Female, 35-39

PLACE	NAME	HOME TOWN	Age	TIME
1	Diana Hardy	Santa Fe, NM	38	00:21:06.83
2	Shari Kelley	Los Alamos, NM	39	00:23:59.72
3	Margaret Murray	Santa Fe, NM	37	00:26:33.02
4	Lorilee Alexander	Los Alamos, NM	35	00:26:43.22
5	Fran Flesner	Los Alamos, NM	36	00:27:02.25
6	Marla Riley	Albuquerque, NM	37	00:29:07.29
7	Janet Cowan	Los Alamos, NM	39	00:30:34.36
8	Dee Dee McInroy	Los Alamos, NM	38	00:34:04.16
9	Lynn Kluegel	Los Alamos, NM	39	00:38:16.58
10	Ann Funsten	Los Alamos, NM	36	00:38:34.79
11	Elizabeth Atkins	Espanola, NM	36	00:47:12.02

5 Km Run, Female, 40-44

PLACE	NAME	HOME TOWN	Age	TIME
1	Amy Anderson	Los Alamos, NM	42	00:22:18.79
2	Colleen Chick	Albuquerque, NM	44	00:27:46.67
3	Doris Bell	Los Alamos, NM	44	00:28:13.66
4	Diana Little	Los Alamos, NM	41	00:28:37.43
5	Merri Wood	Los Alamos, NM	44	00:29:31.76
6	Donna Goad	Jemez Springs, NM	42	00:31:08.39
7	Cindy Sievers	Los Alamos, NM	42	00:32:53.94
8	Susan Trujillo	Los Alamos, NM	44	00:36:22.45
9	Linda Tanner	St. Paul, MN	43	00:39:06.91

5 Km Run, Female, 45-49

PLACE	NAME	HOME TOWN	Age	TIME
1	Kathleen Kirsling	Albuquerque, NM	49	00:24:28.92

5K

2	Chalouy Jermance	Santa Fe, NM	46	00:28:38.40
3	Irene Powell	Los Alamos, NM	48	00:28:44.34
4	Lillian Blankenship	Baker City, OR	46	00:29:48.09
5	Carol Wilkinson	Los Alamos, NM	48	00:31:56.57
6	Laura Read	Los Alamos, NM	46	00:33:19.49
7	Edwina Lieb	Los Alamos, NM	49	00:34:35.90
8	Gloria Streit	Los Alamos, NM	48	00:42:53.74
9	Rosemary Mendonca	Santa Fe, NM	46	00:45:23.44
10	Martha Zumbro	Los Alamos, NM	47	00:59:26.00

5 Km Run, Female, 50-54

PLACE	NAME	HOME TOWN	Age	TIME
1	Bonnie Sipkins	Minneapolis, MN	53	00:36:05.21
2	Nina Thayer	Los Alamos, NM	52	00:36:19.78
3	Yvonne Keller	Los Alamos, NM	53	00:36:36.63

5 Km Run, Female, 55-59

PLACE	NAME	HOME TOWN	Age	TIME
1	Mary Billen	Los Alamos, NM	57	00:34:42.18
2	Kathie Gossert	Santa Fe, NM	55	00:35:27.34
3	Jane Chandler	Los Alamos, NM	59	00:37:34.83
4	Juanita Madland	Los Alamos, NM	56	00:39:55.07
5	Nancy Cope	Los Alamos, NM	58	00:54:21.00
6	Barbara Rieden	Tijeras, NM	58	01:03:02.00

5 Km Run, Female, 60-64

PLACE	NAME	HOME TOWN	Age	TIME
1	Helen Dahlby	Los Alamos, NM	62	00:41:47.58
2	Donna Engleman	Albuquerque, NM	63	00:47:20.16

5 Km Run, Female, 65-69

PLACE	NAME	HOME TOWN	Age	TIME
1	Lois Thompson	Los Alamos, NM	65	00:37:37.97

5 Km Run, Female, 70+

PLACE	NAME	HOME TOWN	Age	TIME
1	Bernice Quinn	Los Alamos, NM	71	00:42:11.00
2	Mary Kirsling	Albuquerque, NM	75	00:44:14.08

20K

20 Km Run, Female, 50-54

PLACE	NAME	HOME TOWN	Age	TIME
1	Elane Flower	Santa Fe, NM	50	02:01:31.22

20 Km Run, Female, 55-59

PLACE	NAME	HOME TOWN	Age	TIME
1	Dianne Walthers	Los Alamos, NM	55	01:49:46.03
2	Gretchen Wilken	Gallup, NM	58	02:01:51.76

Sylvia Pulliam Hot Chile Run Any Volunteers?

The annual Hot Chile Run, a 5/10K and memorial for Sylvia Pulliam, will take place Saturday, August 8th at 8am. As part of our agreement with the City of Santa Fe whereby they help us sponsor the Run-Around, the Striders have agreed to time this event for the city. Danica Tutush Girard is organizing the volunteers for this event. Anyone interested in helping with this effort should contact Danica at 989-3400 (w) or 983-7129 (h). There will be T-shirts and free refreshments to volunteers on race day.

-DTG.

**August Striders Meeting:
Big Tesuque Run and RRCA Convention
Top Dazzling Agenda**

Peter Fant and Kathy Mastoras are putting together this year's Big Tesuque Run, and will be at the August meeting (at least one) of the Striders to explain their plans for the fall mountain run and to ask for volunteers. The Striders agreed at the July meeting to sponsor the run by providing insurance through the Road Runners Club of America, with volunteers, and in other ways.

The meeting will be on Tuesday, Aug. 11th, at the home of Richard Curry. Richard lives at 122 Spruce St., which is off West Alameda directly across from the Feed Bin. Richard's is the second house on the left in the second block, and there is a basketball court in the driveway. Call him at 995-0450 if you get lost.

Also on the agenda is a presentation by Victor Nemudrov, New Mexico's representative to the Road Runners Club of America, our parent organization, on the 2001 national convention of the RRCA. The convention that year will be held in Albuquerque. Victor, along with representatives of the Albuquerque Roadrunners and the High Desert Roadrunners, will talk about plans for the convention and what the Striders might do to help. RRCA conventions are big shindigs, according to all accounts. Elaine Coleman has agreed to be the Striders' liaison to the convention.

The business meeting will be at 8pm. Preceding it will be the usual potluck, at 7pm. Everyone is welcome.

-Tom Day.,

MRU's Annual Lamy Run

MRU is sponsoring its annual Lamy run and potluck brunch on Saturday morning August 15 at 8:00 a.m. This is a fun run. Walkers are also welcome. We will meet at the Lamy train station at 7:45 for transportation to the start. This scenic run starts in the Eldorado area at the narrow-gauge railroad track, and we run along the trail that parallels the track into the station. Total distance is about 7 miles. There will be a water stop at 5 miles (where the track crosses US 285).

Wings Need New Nest

The Wings of America Native American running association is losing their office space at the St. Catherine's Indian School. If you know of some suitable inexpensive office space in Santa Fe, please call Margie Kamine at 982-6761.

**Ginny and Susan Both Run
100 Miles -- Yay!**

On July 11-12, Ginny LaForme completed the Hardrock Hundred Miler, in the mountains and forests around Silverton, Colorado, a particularly difficult race even in the wacky world of ultramarathoners. Ginny finished in 47 hours and 37 minutes. She was one of 38 finishers among 82 starters.

On July 18th at 4am, Susan Gardner began the Vermont 100 near Woodstock, VT. She says: "It was a single loop race, mostly trail and dirt road, that wound through rural Vermont (I'm not sure there's anything but rural in Vermont). Plenty of hills, too warm weather, but a great event nonetheless." Only 25:54 later, Susan finished.

Big, big congratulations to Ginny and Susan!

WEEKLY RUNS

Striders, guests, and other random runners continue to meet at 6pm on Wednesdays at Lincoln and Palace, across from the Plaza clock, for a 5-mile or so run. Everyone is welcome.

TRACK!

Track workouts are on Tuesdays at 5:30pm at the Santa Fe High School track. After a 15 min warmup we run 400s, 600s, 800s, etc. in various combinations, interspersed with loud wheezing and occasional cursing. All abilities are welcome to share in this self abuse!

Amazingly, we are consistently getting 10-20 runners each Tuesday and new legs every week.

Express Yourself!

Please submit articles, race results, running tips, poetry, cartoons, photos, worst-run stories, best-run stories, letters, race schedule information, recipes, blueprints, X-rays, medical records, or almost anything printable to the Mile Markers editorial offices, c/o Jeremy Yang, at 419 E. Palace Ave., SFNM 87501, or email jj@daylight.com.

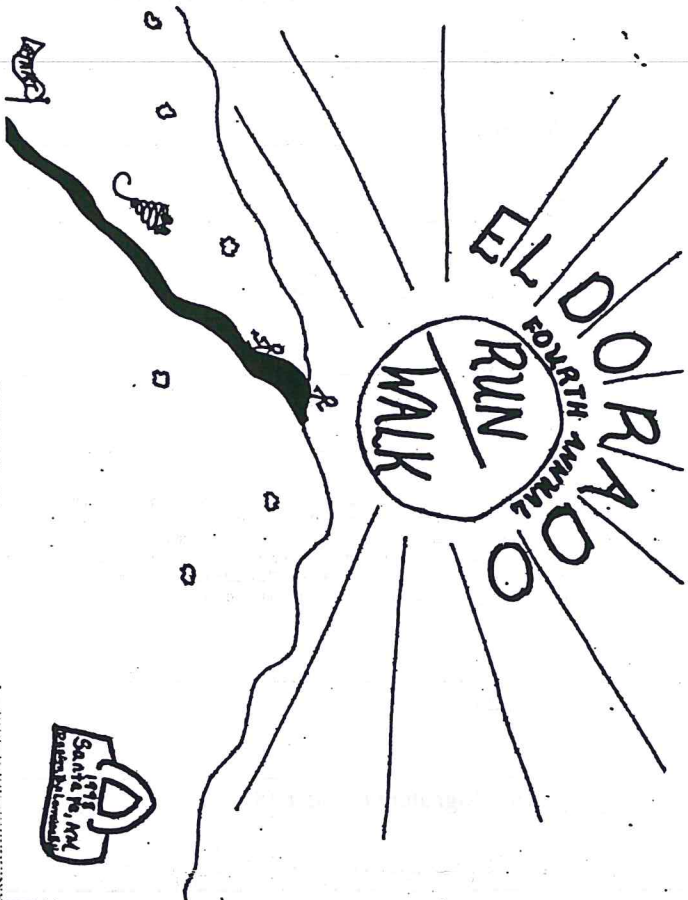
1998 Striders officers:

Tom Day, president, 473-3159

Danica Tutush Girard, vice president, 983-7129
danica1@ix.netcom.com

Suzanne Garney, treasurer, 473-9073
suzanne_garney@erim-int.org

Jeremy Yang, newsletter editor, 341-9526
jj@daylight.com



Divisions: Age or grade as of September 5, 1998. CIRCLE ONE FOR EACH PARTICIPANT!

5K (M or F) _____ 5K walkers _____ 1 mile run (boy or girl?) _____
 under 13 _____ Top 3 _____ K and under _____
 13-20 _____ 20-29 _____ 30-39 _____ 40-49 _____ 50-59 _____ 60 and above _____
 1st grader _____ 2nd grader _____ 3rd grader _____ 4th grader _____ 5th grader _____ 6th grader _____ 7th, 8th, 9th graders _____

AWARDS FOR
TOP 3 IN EACH
CATEGORY!!!

Waiver: I understand and assume full responsibility for any injury or accidents which may occur during my participation in the ELDORADO RUN. By my signature, I hereby waive and release all the organizations and / or sponsors for the ELDORADO RUN, because of my participation in the above said event.

Signature: _____

Parent's signature if under 18: _____

Date: _____

T-SHIRTS TO THE FIRST 300 APPLICANTS AND ALL ELDORADO STUDENTS AND RESIDENTS WHO ENTER. Remember to pre-register - it's appreciated!
 Registration packet available to those who register early!



4TH ANNUAL RUN/WALK 5K (3.1 MILES), 1 MILE RUN FOR THE CHILDREN AND 1 MILE DASH FOR ADULTS. MONEY RAISED WILL BE DONATED TO THE NEW COUNTY COMMUNITY LIBRARY FOR BOOKS AND LIBRARY SUPPLIES. THIS IS AN ECIA EVENT.

September 5, 1998 7:00 Packet pick up and continued registration
 7:45 5K run and walk
 8:45 1 mile run for children
 9:15 Adult 1 mile sprint
 9:30 awards and raffle (approximate time!)

Start and finish at Eldorado Elementary School.
 Water, Powerade, fresh fruit and coffee at the finish.
 T-shirts, refreshments, raffle and AWARDS!!! Bring the family!!!
 Ambulance service at start and finish. ICE CREAM PARTY FOR ELDORADO CL WITH MOST RUNNERS. Strollers welcome. No bicycles, roller skates or dogs. No be present for raffle. Raffle prizes include: sports equipment, gift certificates, and restaurant meals. No Refunds.

-----*-----*detach here*-----*-----*-----*

I will participate in the 5K run _____ 5K walk _____ 1 mile kids _____
 (Anyone registered in a 5K can also run in the 1 mile sprint with no additional charge)

Age on race day _____ Grade on race day: _____ Sex: M _____ F _____

Last Name: _____ First: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Medical Problems: _____

T-Shirt Size (circle one) Adult S M L XL Kids S M

\$10 registration fee. \$35.00 FAMILY MAX!!! No refunds. Checks only.

Make checks payable and return to: "Eldorado Run"

Do not mail after 9-1-98 6 Nido Lane

May return to the school. Santa Fe, New Mexico 87505

TEACHER'S NAME: _____ (FALL)

Santa Fe Striders Club Membership Application and Waiver



Name: _____

☐ Renewal
☐ New member

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

Email: _____

Enclose \$15.00 for annual membership fees. Annual fees are due in January of each year, and membership runs through the end of December. If you are paying after July 1, the membership fees are \$7.50. Make checks payable to Santa Fe Striders and mail to PO Box 1818, Santa Fe, NM 87504.

WAIVER: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the SANTA FE STRIDERS Road Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver.

Signature Date

Parent's Signature if under 18 yrs. Date

Mile Markers

Santa Fe Striders

PO Box 1818

Santa Fe, NM 87504



Diana Hardy & Jim Westmore
2363 Camino Carlos Rey
Santa Fe, NM 87505