



Mile Markers



We Give You the Run-Around

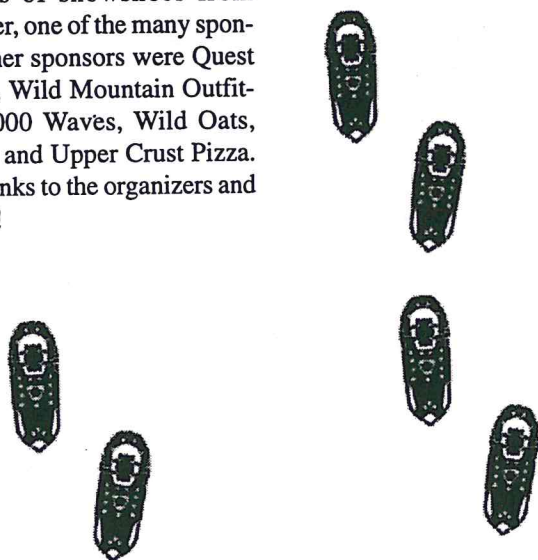
P.O. Box 1818, Santa Fe, NM 87504

February 1998 Volume 20, No. 2.



5th Annual Santa Fe Snowshoe Classic

115 enthusiastic snowshoers shoed up at the upper end of Hyde State Park for the 4.5 mile wilderness snowshoe run held each year since 1994. As usual, race director Craig Heacock and his dedicated band of merry volunteers organized a great race and event. The conditions were somewhat fast and slick, but "groomers" had been out in the early morning to assure a worthy course. And as usual, the prizes were indeed fabulous, including two pairs of snowshoes from Redfeather, one of the many sponsors. Other sponsors were Quest Mortgage, Wild Mountain Outfitters, 10,000 Waves, Wild Oats, Odwalla, and Upper Crust Pizza. Much thanks to the organizers and sponsors!



LETTER TO THE EDITOR

Editor, Mile Markers

Dear Editor:

This supplements my letters to editors in the September, 1996 and March, 1997 Mile Markers.

Here is the annual report:

A one cent coin is called a penny.

A five cent coin is called a nickel.

A ten cent coin is called a dime.

A twenty five cent coin is called a quarter.

A fifty cent coin has no name of its own; it is called a half dollar.

I did not find any half dollars this year. I am not sure I have ever found a half dollar. Where have all the half dollars gone? With the flowers?

This is the annual report of the Property Group Running and Walking Fund

of 1997 finds in the streets and gutters across America where my feet

have run:

Quarters	-	20
Dimes	-	56
Nickels	-	26
Pennies	-	337
Total		439
Canadian penny	-	1
Mexican two peso	-	1
Ireland twenty p.	-	1

continued on p. 2

RACE CALENDAR

February 1998

- 1 **Corrida de los Locos**
Santa Fe, 983-2144.
- 8 **Winter Runaround**
Alb., MRU, 5/2.5m runs, 828-9402.
- 14 **Mt. Taylor Winter Quadrathlon**
Bike/run/ski/snowshoe. Grants, NM.800-748-2142

March 1998

- 7 **Run for the Future**
Socorro, 5K, 835-2507.
- 7 **Jack Rabbit Run**
1 Mile, Rio Rancho, 867-5323.
- 28 **Lone Tree Run for a Reason**
Alb., 5/10k, Gil's 268-6300.

April 1998

- 11 **Jackie Joyner Kersee Run**
Alb., 5k, 485-3099.
- 12 **Run for Recovery**
Alb., 5/10k, Gil's 268-6300.
- 18 **Workout for Hope 5k**
Santa Fe
- 19 **Albuquerque's Finest 5k**
345-4274
- 25 **AWUIR 5/10k**
Alb., 831-7214.

*Corrections? Additions? Recommendations?
Send 'em in! -ed.*

continued from p. 1

Well, that should tell you something!

Contributors to this year's collection were:

- 1.Susan Goldstein - 1 dime - Pranzo 2/5/97.
- 2.Zack Leonard - 4 pennies - Camelot at Livermore 8/4/97.
6 pennies - Fountainhead Rock 9/22/97.
- 3.Ellen Sutin Macdonald - 1 penny - East Alameda 9/22/97.
1 penny - Santa Fe
- 4.Esther Sutin - 1 dime - El Farol 12/31/97.
- 5.Robert J. Werner - 1 dime - Canyon Road 8/12/97.
1 penny 3/8/97. 1 penny Camino don Miguel 6/16/97.
1 penny 6/9/97. 1 nickel - Skateboard Park 10/3/97.

1997 saw less successful results than 1996. Fewer miles run in less peopled places?

Mike Sutin

(signed)

cc:Jonathan B. Sutin, Successor Trustee

Every Time

The object of the race
is to improve your place
over other racers

The better overtakers
beats the undertakers
every time

They say the better pacers
delay the date they meet
their makers

Every time

-Mike Sutin

Marathon training partner needed

Looking for marathon training partner for long weekend runs, 12-20 miles, pacd 7:30-9:00. Call Vinnie @ 438-6209.

Recommended!

The Mount Taylor Quadrathlon isn't for everybody but it might be for you! Whether you're a soloist or team member, the bike/run/ski/snowshoe event from Grants up Mount Taylor may well be the best organized and most fun endurance event in New Mexico.

Corrida de Los Locos 1998

108 people ran the five mile Corrida de los Locos on Sunday, Feb. 1st. The number of finishers, while representing but a tiny fraction of the crazy people in Santa Fe, made for a very respectable turnout.

The first finisher was Eric Peters, who covered the windy course in 28:18. The first woman was Erica Larson, who turned in a swift 31:34.

The race started at Santa Fe Downs. After circling the parking lot for about a mile runners were on the Frontage Rd. for a total of 3.6 mi before returning to the finish. The course was precisely measured at 5 miles.

The race director was Dale Goering, assisted by John Pollack, and Dave Sneesby. Since this was a Striders sponsored event, it goes without saying — well almost without saying — that there were no snaffus. Henchmen and women who

assisted at the race included Jared Sneesby, Steve Ruud, Suzanne Garney, Dan Kane, Danica Girard, Nancy Pollack, Kenny Goering, Chris Kassube, Elaine Coleman and Mike Guttman. Our apologies to anyone left out.

Tom Tiano, of Tom's Sports, provided the usual great Corrida shirts, as well as the financial help that allows the annual race to take place.

-Tom Day.

1. Eric Peters	28:18	38. Lewis Terr	38:48	74. Lyle Kerstiens	43:46
2. Randy Billey	29:09	39. Nick Reeves	38:48	75. Stephanie Leclerc	43:07
3. Chuck Arnold	29:41	40. Cecil Stark	38:57	76. Mararet Murray	43:51
4. Jason Humphries	30:19	41. David Giles	39:14	77. Bill Gee	44:05
5. Rick Stuart	30:29	42. Manuel Jaramillo	39:18	78. Steve Furst	44:27
6. Lyle Amer	30:22	43. Scott Block	39:26	79. Lori Lynch	44:38
7. Charlie Drysdale	31:10	44. Marianne Johnston	39:28	80. Lee Reeves	44:52
8. Erica Larson	31:34	45. Jim Squires	39:32	81. Richard Danforth	45:20
9. Dan Anaya	32:15	46. Eddie Estrada	39:41	82. Mike Sutin	45:35
10. David Sandoval	32:27	47. Laura Sullivan	39:57	83. Judy Amer	45:36
11. Eric Erb	32:52	48. Sabrina Patteron	40:09	84. Rosemary Martinez	45:43
12. Chris Vigil	33:22	49. Chuck Schroll	40:35	85. Angelina Trujillo	45:44
13. Lee Garcia	33:36	50. Michael Rivera	40:42	86. Dave Sneesby	46:08
14. Richard Curry	33:56	51. Vivian Rainenkainen	40:51	87. Jary Earl	46:15
15. Peter Romero	34:11	52. Ginny LaForme	41:01	88. Dave Redman	46:36
16. Joseph Cortez	34:30	53. Philip Crump	41:06	89. Margaret Alexander	46:55
17. Sal Gonzales	34:42	54. Bill Earl	41:09	90. Ivan Wright	46:56
18. David Ytuarte	35:40	55. Martha Sutter	41:23	91. Dana Konno	47:14
19. Sean McCormick	35:44	56. Philip Romero	41:29	92. Arturo Sanchez	47:38
20. Jim Hannan	35:53	57. Steven DesGeorges	41:33	93. Ernest Rocha	47:39
21. Eric Rogers	36:11	58. Roy Cope	41:47	94. Alva Sisneros	48:17
22. Inez Archuleta	36:17	59. Robert Sandoval	41:49	95. Christina Romero	48:29
23. John Valdez	36:37	60. Ed Moreno	41:55	96. Cameron Stark	50:13
24. Chris Lopez	36:44	61. Shari Kelley	42:08	97. Robert Aragon	51:35
25. Patty Danforth	37:14	62. Jaime Bustos	42:18	98. Peter Collins	52:50
26. Clint Marshall	37:24	63. Liz Gilbert	42:36	99. Lizzie Aragon	52:57
27. Robert Werner	37:33	64. Karen Thorpe	42:37	100. Richard Rivera	53:55
28. Zac Pappas	37:45	65. Tim Romero	42:37	101. Jim Corbin	54:10
29. Wolky Toll	37:54	66. John Jennings	42:38	102. Charles Baca	55:00
30. Ian McGilvray	37:56	67. Kathy Kirsling	42:39	103. Evelyn Schwartz	58:45
31. Robert Findling	37:58	68. Roger Liljestrand	42:40	104. Jerry Dorbin	60:07
32. Randy Perraguo	38:08	69. Mike Swain	42:44	105. Tim Martinez	66:54
33. Ramos Tsosie	38:14	70. Amy Bowen	42:50	106. Nathan Martinez	67:02
34. Larry Crespin	38:26	71. Kevin Skelly	43:31	107. Mary Kirsling	68:35
35. Trish Shain	38:29	72. Shaun Murray	43:42	108. Wayne Quilico	74:54
36. Jeff Stephenson	38:34	73. Frank Orona	43:44		
37. Juan Duran	38:47				

NM Grand Prix Winners

Rise to the Challenge in Phoenix

New Mexico USATF Grand Prix winners Diana Hardy (open), Shirley Van Slooten (masters), and Leon Serna (open, not a Strider but we'll list him anyway) travelled to Phoenix for the Runners Den 5k/10k Classic on Feb. 1st, as their prize for winning.

Each performed well, Shirley 3rd in the 5k in 18:52, Diana 4th in 19:19, and in the 10k Leon ran PR 32:20, kicking past American marathon legend Bill Rogers whose time was 32:30.

Well done everyone!

Even Dozen in 1997

Reece Tatum's last marathon of 1997 was the Tucson Marathon which he completed in 3:50, giving him an even dozen for the year, more impressively, with no injuries except an ankle sprain on the Pike's Peak descent.

Reece attributes his good running health to running primarily on dirt trails, maintaining a one long run per week regimen, and basing his workouts on elapsed time, not distance.

He has an equally ambitious running agenda for 1998!

WEEKLY RUNS

Striders, guests, and other random runners continue to meet at 6pm on Wednesdays at Lincoln and Palace, across from the Plaza clock, for a 5-mile or so run. Everyone is welcome.

Brave the cold and see the latest in reflective and thermal fashions!

Join the Striders! Annual membership costs only \$15 (\$7.50 after 7/1) and includes:

- Discount on Strider race entry fees
- Monthly newsletter
- That warm feeling of belonging
- Did I mention the discounts?
- That's about it.

DUES DUE! NO KIDDING!

Striders dues are due in January. \$15 for one full year of Strider membership including race discounts, newsletter subscription, and secret decoder ring. O.K., there's no secret decoder ring. Would you believe a secret handshake?

Renew **now** to ensure no interruption of your vital Striders services!

Send completed registration form with \$15 to Santa Fe Striders, PO Box 1818, Santa Fe, NM 87504.

February Meeting

The February meeting will be on Tuesday, February 10th, at 7pm, at the home of Diana Hardy and Jim Westmoreland, at 2363 Camino Carlos Rey, next to the arroyo. Their number is 438-8602.

Potluck dinner at 7 o'clock will be followed by agendas, motions, votes, discussions, planning, and the like.

The "Striderweb"

<http://www.daylight.com/~jj/striders> is the website for race schedules, club information, running links, and who knows what. Please let me know if you have any suggestions or submissions for the web page. Email me at jj@daylight.com or send me a photo for the online photo album! -ed.

Express Yourself!

Please submit articles, race results, running tips, poetry, cartoons, photos, worst-run stories, best-run stories, letters, race schedule information, recipes, blueprints, X-rays, medical records, or almost anything printable to the Mile Markers editorial offices, c/o Jeremy Yang, at 1729 1/2 Agua Fria, SFNM, 87501, or email to jj@daylight.com.

1998 Striders officers:

Tom Day, president, 473-3159
Danica Tutush Girard, vice president, 989-1819
DTGirard@aol.com
Suzanne Garney, treasurer, 473-9073
Suzanne_Garney@erim-int.org
Jeremy Yang, newsletter editor, 988-5474
JJ@daylight.com

Santa Fe Striders Club Membership Application and Waiver



Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

Email: _____

Enclose \$15.00 for annual membership fees. Annual fees are due in January of each year, and membership runs through the end of December. If you are paying after July 1, the membership fees are \$7.50. Make checks payable to Santa Fe Striders and mail to PO Box 1818, Santa Fe, NM 87504.

WAIVER: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the **SANTA FE STRIDERS** Road Runners Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver.

Signature _____

Date _____

Parent's Signature if under 18 yrs. _____

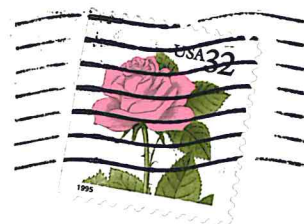
Date _____

Mile Markers

Santa Fe Striders

PO Box 1818

Santa Fe, NM 87504



Diana Hardy & Jim Westmoreland
2363 Camino Carlos Rey
Santa Fe, NM 87505

