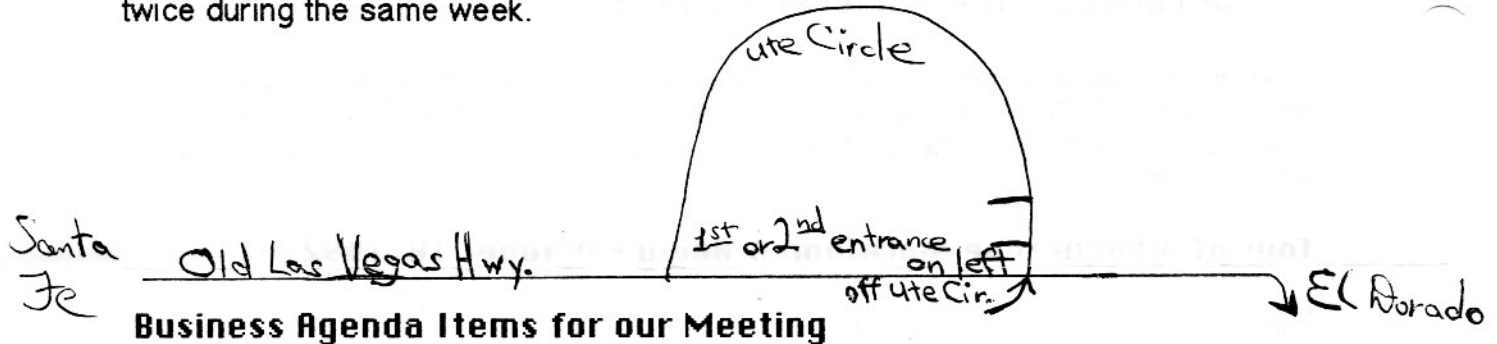


Let's Give Thanks, This Day, for our Daily Run

Strider's 'Re-Party' - November 15, 1992.

Our picnic/potluck party will be held at Kenny & Dale Goering's house on Sunday, November 15th. Their house is located at Route 3, off Ute Circle, off Old Las Vegas highway. I have never been to your house, Dale, so I don't know exactly where. Their phone number is 983-6616. A funrun starts at 3:00 p.m. and the dinner starts at 4:00 p.m. Come by and figure out what a 're-party' is! Our November business meeting will be squeezed in somewhere in this afternoon. The idea being that we could convene once, instead of twice during the same week.



Business Agenda Items for our Meeting

The following items are on the agenda to be discussed:

- organization of the 'Fowl Day' run.
- election of new officers for the 1993 calendar year.
- selection of location for our annual Christmas party.

At the last meeting it was decided by a unanimous vote to convert the use of the Santa Fe Runaround Account to help sponsor all Strider's major races. They are:

- | | |
|----------------------|------------|
| Corrida de Los Locos | - January |
| Corrida de Los Ninos | - May |
| Santa Fe Runaround | - June |
| Big Tesuque Run | - October |
| Fowl Day Run | - November |

Upcoming Events

Fowl Day 5k Run - November 21 at 9:00 am.

Michael Guttman is a third year veteran organizing this run/walk event on Saturday, November 21. The interesting and scenic route is routed along dirt roads and arroyos. The weather is expected to be chilly and maybe snowy so dress warmly and in layers. The entry fee is to bring \$3.00 or more worth of canned goods. The donation is made to the Salvation Army. Michael has some appetizing door prizes! If you have questions, please call him at 984-8330.

Race Results

Big Tesuque Run - October 10, 1992

Please see insert.

City of Liverpool 10k - October 11, 1992

A bit on international news. Kathy Howe, a member who lives in England, ran a 10k course in 37:46! "Her second fastest ever and best for 7 years! We were really 'chuffed' ". A quote from her and her husband David's letter. Look out Jody, competition from a woman in her mid-forties!

Tour of Albuquerque Marathon & Relay - October 18, 1992

Marathon Course

John Pollak ended the race at mile 20; smart guy for being in pain!
Beth Davenport 3:53.54 Beth's 1st marathon; congratulations!

Marathon Relay - the first four people ran approx. 5 miles and the last person ran a 10k

Diana Hardy	35:35	
Shirley Lynn	28:33 !!	(the times are approximate.)
Mary Platts	34:09	
Mary Uhl	33:34	
Jody Visali	39:45	

Our team came in first for the women's division with a total time of 2:51.50!!

If I missed you in the results, my apologies!

Coors Light Biathlon National Championship - November 1, 1992

Remember this event from last year?? The championship was held in Santa Fe on Sunday, Novmber 3rd. A cold, shivering day in which the event ended up being a disaster, contending with local traffic, for the use of St. Francis Rd.

Anyhow, the championship was moved back to Phoenix, AZ. where it could be facilitated more easily. Dale Goering was apart of this event, taking 3rd in his age group with a time of 1:36.55 for a 5k run, 30k bike, 5k run. Fantastic! Dale mentioned that he was only 1:20 (minutes) away from the winner. Gee!

- Congratulations to all of us!! -

Re-Party!

Sunday

November 15th

3:00^{pm} - FUN Run

4:00^{pm} - Picnic/Potluck

... Business Meeting ...

@ Kenny & Dale Goering Residence
Route 3, off Ute Circle, off Old Las Vegas Hwy.

Bring the Whole Family!

Beer & soft drinks Provided!

Ping Pong

What is a...

Come find out

Heated Garage!

BBQ Grill Provided

BIG TESUQUE RUN
10/10/92

Message From The Race Director

Big Tesuque Run

Results from the Big Tesuque Run, an
11.6-mile race held Saturday:

Men

Overall winner — Leo Torres 1 hour, 19
minutes, 37 seconds.

20-29
1. Patrick Honsinger, 1:23.46; 2. Reid
Allen, 1:29; 3. John Tapia, 1:29.59.

30-39
1. Chris Chavez, 1:25.35; 2. Clyde Hayes,
1:34.39; 3. Carl Gable, 1:36.11

40-49
1. Jim Westmoreland, 1:25.48; 2. Lou Mar-
jon, 1:31.32; 3. Terry Bisbee, 1:36.58.

50-59
1. Jim Hubbs, 1:35.48; 2. Robert Werner,
1:45.45; 3. Roy Cope, 1:51.11.

60-69
1. Dick Shire, 2:13.35.

Women

Overall winner — Sue Ashman-Smith,
1:32.35.

20-29
1. Mary Uhl, 1:48.56; 2. Debra Bowker,
1:51.17; 3. Lynne Drake, time unavailable.

30-39
1. Shirley Lynn, 1:40.10; 2. Dagny Scott,
1:49.26; 3. Karen Factor, 1:57.

40-49
1. Jody Visalli, 1:37.55; 2. Donna Berg,
2:09.24; 3. Elaine Coleman, 2:30.07.

50-59
1. Vivian Reinhenken, 2:07.26.

I wish to thank all the runners who came to our event. I hope you had a good time and thoroughly enjoyed yourselves.

It was the intent that this run be strictly and exclusively for the pleasure and benefit of you the runners. It was not and is not intended that the future of this event be a profit making venture or anything other than what it was -- a run for your pleasure. But, since this year we did make a profit, this money is being donated to help organize the annual Santa Fe Foul Day Run. This run just before Thanksgiving each year goes to benefit the Salvation Army, a very worthy community cause.

I wish once again to thank our fine sponsors.

Diniella, general manager Plaza Ore House Restaurant & Bar
Rob Day, owner and chief head knocker San Francisco Street Bar & Grill
Michael Shea, partner and creative wizard Santa Fe Screenprinters
John Lopez and all the fine people at Gardenswartz Sportz

As you know without these fine people, the fantastic T-shirts you received would not have existed nor would many of you have had the head start on your winter athletic needs. I feel glad to tell them that we have taken their generosity and multiplied it, so that it now covers two events -- one for your pleasure and benefit and one for a worthy community cause.

I wish to thank my fellow Striders for supporting me in this venture, specifically John Pollak & Son (timers) and Dale Goering (water man). The fellow Strider who deserves your loudest praise though is Sal De Bari, owner of the Cerrillos road branch of the Italian Kitchen Fresh Bakery. Please go see him and thank him personally for the post run sugar hi you got.

Finally, but not last, of first importance, I wish to thank Pat Thompson and the other fine people of the Espanola Ranger District of the Santa Fe National Forest. Without their permit this event would not have occurred, and contrary to popular belief they do not automatically have to grant these permits. This is why I thank you for respecting the mountain during your visit (not littering) and ask that you keep this same respect any time you go to visit the woods.

The mountain willing and the creeks don't rise, we'll do it again next year. If we can see our way clear to 120 runners, we'll drop the entry fee to \$5. Bring some friends. See you in the fall.

If there are any complaints, suggestions for the future, or other comments please address them to the Santa Fe Striders, Box 1818 Santa Fe NM 87504.

Jim Fisher
Race Director

A Grand tradition of silliness

If you've recently rounded a corner near the Plaza or a local shopping center and stumbled into a dozen individuals in running gear scouring the bushes for what appears to be a lost object, have no fear. This is not a group of athletes who have suddenly experienced a mass loss of contact lenses.

It's the Hash House Harriers and the most they have lost is the trail and a little bit of their minds. The Hash House Harriers of Santa Fe is a goofy group of runners, with emphasis on the modifier, who bill themselves as "The Drinking Club with a Running Problem."

The Santa Fe social and running club follows in a tradition started in 1938 in Kuala Lumpur (in what is now Malaysia) by a group of British expatriates stationed there. The Brits would meet once a week for a gallop through the jungle, in the style of the prep school "Hares and Hounds" game, then retire to a local roadside bar called "The Hash House."

In true evangelical fashion, "Hashers" spread out from Kuala Lumpur, propagating new clubs in their travels. There are now 900-plus Hash House Harrier clubs in more than 130 countries. Hashing veterans Otto Foyt and Michael Stachow formed the Santa Fe club a few weeks ago and oversaw its first run in September. Its format is familiar to Hashes everywhere:

Once each week, Hashers meet at a location announced at the last moment to follow an almost indecipherable trail laid down by two or three of their members with a taste for torture. The only clues along the path of this approximately three-mile run are droplets of flour that the

less discerning might mistake for roach powder.

The members laying down the trail are the "hares" and it is their delight to mislead, frustrate and confuse their cohorts with obstacles and deliberately false trails.

"They're being stingy with the flour tonight," a runner complained on a recent "hash" night in Santa Fe.

"This should be called the flourless run," his compatriot answered.

"The de-floured run," said a third, leading the conversation into the bawdy territory most favored by Hashers. Club members represent varied races, ages, sexes and occupations and are most deeply connected by their

continued from Page 2

many sports like that."

As with other sports, however, Hashing has a language all its own. As runners leap over chamisa bushes or weave their way through downtown streets, someone in the pack will yell, "Are you?" The reply, depending on whether you have found a pile of flour or not, is "Looking" or "Checking." Finding an "X" of flour brings a groan of "false trail," and the chase veers off in a different direction.

Once it has been established that this is, indeed, the trail, a cry of "On, on" brings all the

mutual rowdiness, willingness to unwind and true affection for beer.

Lots o' beer.

"It's certainly possible for someone who doesn't drink to come and have fun," said "Grand Master Hasher" Stachow. "We have sodas, mineral water and nonalcoholic beer."

"But Hashing traditionally has been a beer drinkers' club and that isn't likely to change."

For the beer lover, Hashing may be the perfect sport. Since runners lose and gain the trail, the run goes slowly enough for the truly committed to run with beer in hand. At the halfway point in most runs, the Hashers find a

runners heading in the direction indicated by the marker. "On, on" has become the international rallying cry for Hashers everywhere.

The Santa Fe club is made up of about two dozen runners, half of whom who are experienced Hashers. Founder Foyt hashed several years ago in the Bahamas. Stachow is the club's most experienced member, having hashed with more than 27 clubs. He moved to Santa Fe in August from Washington, D.C., where he ran with the White House Hashers.

At a recent run, experienced Hashers compared notes on the cities in which each had

cooler stashed for them by the thoughtful hares. After a beer break, the run slows a trot as Hashers try to manage the sloshing of the beers in their hands and in their stomachs.

At the end of each event, runners gather in a circle for ribald songs and silliness, punctuated by what members call "down-downs." It only takes a newcomer one round to realize that down-down is a British translation of the American verb "chugging."

The basic rule is when it's your turn to down-down, what doesn't go in you goes on you.

In these post-run gatherings, prizes are given, but none for being fastest or run-

hased. They represented clubs in more than 30 cities worldwide.

Other runners, such Marcy Booth, have never heard of hashing and show up at the meetings without a clue what they have gotten themselves into.

"I work with Todd (Gathman, one of the Santa Fe club's charter members)," Booth said. "He convinced me to come with him tonight, but wouldn't tell me anything about it, just that I'd be running."

After a runner has been with the club long enough to establish a reputation, she or he is given a hash name.

ning farthest. In fact, the Hash House Harriers may be the only running club in the world in which running fast is a liability. The false trails serve as a democratizing influence.

"Often when you're running way out ahead, you think you know where you're going," said John Reeg, who had led the pack for the first 15 minutes of a recent hash. "Then you find out you're completely lost and you have to turn around and start over."

"For competitive people it can be a mind-blower because you can go from being the first to being dead last in about a minute. There aren't

Please see HARRIERS, Page 4

So far, the only Santa Fe Hasher who has earned a name is Gathman, now known as "Falsee," for his disappearing entirely in one recent hash after falling prey to a false trail.

The other hasher's names were obtained in other cities: There's Jeremy "Compassion Fruit" Yang and Kathy "Bonejumper" Garland, from the New Orleans hash, and Don "Zigzag" Zizic, late of hashes in San Francisco and Jakarta. Stachow's hash name cannot be printed in a family newspaper.

For devoted Hashers, the sport can become a way of networking with kindred souls throughout the world. Recent-

ly, Stachow attended a hash in Rome, Italy, and discovered more than 200 men and women as devoted to having a good time as he is. Stachow emphasizes that, although networking occurs and good will is created, the purpose of the hash is to have fun and let off steam, nothing more. Or in the words of Julia, who would not give her last name because, she said, she has a responsible job, "It's fun to engage in collective stupidity like this. Everyone should give this idiot a holiday every now and then and the hash seems like the perfect place to do it."

STRIDERS RUN RELAY AT THE PEN

On Oct. 3, Dale Goering, Ellen Stelling, Elaine Coleman and Dave Sneesby participated in the annual Rockland Park Relay Run at the New Mexico State Penitentiary. Five teams (15 inmates and 10 outsiders) ran varying distances around the pen's .4-mile track, after which coffee, juice, cinnamon rolls and fruit were provided.

Aaron Goldman, a Los Alamos runner who has been working with the Rockland Park club for over a decade, organizes the relay. After finding out shoe sizes of the top "insider" runners, he obtains running shoes as awards. If you would like to donate running shoes to inmate runners or learn more about Goldman's outreach effort at the penitentiary, call him at 662-5959.

SANTA FE STRIDERS

Membership Application

Name: _____

Address: _____

City: _____

State : _____ Zip: _____

Telephone: _____

Enclose \$15.00 for annual membership fees. Annual fees are due in January of each year, and membership runs through the end of December. If you are paying after July 1, the membership fees are \$7.50. Make checks payable to Santa Fe Striders and mail to P.O. Box 1818, Santa Fe, NM 87504.

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER 1992 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JANUARY 1993 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2 Striders Weekly Run Meet @ Plaza, 5:30pm	3	4	5 White Sands/ Alamogordo Marathon Clint Burleson 1-434-0594 OLD Reindeer Roundup 5K & 10K Betty White 1-822-0476
6	7	8	9 Full Moon ☉	10	11	12 Reindeer Run 10K, 2 mile Roswell Doris Callaway 1-622-8973 Arthritis Foundation-ABQ 5K Run/Walk, Martha 1-265-1545
13	14	15	16	17	18	19
20	21	22	23	24 X-mas Eve	25 X-mas Day	26
27	28	29	30	31		

NOVEMBER

SUNDAY	TUESDAY	WEDNESDAY	SATURDAY
1 56th Annual Hueco Mtn. Estates Texas Duathlon Champs. 5 mile run, 20 mile bike 8:00 El Paso, TX Flip L 1-577-9744 8 Yellow Ribbon Run 5K & 10K Dana Brown 1-867-9437 15 Re-Party Picnic/Meeting @ Kenny & Dale Gaering 983-6616 8:00-Fun Run 4:00-Potluck 22 29 Desert Princess Palm Springs, CA 3K run, 15K bike, 3K run 8:00am (619) 325-4059 (Fax)	2 Animal Humane Society 4 miles, Gills 1-268-6300 10 Meeting Rescheduled for November 15th Full Moon ☉	4 Striders Weekly Run Meet @ Plaza, 5:30pm 25	7 Society of Hispanic Engineers 5K & 10K Las Cruces 1-524-7824 14 Baylor Pass Trail Run 5.9 miles Las Cruces 1-524-7824 21 Fowl Day Run Fort Mancy Park Michael Guttman 984-8330 28 7th Annual Desert Princess Duathlon Champs. Series 10K run, 62K bike, 10K run 8:00am, Palm Springs, CA (619) 320-4341

OCTOBER 1992	DECEMBER 1992
S M T W T F S	S M T W T F S
1 2 3	1 2 3 4 5
4 5 6 7 8 9 10	6 7 8 9 10 11 12
11 12 13 14 15 16 17	13 14 15 16 17 18 19
18 19 20 21 22 23 24	20 21 22 23 24 25 26
25 26 27 28 29 30 31	27 28 29 30 31

November '92 Issue



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