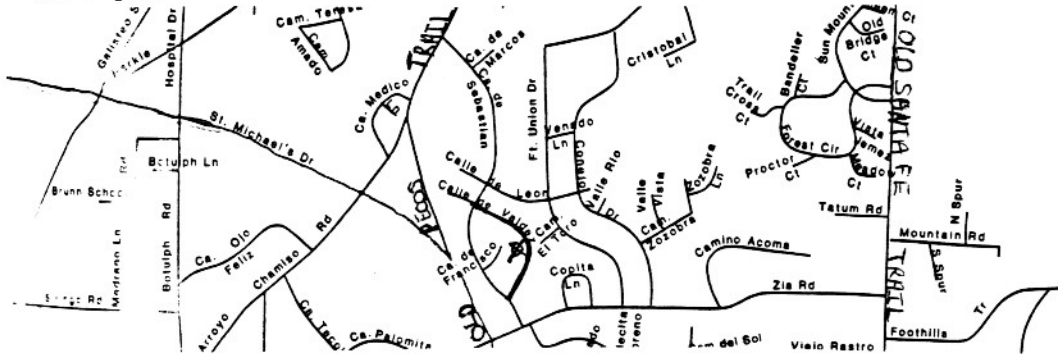


## Any 'Labor Day' Babies Among Us??

### Strider's Meeting - September 8, 1992.

Our meeting will be held at June Dickinson's house for the month of September. June's house is located at 608 Calle de Valdes, her phone number is 988-3428. The potluck starts at 7:00 p.m. and the meeting starts at 8:00 p.m.



N  
Skyfire Graphics

### Business Agenda Items for our Meeting

#### Pid Pad Up Tesque Peak

Jim Fisher wants to have a run up the Aspen Vista trail, 'Pid Pad Up Tesque Peak' on Saturday, October 10 and is willing to be 'in charge'. He's making preliminary arrangements with the Forest Service and would appreciate our Strider support and participation. If you're willing to help or have ideas, please call him at 471-2492.

#### Flame Spirit Run

The Flame Spirit Run is a torch relay promoting 'Peace Among Nations and Hope for the Children'. The Run will enter New Mexico on October 7th and be in the Santa Fe area on October 12th and 13th. You can assist The Flame Spirit Run by:

1.) helping to plan the route through your community; 2.) working with the local authorities to obtain necessary permission or approval; 3.) promoting The Run in your club newsletter; and 4.) providing the runners with meals or shelter while in Santa Fe.

### Race Results

#### La Luz Trail Run - August 2, 1992

A grueling uphill course, approximately 9 miles. A course where one should take care with their ankles! Some brave souls who did the course were:

Lyle Amer	1:29:21	Judie Amer	1:58.30
Chris Chavez	1:31.25	Beth Davenport	2:21.03
Dale Goering	1:50.30		

Jim Fisher completed 77 miles of the Leadville Trail 100 Miler. Nothing to sneeze at Jim!

Dale Goering participated in the Colorado Spring's Classic 10k race.

June Dickinson participated in the Jemez 5k race.

- Congratulations to all of us!! -

A HUGE thank you to John Pollak for his donation of a permanent scoreboard for our race results!!

August 14, 1992

Mr. John Pollak  
Santa Fe Striders  
P.O. Box 1818  
Santa Fe, NM 87504-1818

Re: The Flame Spirit Run

Dear Mr. Pollak:

The Flame Spirit Run is a torch relay promoting "Peace Among Nations and Hope for the Children." The Run represents the completion of the worldwide "First Earth Run" begun in 1986 on behalf of UNICEF, and is designed to instill pride in all children, especially Native American Indian runners, more than 75 of whom will help carry the torch.

The Run begins on October 4, 1992, from Haskell Indian Junior College in Lawrence, Kansas. From there, the torch will be carried in four directions from coast to coast and border to border. A more detailed description of The Run is included with this letter.

As a runner, I support the efforts of The Run and encourage other Road Runner Club of America members to get involved. Carl Sniffen, RRCA president says, "The RRCA is a strong advocate of running, including children's running. The Flame Spirit Run offers an opportunity to educate the public about children's running and to participate in a unique cultural experience."

The Run will enter New Mexico on October 7th and continue across the state on the route highlighted on the attached map. The Run will be held in your state from the dates of October 7th through October 15th.

You can assist The Flame Spirit Run by working with me and Run coordinators in: (1) planning the route through your community; (2) working with local authorities to obtain necessary permission or approval; and (3) promoting The Run in your club newsletter. As in any effort of this magnitude, any volunteers in your club who might be interested in participating are also welcome.

Enclosed is a description of The Run. Please let me know your ideas on how your club can assist the runners on their journey through your area.

Sincerely,



Bob Hickman  
Vice President Kansas City Road Runners

SOUTHWEST REGION				
DATE	EVENING ARRIVAL DAWN DEPARTURE	APPROXIMATE MILES TO NEXT DESTINATION	DATE	MID-DAY ARRIVAL
	DINNER LODGE BREAKFAST			LUNCH
10/7	Clayton, NM	REST	10/8	Clayton, NM
10/8	Clayton, NM	39	10/9	Gladstone, NM
10/9	Springer, NM	25	10/10	Cimerron, NM
10/10	Eagle Nest, NM	10	10/11	Agua Frio, NM
10/11	Taos, NM	24	10/12	Velarde, NM
10/12	Santa Fe, NM	REST	10/13	Santa Fe, NM
10/13	Santa Fe, NM	63	10/14	Albuquerque, NM
10/14	Grants, NM	75	10/15	Zuni, NM

Number of Persons:    Runners: 12    Crew: 10



## PID PAD UP TESQUE PEAK PPUTP

### AN INTRODUCTION TO MOUNTAIN RUNNING

For those runners who have not run up Pike's Peak, over Imogene Pass, or up the La Luz trail, we give you a short easy introduction to mountain running.

**LOCATION:** Start at Aspen Vista overlook about 1&1/2 miles below the Santa Fe basin. The route will follow the Aspen Vista forest service road thru the Santa Fe National Forest up to the radio communication site at the top of the Santa Fe ski area and return back down to the start. Distance: 5.8 miles one way, 11.6 total.

**DATE & TIME:** Saturday October 10 at 8 AM Santa Fe Time

It is intended that this event occur whether the weather be pleasant or miserable. In the event of seriously deep snow or icy hazardous conditions, a decision will be made in conjunction with the National Forest personnel at the race site on the morning of the 10th.

**DIVISIONS:** Ten year age brackets as follows; Young Tiks, Whooper Snappers, Hot Shots, Been Around The Block, Grey Around The Edges, Old And Honorable, and Ancient And Venerable

**AWARDS:** Trophies for male, female, and other, 3 deep, each age division  
Overall winners get something different

**FEE:** \$10 Please enter early, 'so we can buy the trophies'.  
The proceeds from this event go to benefit the runners who enter it;  
in the form of a 'fun' event and nice trophies.

**INFO:** Jim Fisher  
471-2492

**ENTRY:** Rt 14 Box 199G #14  
Santa Fe, NM 87505

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Sex: \_\_\_\_\_

Phone: \_\_\_\_\_

**Waiver:** I realize that this event involves high altitude athletic activities with potential medical hazards, such as endema, which could lead to incapacitation and death. I realize that mountain running involves hazards which can easily lead to broken bones, wrenched backs, concussions, paralysis, and death. I realize that I do not know all the potential hazards associated with an event of this nature and that the race organizers might not bring unknown hazards to my attention. I am aware that there will be no medical personnel at the run site and to locate such persons and to bring them to the site will involve a long time delay. I am aware that should I need to be evacuated from the site, this will involve considerable time delay and great expense. Knowing these things, I still am voluntarily of my own free will and at my own risk entering this event.

Knowing these things, I hereby for myself, my family, my friends, relatives, heirs, attorneys, agents, etc. do release the organizers, volunteers, and sponsors of this event, the USDA Forest Service, and Ski Santa Fe from any and all liability for anything undesirable which may occur to me as a result of my participation in this event. I further hereby authorize the organizers of this event, at their judgement and my expense, to obtain medical personnel for me and/or to transport me to a medical facility as might appear to be necessary. Finally, I know that entering this event is a stupid thing to do but I am going to do it anyway.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

### SANTA FE STRIDERS

#### Membership Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State : \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Enclose \$15.00 for annual membership fees. Annual fees are due in January of each year, and membership runs through the end of December. If you are paying after July 1, the membership fees are \$7.50. Make checks payable to Santa Fe Striders and mail to P.O. Box 1818, Santa Fe, NM 87504.

# OCTOBER

## SUNDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

SEPTEMBER 1992							NOVEMBER 1992						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30					

4 Corrida de Tacos  
5K & 10K  
Gil's 1-268-6300

11 Bud Light  
International Classic  
5K & 2 mile w/r  
\$25.00  
El Paso, TX  
(915) 533-4416

18 Run for the 200  
5K & 10K  
Denver, CO  
(303) 1-3587

25 56th Annual  
Hueco Mtn Estates  
Texas Duathlon Championship  
5 mile run/20 mile bike  
El Paso, TX (915) 779-4711

ARR  
Dirty Dozen  
12K  
Paul Grosvenor  
1-881-4673

Tour of ABQ  
Marathon & Relay  
Gil's 1-268-6300

Micholabo  
Halloween Classic  
50 mile bike ride  
George Brooks  
1-277-5423

5

6

7 Strider's  
Weekly Run  
Meet @ Plaza, 6:00pm

8

9

10 P'd Pad Up  
Tesque Peak  
Meet @ Aspen Vista  
@ 8:00am, \$10.00  
Jim Fisher  
471-2492

17 NM Racewalkers  
10K State  
Championships  
Dix, 1-242-3713

Black Canyon  
Rim Run  
7 mile race - 8:30am  
Black Canyon Natl.  
Monument  
(303) 249-8536

Tour Encantado  
Bike Ride  
Oct 10 & 11  
Jeff Ferguson  
1-842-6767

Shavano Valley  
Half Marathon,  
2 & 4 mile walk/run  
Oak Grove Elem. School  
Montrose, CO 9:00am  
(303) 249-3344

13

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28 Meet @ plaza,  
5:30 pm

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31

# SEPTEMBER

## SUNDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

6 Enduro Classic  
5K & 10K run, 5K walk  
Trinidad, CO  
Joette White  
(719) 846-9881

13 South N.M.  
State Fair 10K  
Las Cruces  
1-524-7824  
10th Annual Taos Triathlon  
800 m swim/20K bike/5K run  
Taos Sports Court Club  
1-758-1980

20 Carrie Tingley  
Bun Run 5K & 10K  
Karen Turner 1-243-6626

Santa Fe Duathlon  
Shane Cleveland  
1-255-8425

27 Love Race  
Duke City  
Marathon, 1/2 M.  
20K walk, 5K run/walk  
888-2448

7 Santa Fe Trail Run  
5K & 10K Run  
Gil's 1-268-6300  
Turtle Run Marathon  
Roswell, NM  
Davis Gullerud  
1-622-8973

Run & Roll for Rehab.  
5K & 10K run, 1 mile walk  
Ida Gonzales 766-4725  
15 Annual Embury Circle  
Bike Tour Red River  
1-800-348-6444  
8:00 a.m.

Turquoise Trail Ride  
David Oberg  
1-881-0844

Santa Fe Trail Bike  
Tour - Albert Gonzales  
984-6864

11th Annual William Bonney  
Duathlon  
5K run/30K bike/5K run  
Mandy Clark  
1-678-5949  
White Sands Bike Range

8 Strider's Meeting  
@ June Dickinson's  
608 Calle de Valdes  
988-3428  
7:00pm pchuck  
8:00pm meeting

Spike Ride  
Sidney Mallard  
1-247-1191  
Tri-Glenwood Triathlon  
825 m swim/15 mile bike/5 mile run  
Hot Springs and Glenwood, CO  
Becky Reynolds  
(303) 928-0635

Backcountry Triathlon  
1000 yard swim/10 mile bike  
10K run 7:30 am  
USC Campus Pueblo, CO  
Eric Vestebey  
(719) 549-2586

2 Strider's  
Weekly Run  
Meet @ Plaza, 6:00pm

9

16

21

30

3

10

17

24

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4

11

18

25

31

5 Northern N.M.  
Bike Trek for  
American Lung Association  
John Vitale  
1-265-0732  
Sept 5, 6 & 7th

12 Imogene Pass  
Run, 15 miles  
Ounny to Telluride  
6:30am-walkers  
8:30am-runners  
1-800-218-1876  
1-800-525-3455

19

26

Payson Tin Man Triathlon  
5 mile swim/10K run/40K bike  
Spring Lake, Payson, UT  
Joe Worthen 7:30am  
(801) 465-6031

4th Annual Top of N.M.  
Mountain Bike Race  
Enchanted Forest,  
Red River, NM  
1-800-348-6444  
Full Moon

27 Rock Creek  
Marathon & Half  
Englewood, CO 8:00am  
(303) 792-3600  
← Sunday →

AUGUST 1992							OCTOBER 1992						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												



Santa Fe Striders  
Post Office Box 1818  
Santa Fe, New Mexico 87504  
Mile Markers

Sept. '92 Issue