

Ok Striders, the heat is on. On October 13, The Albuquerque Roadrunners, the Atomic City Roadrunners and the Santa Fe Striders (The Good Guys), are going to have a Triangular Cross Country meet. Last month, Susan Rush, our President, Mike Guttman, Mark Manges, Atomic City's President, Paul Grosvenor, ABQ's President, Paul's wife (I can't remember her name) and myself, met at the Ore House to try and put together a low-key, high-fun event.

We will be the host club for this year with it rotating every year from club to club. The host club will provide the drinks after the race (what kind of beer do you want?). We would like to make this a family type event and have a picnic afterwards, so everyone should bring a dish and their own forks, spoons, glasses, etc.

We will have a mens and womens team title, and a predict your time event. Normal X-country rules will apply, whichever team has the least number of runners will determine the team size. We will need to have a good turn out for this event. I hope that every takes this as a fun event as it is not something to pit one club against the other, but more of an event to bring our clubs together to have a good time.

Hope to see you there!!

Tom

The Santa Fe Mile:

I would like to have a Strider fun run on September 8th at 8:00 am. It will be called the Santa Fe Mile and be held at the Valdez Industrial Park. There is a loop at this park that is almost a perfect mile in distance. The Park is on the south end of Santa Fe across from the Villa Linda Mall and by the Police Dept and Federal Express office.

There won't be an entry fee and will be open to anyone that wants to run. We will use the clubs chrono for accurate timing. Don't look for T-shirts or age group awards, but there might be a few items given out.

Tom Stow

UPCOMING RACES:

Aug 5- La Luz
9 mile mt run
Kathy Fones 255-0299

Aug 11- Santa Fe's
Womens Run 5K, 8 am
Entry forms at
Gardenswartz

Aug 12-Indian Ceremonial
Half-Marathon & 5K
Gallup, Tony 722-5298

Aug 12- Master Runners
Magic Mile
Pete Dowrey 293-1995

Aug 19- Chilili 5 & 10K
Gil's 268-6300

Aug 25- Lobo Run 5 & 10K
3K walk, ABQ
Judy Sparacino
765-4623

Aug 26- Pueblo of Jemez
Half-Marathon
Steve Cachupin
834-7359

Sept 3- Santa Fe Trail
Run, 5 & 10K, 2 mile
walk, Gil's 263-6300

Sept 8- Santa Fe Mile
Valdez Industrial
Park, 8 am
Tom Stow
471-4722

Sept 23- Duke City
Marathon and
Half-Marathon

Oct 13- Cross-Country
meet. Site yet
to be determined
will start at
10 am

We've had a few more runners at the Wednesday night runs at the Plaza.

Remember that we take off around 6 pm or so.

It's been nice to see some old friends coming back to run with us again.

Albuquerque Road Runner
1990 Women's Distance
Festival 5K Results:

Diana Best 2nd 35-39
11th overall
20:52

June Dickinson 1st 55-59
23:04

Kenny Goering 2nd 55-59
25:10

Ellen Stelling had
Susan Rush fun