

Mile Markers

The monthly newsletter of the *Santa Fe Striders*

If this is June, it must be
Run-Around
time again. It is, so call
Greg Ohlsen at 984-8264 to
volunteer for the June 3
event, the biggest one of
the year for the Striders.

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ith the June 3 Run-Around taking up most of the active members' time and energies, we'll forgo a June meeting and a fun event. I do, however, need a fun-run sponsor for July; call me at 989-7324.

It's good for my fragile ego to be missed - and a couple of you actually noticed my absence from Wednesday nights. Travel hither and yon certainly makes one realize the virtues of running in Santa Fe: Relatively cool, clean air, and hills — for beauty and the down part.

Until you go there in our recent heat waves, you cannot believe how hot it is in Las Cruces and Tucson (but someone wanted to pay me to talk as opposed to most people who appear more ready to pay me to shut up).

I did appreciate the nice bike/running path around the park/golf course in Tucson — but right beside the main streets! Bumper-to-bumper diesel buses, or so it seemed.

New Orleans has many virtues (uh, make that vices) to offer, but the only positive note to running there in 80° heat at 7 am with humidity of 102 is the high oxygen level. Bourbon Street, by the way, is clean at 7:15 am but more interesting later in the day.

Cecil J. Smith

Run/Walk Against Cancer

The American Cancer Society has scheduled a 12-hour run/walk to battle the disease and you can help by participating in the battle! Eight- to 10-member teams will tackle Santa Fe High School's track and compete against each other for the most money raised and for distance traveled. Each team member is required to raise a minimum of \$100 through pledges and sponsorships.

The run/walk begins at 7 am on Saturday, July 22 and will progress for 12 hours. Funds from the 12-hour Sun Run will help support the American Cancer Society's programs.

For more information, call the American Cancer Society at

Page 2 988-5548 or call Sandy Macias after 5 pm at 473-4707.

Recent Results

Saturday, June 3

Santa Fe Run-Around, 8 am on the Plaza, Santa Fe.

Sunday, June 4

Duke City Masters Track and Field continues, Albuquerque. 265-8234.

Leroy Bearman 5-mile and 2-k, Albuquerque. 884-6787.

Camino Entrada 25-mile bike ride, Santa Fe, 10 am. 984-6864.

Saturday, June 10

Carlsbad Kiwanis Triathlon. 885-0350.

Sunday, June 11

Runners Pentathlon, Albuquerque. 821-2454.

June 12-18: Tour of Gila Bicycle Race, Silver City. 538-5781.

Saturday, June 17

Hilltop Run, 10k, 5k, 1-mile, 100-meter diaper dash, Los Alamos. 662-8170.

Rio Valley Festival Triathlon, Belen. 864-8091.

Sunday, June 18

Triple Crown 10k Father's Day Run, Gallup. 863-5568.

Firefighter Father's Day Run, 5k & 10k, Albq. 268-6300.

Saturday, July 1

Smokey Bear Run 10k and 2-mile, Capitan. 257-4900.

Sunday, July 2

Highpoint Firecracker 5k, Albuquerque. 881-1111

Coors Light Biathlon: 5k run, 30-mile bike, 5k run. 266-9312.

4th of July Midnight Run, 4 miles, Albuquerque. 268-6300.

Lorenzo Garcia on Cinco de Mayo

Lorenzo Garcia ran the Cinco de Mayo 5k in Las Vegas, New Mexico, in 18:10, earning himself a third overall and first in his age group. Congratulations!

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Santa Fe Striders
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NOTICE

This is the next-to-the-last newsletter that editor John Arnold will produce. If you'd like to tackle this wonderful and fulfilling job, call Cecil Smith at 989-7324. Really, it's fun, but I have neither the time nor the inclination to continue doing it.

Fun runs begin at 6 p.m. on the Plaza.