



# MILE MARKERS



December 1, 1987

Volume 9, Number 12

*We Give You the run-around*

PO Box 1818, Santa Fe, NM 87504

President: Dale Goering, 988-6616 Co-editors: John Arnold, 988-3061; Greg Ohlsen, 988-2091

"Don't oppose forces; use them"... Buckminster Fuller

## Newsletter Editor Retires

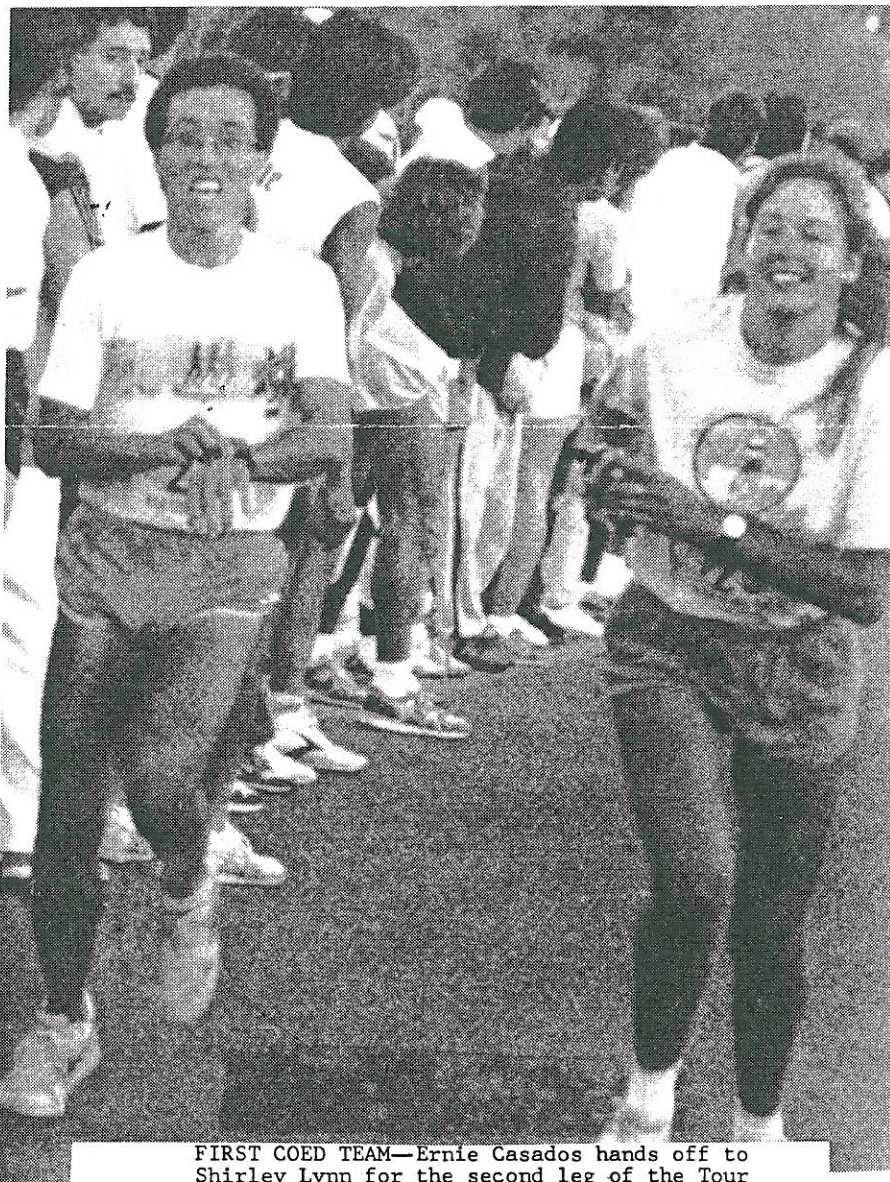
After two years of futzing around with the computer and being stressed out by deadlines (this one being a classic) I am going to quit doing this newsletter. I have had lots of help but alas I feel it is some one else's turn at the helm.

So once again the call for a volunteer or group of volunteers goes out. If you think you could help, let some current or future officer know at the Christmas meeting or call me (988-2091). I am willing to provide the computer and technical assistance to my successor. Also your subscription to the club and newsletter ends with the year. You will receive the January newsletter (I'll do one more) gratis and after that you will be purged from the mailing list. So use the entry blank on the cover to renew and with a little luck the newsletter will keep coming to you.

I'd like to thank Jerry Dorbin whose tireless work has produced the schedule and results, John Arnold for those mysterious quotes, Ellen Becker for her writing and editorial help and everyone else who has made a contribution.

I know you will be reading about the Christmas Party and wondering how you can make a reservation by the 14th of December when it is already past that date. Well please call George right now (471-4317) with your reservation so that I don't look any worse for my delinquency.

*Greg Ohlsen*



FIRST COED TEAM—Ernie Casados hands off to Shirley Lynn for the second leg of the Tour of Albuquerque Marathon relay. With these two starting, George Croshaw running third and Danny Anaya taking the last two legs of the intended five-person team, the Striders were first place coed team.



**STRIDER CHRISTMAS BANQUET**

DATE: December 22, 1987  
 TIME: 7:00 PM  
 LOCATION: Legal Tender Restaurant in Lamy

**Menu Choices**

Chicken Breast	\$ 9.95
Red Snapper Veracruz	\$12.65
8 oz. Sirloin	\$10.95

All of the above include a trip to the salad bar, bread, potato or rice and coffee or tea. This price does not include booze, tax or an 18% gratuity (set up fee for large groups) so add those items in your cost.

Reservations are required and must be called in to George Croshaw not later than Monday December 14. Telephone 471-4317. Please let him know number attended. We are required to give a deposit of \$5.00 per person (which the club will do) but if you indicate you are coming, please don't back out as it will cost you \$5.00.

This is a very fine time of fellowship--bring your spouse or date and help us get into the Christmas spirit. We are also electing officers so come and protect yourself.

Please don't be late--give George a call 471-4317 before December 14 so all the proper arrangements can be made.

As the year draws to a close I wish to thank all the people who were so cooperative during my term of office. Thanks to George, Ellen and especially to Greg Ohlsen for the many hours he spent on the Newsletter each month. I have heard a lot of good comments about the Newsletter. Thanks also to the race directors for the various races put on by the club during the year. It has all been appreciated.

I am sure your support for new officers will again be appreciated.

Thanks, and a Merry Christmas.

*Dale Goering*

**REPORT ON THE 1987 HAVE A FOWL DAY RUN**

Fowl day run race director, John Arnold, reports that this year's race attracted the second-highest number of runners in its seven years history with 131 finishers crossing the line on a beautiful day with little wind, warm temperatures, and no snow. Only the inaugural event of 1981 had more runners, John says, when 141 finishers made it over the course. And, he said, this year's race once again made money.... \$1.75 to be exact.

The total monetary contribution from sponsors to the Striders for this years race was \$360.00, which represents \$300.00 from the New Mexican and \$60.00 from Ogelvies. The restaurant also contributed \$10.00 gift certificates for the award winners, which brought their total contribution to \$100.00.

The total expenses for this years race were \$358.25 which means the Striders made \$1.75 on the event. (Hey this is a charitable production and when you can do it all and still make a buck, well hooray!)

With 131 finishers for this years run the total expenditure per runner was less than \$2.74, a reasonable figure considering the nature of the race and its low key approach.

*John*

**REPORT OF THE NOMINATIONS COMMITTEE:**

Ernest Casados for President;  
 June Dickinson or Cathy Morlock for VP  
 Ellen Stelling for Treasurer

Nominations from the floor will be welcome and the vote will take place at the Christmas Party.

**5K with the Run-around?**

Chuck Meritt called to ask that holding a 5K with the Run-around be put to a vote in the newsletter. Since this has been done before, and it is hard to get a response, I am declining to do it. However if there is a resurgence of interest let us discuss it again in a meeting.



## Tour of Albuquerque Marathon Relay Aftermath



LOOKING RELAXED after the Tour of Albuquerque Marathon and relay, several member participants sprawl in San Gabriel Park. The club fielded five five-person teams and one individual entrant. (Official Striderfoto by June Dickinson)

### =RECENT RESULTS=

LOYOLA CROSS-COUNTRY 8K (Westchester, Calif.)—Mary Nichols, 1st woman masters and fourth woman overall in 33:30 on a rough course.

NISSAN 5K, (Newport Beach, Calif.)—June Dickinson, 1st woman masters, 21:57.

HAVE A FOWL DAY RUN (also considered something of a rough layout)—Mary Nichols, 1st overall woman, 23:30; member Ray Sosaya, running with daughter Annie, 5, last male runner. Biggest turnout since first year. Another congratulations to John Arnold, and self-pat, as well, to members who helped.

GIL'S HALLOWEEN COSTUME 6K—Jerry Dorbin, best male costume in a huaraches and sombrero p.r. of 35:28.



=COMING EVENTS=

DEC. 12—First Holiday Bowl Marathon & 10K, Balboa Park, San Diego.

DEC. 31—Coors Resolution New Year's Eve Run, 10:05 p.m. from Washington Park, Denver. (303) 433-8383.

JAN. 1—Gil's Wring-it-Out New Year's Morning 5-Miler, from North Fourth and Grecian Way, Albuquerque.

JAN. 16—Corrida de los Locos, 4.6-mile come Hell or high snow at 10 a.m. from Frank Ortiz Park (top of Camino de las Crucitas) above Casa Solana. Dirt roads-and-trails loop. \$8 ahead of time; \$9 race-day includes long-sleeved tee shirt with customary stupendous Intermountain Youth Center art work.

FEB. 13—Mount Taylor Winter Quadrathlon, Bike, Run, Cross-Country Ski and Snow Shoe for 50 miles tot. P. O. Box 85, Grants NM 87020. (505) 285-6969. \$35.

APR. 18—Boston Marathon. Hopkinton, Mass.

NEW YORK MARATHON—Dan Cron, p.r. 3:06:39.

WEST MESA 8K, Rio Rancho—Andy Anderson, 2nd man 30-39, 29:11; Ted Atkins, 34:40; Jerry Dorbin, 37:52.

CHARLIE BLACK MEMORIAL 3.7-MILE—Danny Anaya, 3rd man 30-39, 21:18; Dave Giles, 23:55; Ted Atkins, 24:17; Tim Burrell, 24:41.

EL PASO INTERNATIONAL 15K—Pam Roy, 1:08.

HEART OF SAN DIEGO MARATHON—Ken French, 3:03:35 in his first marathon.

HUMANE SOCIETY 6K—Ted Atkins, 4th man 25-29, 24:17.

NEW MEXICO TAC AGE-GROUP 3K CROSS COUNTRY—Natalie Casados, 6th girl 10-11, 14:46; qualifies for western regionals.

WESTERN REGIONAL TAC AGE-GROUP 3K CROSS COUNTRY—Natalie Casados, 15:25, qualifies for nationals.



\*\*\*\*\* 4.6 MILE RUN \*\*\*\*\*

Open to Runners of All Abilities

SATURDAY MORNING, JANUARY 16, 1988 - SNOW OR SHINE

Sponsored by Tom's Sports and the Santa Fe Striders

TIME: 10:00 a.m. Sharp

START & FINISH: Casa Solana/Frank Ortiz Park (near City Dump)  
4.6 Mile Run -- Electronically Timed

POST RACE REFRESHMENTS

AWARDS: Trophies to first male and female finishers  
Ribbons to first five finishers in each age group  
Full-length-sleeved T-shirt to ALL finishers

AGE GROUPS: Male and Female

19 and under  
20 - 29  
30 - 39  
40 - 49  
50 and over

ENTRY FREE: \$8 by mail in advance; \$9 Race Day

RACE DAY REGISTRATION: 9:00 a.m. to 9:45 a.m.

For more information call David Giles at 988-9846

#### ENTRY FORM

IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY, I RELEASE ALL SPONSORS, WORKERS, AS WELL AS THE CITY OF SANTA FE, NM OF LIABILITY FOR ANY INJURY INCURRED. I CONFIRM THAT I AM PHYSICALLY FIT AND SUFFICIENTLY TRAINED TO PARTICIPATE IN THIS EVENT.

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

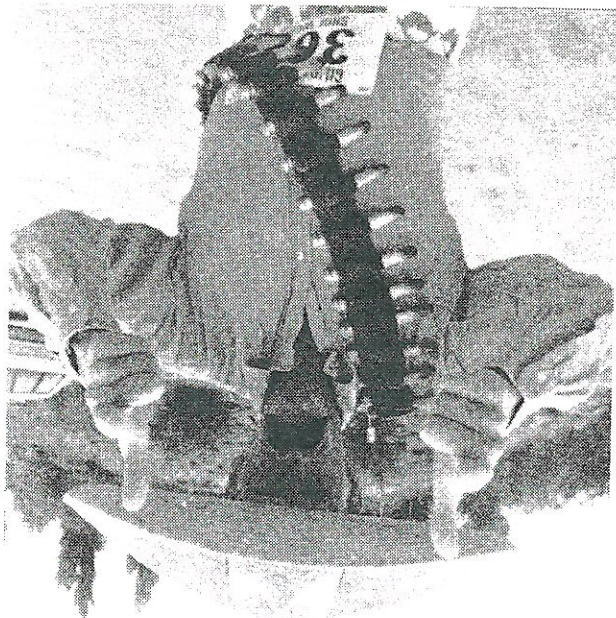
Signature \_\_\_\_\_ T-shirt Size (S) (M) (L) (XL)  
(Parent if under 18)

Make checks payable to: CORRIDA DE LOS LOCOS

Mail to: Corrida de los Locos  
P.O. Box 426  
Santa Fe, NM 87504



PANCHO VIEJO



87504

NM

Santa Fe

P.O. Box 1803

Jerry

Dorbin

Santa Fe Striders  
PO Box 1818  
Santa Fe, NM 87504



## SANTA FE STRIDERS

### 1988 Membership Application

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_

Enclose \$10 annual dues. Make checks  
payable to Santa Fe Striders and mail to  
PO Box 1818, Santa Fe, NM 87504.

**Your last newsletter will be January of 1988 without renewal.**

Pass this membership application around !

*Fun Runs now begin at 5:30 pm on the plaza every Wednesday!*