

June 3, 1984

Vol. 3, No. 6

P.O. Box 1818, Santa Fe, N.M. 87501

OKAY, EVERYBODY, LISTEN UP:

June is the big month on the club calendar. Two run/social/business gatherings in the next few days, followed by the major Strider-produced road race of the year, the sixth annual 10K Run-Around from the Plaza, on the 23rd.

Members have talked for a long time about joint activities with the Roadrunners, the other running club of Santa Fe. Now, thanks to Tim Burrell, we'll have a run and picnic with them, from Aspen Vista, this coming weekend. A club business meeting and potluck follows on the evening of the 12th, at Dale & Kenny's. See accompanying calendar for details on all of the above. All members always welcome. You paid your money; don't be shy.

Since the next three months bring most of the local races of the year, we've extended the monthly schedule on the final page of this report to include, at least in outline form, several events through July. The better for you to anticipate training needs or travel plans. Also further details or announcements in the newsletter on possible group activities that might require advance planning or training. Such as:

The 'traveling team' has talked of sending a big group to the Humboldt Redwoods Marathon (and half marathon) in northern California, in early October. We mention it now because anyone who's going to train up for a marathon needs several months' notice. (Except, perhaps, Cathy Quintana, who continues to run on a knee and back injured in a recent car accident.)

Since Mary Nichols is under doctor's orders not to fly (flying causes her consternation), we're exploring the practicality of renting a large motorhome and making a show of force on the Avenue of the Giants. Dorbin figures if eight or ten people make the trip, vehicle rental, fuel, insurance, food and Coors would come to less than \$60 per person for a five to six-day expedition. If we didn't stop to shop at Lake Tahoe, the only other major expenses would be meals in restaurants, or any one or two nights in motels along the way or at the Redwoods.

We could drive almost straight thru, with Mary in charge of driving, auto maintenance and dishwashing (chorus, in unison: Women's Work!); leaving the rest of the team free to stop every four hours for light stretching and refreshment.

Dorbin suggests anyone seriously interested start upping

By ad hoc vote at a rump session (no wise cracks) between monthly meetings, we contributed toward Tony Sandoval's travel expenses to the Ólympic Marathon trials. The bad news is, he failed to qualify for the marathon this summer in Los Angeles. The good news is, we're very proud of his sixth place finish in a powerful field; and he may yet get to the Olympics, via the 10,000-metre trials in a couple of weeks.

Pres. Sally sends her thanks and credit to all who worked on the Corrida de los Niños, especially Dave Giles, Tim & Maureen and Barry & Michelle, for their hard work. The first annual Corrida, two weeks ago, was well received and a great success. We had almost 200 entries, falling short of what Dave hoped for, but the kids had a good time. We'll build it

Tim ran a bristling 37:44 at Bolder Boulder, squirming through some 25,000 entrants. Dede and Dennis ran who-knowswhat at Bay to Breakers, with an even larger field to negoiate. Dennis came back with a brainstorm: Centipede entries in the Run-Around. So if you want to be in a centipede, yoked together by rope or costume instead of running a conventional race, get together with a team of friends and let Dennis know. And spread the word, so there'll be several worms in the race.

Other news: Race workers party won't be on the night of the race, but on some later date, when we can reserve a shelter at Hyde Park, sez Race Director. June Dickinson ran another p.r. at Save the Jemez 10K, with a 49:44, good for second place in her age. Daughter Anne was overall femme winner at the Jemez two-mile in 12:48.

Anne finished fourth in the state high school 3,000 metre championships earlier in the month. Margie Wurst stumbled at the start, got up and finished fifth. Anne, Margie and the rest of the Wursts also cleaned up in the Corrida.

John Arnold ran another p.r. marathon, tossing off a 3:41:20 at the Mile-High in Denver two weeks ago. As of a day or two ago, John had run at least a couple of miles a day for 215 straight days. Bill Forsyth won the Div. III open (and presumably also age group) men's shot put at the Corporate Cup relays in Albuq. Bill Earl declined to state time at Jemez; only that he hoped he "..finished somewhere in the middle of the pack." MOLLY NEEDS VOLUNTEERS TO HELP WITH 'Open Hands' SENIORS FIESTA, June 13. CALL HER AT PRO-GRAM OFFICE at 982-4258. Cathy Q. was second woman overall at New Mexico's Finest race in Albuq. four weeks ago, missing first by one second! =schedule, next pg.=



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=COMING EVENTS=

- JUNE 9-Espanola Valley Sun Run, starts and finishes at Espanola Jr. High track. One mile at 8:30, Three at 9 a.m., Six at 9:30. Male & Female, 11 age groups; info Shoeworks at 534 Riverside Drive. Take along Run-Around blanks.
- JUNE 10-Joint Strider-Roadrunner mountain run & picnic from Aspen Vista on Ski Basin road. 8:30 a.m. Bring your own victuals and beverages and hike or run alone or with others, for whatever length you wish. Tough 16mile mountain dash planned for the real he-persons. Picnic afterward in the shade near Aspen Vista. Tim Burrell offers to coordinate car pooling. Office Ph. 988-5564; res. 471-3041.
- JUNE 12-Run, pot-luck and Business Meeting, Kenny and Dale's home off Old Vegas Highway. Turn left onto the second entrance to Ute Circle (approximately opposite signpost for Nine Mile Road). Second driveway on left (carved wooden sign). BYO grub and drinks.
- JUNE 17-Taos Marathon and Marathon Relay. Relay includes 4x5mi. and a fifth person running last 10K. At least one Strider relay team planning to enter. Take our entries.
- JUNE 23-Sixth annual Santa Fe Run-Around 10K road race, sponsored Plaza Ore House, Sunwest Bank and Alpine Sports. Starts this year at 7 a.m. Begins and ends on the Plaza. Turn 0 yourself in to Dennis or come to the potluck on the 12th (see above) to work on race. More than 60 entries had been received by June 1; basic goal: to top 400 runners.
 - JUNE 24-NM TAC 15K outdoor championships; Albuquerque
 - JUNE 24—Leadville Marathon (from 9,600 to 10,150 feet). For info write Timberline Campus, Colorado Mountain College, Leadville 80461.
 - 3-Midnight Fourth of July Run, 7K, 11 p.m., UNM Main Campus, JULY Albuquerque.
 - JULY 7—Los Alamos High-Altitude Mini-Marathon 5K and 15K; High-Altitude Track Club, Box 298, L.A., or The Finish Line, in Santa Fe or Strings & Spokes, L.A.
 - JULY 21—Big Brothers/Big Sisters 5K & 10K, Smith Park, Santa Fe. 22—Prospective date of Santa Clara Crafts Fair 10K.
 - - 28-Raton Summer Run 10 mile & 5 mile. Raton Chamber of Commerce, P. O. Box 1211, Raton 87740; 445-3689.