



*We Give You the Run-Around*

February 3, 1984    Vol. 3, No. 2    P.O. Box 1818, Santa Fe, N.M. 87501

### The Word According to Gorp:

February club business meeting at 7 p. m., Tuesday night, Feb. 14. Topics will be silk screening of logos on team uniforms, and early plans for the 1984 Run-Around. We will meet at Quinn & Co., 116 East Palace. Arrive by 5:30 if you want to run before the meeting. The community room at First Northern Bldg. is no longer available, so we will meet at Quinn & Co., until someone has a better alternative.

The Valentine's Day scheduling suggests an appetizing theme for the meeting, like red beer or cinammon or red chili-flavored popcorn. So BYObeer, and we'll try to make the new president furnish gourmet popcorn or heart-shaped biscochitos.

Lois Stouffer will describe what's involved in silk screening the Strider name or logo on shirts, singlets or warmups, and will design and cut stencils for same. Then, whenever a member wants his zoot suit emblazoned SANTA FE STRIDERS, he or she can leave it with Lois with a nominal sum to cover ink, etc., and she can print on it. Eventually we will have ourselves outfitted in team uniforms.

The sixth annual Santa Fe Run-Around is set for June 23rd, subject only to final approval by the city. That is the other subject of the business meeting; and Dennis will up-date us on early plans and maybe hand out some committee assignments. So turn out for the meeting and give him your input.

Paid-up new or renewed club memberships had reached 50 by the weekend. That's about par for this time of the year, or even ahead of last year, when we ended up with 80 members. Reenlistment always falls off at the turn of the club year, then builds back up throughout the year; particularly while we're busy with the Run-Around, and when Run-Around entrants get interested in the club because of the race.

A reminder that this is the last complimentary bulletin to former members and prospects, sent to encourage their joining. For the convenience of any who haven't renewed and wish to, another copy of the membership form appears at the end of the newsletter.

Also keep in mind that the increased (\$10) dues include

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family, so if you have two or three members in one household, you're getting the supernumeraries in at a bargain rate. (No constitutional decision yet on the community rights of POSSLQs.) We have an interesting speaker in prospect for the March meeting, so read your newsletters. Also hope to have a revised club membership roster updated in time for inclusion with the March mailing.

Membership news: A note and proffered article on fitness from Dr. Dave Macias of DeKalb, Ill. Probably too long for the usual format of this vehicle, but we have it on hand for anyone who wants to read it or who has a suggestion for a medium of publication. Member Dave is Jimmy's brother. He and Sandy Dorbin of northern Calif., Richard Dorbin of Maryland and Barbara Backer, our summertime resident and Visitor from the Mystic East (NYC) are our farthest-flung members.

Club founder George Linn reports in from Colorado with his membership renewal. If we can keep his zip code straight on our mailing list, we'll get him his newsletters. Shyness and mediocre performance make your editor reluctant to mention it, but we have one race result to report in this issue: Jerry Dorbin, first, men 50-59, Polar Bear 10K, Roswell, Jan. 28, 47:30. Keep those cards and letters coming!

And speaking of memberships, Dennis and maybe Jerry fear that they have had \$5 or \$10 in their pockets for six months... cash given them under conditions (while in their skivvies at races) where they couldn't keep track of who handed it to them. So if you've heard someone beef that the club stiffed him, let us know so we can give him a free ride for '84.

We've added runners' shops, newspaper sports departments and our sponsors to our permanent newsletter mailing list, to maintain interest in what we're doing. We've also sent the January and this edition to other friends, here and there.

Bill Forsyth has had his training interrupted for a month by the flu or the kissing disease. He threatens, nevertheless, to compete in the jumping events at the Corporate Cup meet in Albuquerque, next weekend (see accompanying schedule). Under his alter ego, Forsyth Studios of Pecos.

The club now owns a copy of Track and Field News' Little Green Book (this is what comes of belonging to a high-toned and solvent jogging club?) It converts miles into kilometres, tells the sea level equivalent if, for example, you ran a 38:42.7 10K at 7,000 feet, etc. The booklet is currently in Dorbin's possession, if you want to see it. All suggestions welcome as to who should be custodian. Maybe we'll have a clubhouse or club library in ten or fifteen years.



### UPCOMING EVENTS

- Feb. 11—Valentine's Day Couples Run, 3mi., UNM North Golf Course. Info, UNM Intramurals, 277-4346.
- 12—NM Masters Fairgrounds Run-Around, 2½ and 5mi. for all sexes, 40-and-up. Info, Sun Sports, Albuquerque. Entry forms at Quinn & Co. SF office.
- 12—NM Corporate Cup team indoor meet, Tingley Coliseum, Fairgrounds. Info, Duke City Dashers (entry deadline, Feb. 4). Forsyth Studios and Pong Catering prospective entrants.
- 19—NM TAC 5K outdoor championship (moved from January). Kit Carson Park, Albuquerque. Info, TAC, 268-9330. Dale and Kenny may have entry forms.
- 25—Strider Ski; club cross-country outing in the Tierra Amarilla area. Non-members also welcome. BYOlunch. More info available from Dennis or Mary.
- 25—Cowtown Marathon (and 10K), Fort Worth. Striders who competed last year liked the course and the staging. Dorbin has entry blanks at Quinn & Co.
- 26—'European Style' cross-country 5K, Albuquerque. Info, Gil's Runners' Shoe World.

THROUGHOUT THE MONTH: Regular Wednesday evening fun runs from Plaza, starting at 5:30. Stay tuned for later change to 6 p. m., as we gain daylight.

- Mar. 10—Pecos Valley Stampede, Roswell YMCA, 8:30 a. m. This year it's 10K and 20K. No race day entry. Dorbin has forms in his office. Tee shirts to all finishers, but no awards ceremony and no awards.
- 11—Albuquerque Parks & Rec Half-Marathon. Info, Albuquerque Parks & Rec Dept. (Usually starts near North Golf Course)

(Dorbin also has entry blanks at his office for the Boston Marathon, April 16. Entry deadline, Mar. 9, for those qualified; and entry blanks for the Olympic Legends track meet, April 28 & 29, UCLA track stadium, L.A., for all runners 30-and-over. Many area running wear shops have entry forms for these or other races.

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### Membership Application

#### SANTA FE STRIDERS

(Member of Road Runners Clubs of America)

Name \_\_\_\_\_ (please print)

Address \_\_\_\_\_  
Street or Box No.      City, State, Zip      Nation, if foreign

ENCLOSE \$10 ANNUAL DUES. Includes subscription to club newsletter and to Footnotes, quarterly publication of Road Runners Club of America

Make checks payable to Santa Fe Striders and mail to club at P. O. Box 1818, Santa Fe, 87504-1818.

(Signature) \_\_\_\_\_

(phone numbers) \_\_\_\_\_