



We Give You the Run-Around

October 9, 1983

P.O. Box 1818, Santa Fe, N.M. 87501

The next Striders meeting will be held at Elaine Pinkerton's house, 899 Zia Road, near corner of Zia and Old S.F. Trail, phone #983-9747, on October 18, Tuesday, at 6:00 pm. There will be a run, a pot-luck dinner, and a hot tub soak, not necessarily in that order. Elaine's perfect location makes for good choices in running...there is the possibility of running over the "Double Arrow Mt." to wilderness gate, if you start early, or you can just go up ole Santa Fe Trail to various turn-arounds that Elaine knows of, and you can also run to Saint John's College and back.

The Wednesday night fun runs are back to normal, at 5:45 from the Plaza. We will be running earlier as the days become shorter, so note time changes. Groups frequently form to start earlier for the longer runs. Our handicap race was quite a success last Wednesday, being won by Ellen Hale, who ran fast enough to pass three runners and not be passed by anyone, at 21:52. She gets the sandbag award for running 45 seconds faster than her qualifying average. She also gets her Striders membership fee paid for the year 1984, congratulations, Ellen! Just a few steps behind her ran June Dickinson who came in at about 22:05, a PR we think, and about 2 minutes ahead of her qualifying average, winning a 1/2 off membership to the club and a sandbag for sure! Fastest qualifier, Dennis Cooper, was third passing just about everybody after having started last. Dennis broke 20 minutes.

The date for the second annual Ojo Caliente Run has been moved up from November 6 to October 29 in order to avoid hunting season and to help insure nice weather. Call Dennis for information on the run at 988-1091, there will be a bath in the hot springs after running and a dinner at Mary Nichols' house in La Puebla on the way home. Main course will be provided, bring extras. Phone Mary at 753-4368 for directions to La Puebla. (Car pooling suggested!)

Next meeting is tentatively planned for November 8 and it will have a film on Cross-Country Skiing presented by Bill Miller of Norski, place is Alpine Sports, time to be announced later.

Strider Stats: Hot flash from Northern California...Jerry Dorbin just ran another marathon today, coming in at 3:41:30, the weather was cold and rainy, costing him some time. Keep trying, Dorbin! Boston awaits! Bill Forsyth won his 7th straight 30-39 State Pentathlon in Los Alamos on August 27 and placed in his age group in Houston at the U.S. Masters championships September 16-18 first in High Jump, second Pentathlon, third Javelin, fourth Triple Jump and fifth Discus & Shot. In the Sandia Mt. Run-Around 80K Relay on September 25, the second overall women's team was Sally Doolittle, Maureen Herrick and Cathy Tibbets plus Cathy Pearce finishing in 6:34. Second place in the 50 and up men's group was Jerry Dorbin, Dale Goering and Andy Nava, plus Aaron Goldman, finishing in 6:37. Andy turned his toes to hamburger on that one!

At the Imogene Pass Run from Ouray, Colorado to Telluride September 10th, Pete Richards was 31st overall out of 175 in the 18-miler at 2:53. Mary Nichols was 6th woman in 3:24, and Jose Garcia posted a 3:49.

The Bonne Bell half-marathon in New York: Kenny Goering set a PR at 1:48, Ellen Stelling also ran her best with a 1:51 and Elaine Pinkerton finished in 1:54. Ellen says she saw Dustin Hoffman at the finish. There were 1,600 women in the race, which Kenny said was just perfect, both weather and course. More Strider women next year?

Cathy Quintana won the women's division of the Old Santa Fe Trail Run over Labor Day Weekend. Other winners included: Dale Goering 45-54 5K, Mary Nichols 35-44 10K, Andy Nave 55 and over 5K, and Ruben Vigil 55 and over 10K.

In the Girls' Division of the Highlands Invitational Cross Country Meet in Las Vegas yesterday, Margie Wurst ran a fast 18:49, Good Run!

MARK YOUR CALENDARS:

October 15, RUN FOR THE HEIGHTS 7K Run and 1 mile walk. Jim Fixx is featured the night before at UNM Ballroom pre-race carbo dinner. No race day registration. Heights General Hospital.

October 15, THE GREAT ARABIAN FOOT RACE. 1 mile fun run and a T.A.C. sanctioned 5 KM run. Coliseum, N.M. State Fairgrounds. \$3.00, Gil's Runners Shoe World for registration. (Free Michelob Light!)

October 16. 14th ANNUAL TOUR OF ALBUQUERQUE MARATHON, 7:00 am Manzano High School \$10.00. Gil's for registration

October 22. 4th ANNUAL EL PASO COMMUNITY COLLEGE 10K SCHOLARSHIP RUN. EPCC Valle Verde Campus 9:00 am \$6.00. Contact Olga Chavez 594-2425.

November 6. 5TH ANNUAL CORRIDA DE TAOS FOOTRACE. 10K and 5K. 5K starts at 10:00 am 10K starts at 11:00 am Civilized! (Could be cold) \$6.00. Taos County Chamber of Commerce P.O. Drawer 1, Taos, NM 87571.

November 12. VETERANS DAY RUN Chamizal National Memorial. 10K, 2 mile run and 1 mile walk American GI Forum, (915) 772-1442. El Paso.

December 3 FIESTA BOWL MARATHON, Scottsdale.

December 4 WHITE ROCK DALLAS MARATHON