



We Give You the Run-Around

February 28, 1983

P.O. Box 1818, Santa Fe, N.M. 87501

Striders get-together, Tuesday, March 8 in the basement of First Northern Plaza for a run and a pot-luck feed on the same schedule as last month's meet: 5:30 to 6:30 fun run, then dinner, then some business matters of great interest! The basement has a small refrigerator, a sink, running water and electrical outlets, but as far as food is concerned, things should be kept simple and easy to handle. Bring your own drinks.

The cross-country ski trip on February 12 was a pleasant outing. Eight Striders and friends attended, the weather was perfect (warm!) and we followed a snowmobile track up a pretty mountain outside of Tierra Amarilla. Lots of downhill practice was encountered on the way back, and no injuries were reported on the 10 mile expedition.

Winter is on its way out...there were at least three Striders who wore shorts on Wednesday night for the 5:30 fun run, attended by no less than 14 runners who completed the 7.1 mile course in times ranging from 46 minutes (whew!) to 75 minutes. Come one, come all to the Wednesday fun runs, 5:30 p.m. from the Plaza and a beer after. Also, the Saturday runs from the Goerings house are a good opportunity to put in a long run. Go out Old Las Vegas Highway past El Gancho (but before Bobcat Bite) turn left on Ute and it's the 2nd driveway on the left. Bring your bathing suit, there's a hot tub. (will only be held through March)

Strider Stats: Masters 5 mile on February 13: Dale Goering got a first in class with a 32:08, Kenny Goering was first in the 45-59 age group at 41:21. Elaine Pinkerton got a 5th place with 42:50 Jerry Dorbin was sixth in his venerable age-group at 37:33, and Mel Richkind was 8th at 35:15. Speaking of Mr. Dorbin, Jerry did a 3:38 marathon at the Cowtown Marathon February 26th in Fort Worth. Jose Garcia did a 3:57 after sustaining an injury at mile 13. He was on a 7:15 minute pace. Cathy Tibbetts ran the 10K in 51 minutes, trying to make a comeback after a bout with runner's knee.

Mark your calendars; May 1 will be Santa Fe's first couples run. (combine your ages and times) People interested in helping Greg Ohlsen with this should call him at 983-5874. It will be an afternoon race, possibly being followed by a happy hour and barbecue at the Townhouse! People interested in a running tour of Greece may call collect (918) 664-9879. The Pecos Valley Stampede in Roswell will be May 7. Striders who ran it last year testify to a flat pleasant course.

March. 12 Alan's Apparel 10K 8 am Louisiana & Meraul. March 13 Parks & Recreation Half Marathon 9 am UNM campus & bike trail. March 13, Cerrillos 15 K, 5K 9:30 Am, Cerrillos, N.M., March 20 Sunsports 3rd Annual Spring Run 9 AM Montgomery & Juan Tabo, Abq. March 26 UNM Student Nurses Assoc. Run 5 mi. April 9 Marine Corps Run for Muscular Dystrophy 10K, May 7 Truth or Consequences NM Fiesta 10K, 2 mi. May 21, SPIRIT OF SANTA FE 5 & 10K

The mailing list has been decimated by non-payment of Strider's annual dues. This newsletter is not going to about 40 former Striders, so if you have a friend who needs to pay up, give him/her a call. The address for mailing dues is Dirk Houtman C/O Neff & Co., First Northern Plaza, Santa Fe.

Runners interested in a relay from the Santuario de Chimayo to the Los Alamos Scientific Lab, on the 40th anniversary of the Lab should contact Pax Christi organization via Jack McGloin 753-4283, that's on Saturday, April 16.

Hash Run, or other special running event. Who would like to organize (with Greg Ohlsen's help) a fun event for runners? Please call Greg at 983-5874.

Congratulations to Al Waquie winner of the Empire State Run-up!
Congratulations to John Capps, 2nd place in Grand Canyon double crossing.

Happy Running,