

## PO Box 1803 Santa Fe New Mexico 87501

NOVEMBER, 1982

The November meeting will be a pot-luck dinner, at 5:30 pm, Tuesday, November 16 at Elaine Pinkerton's house, 899 Zia Road. We will have a featured speaker, Dr. Jeffry Collins, a psychiatrist, to tell us about some mental aspects of running. Some of you may want to take advantage of the fine conditions for running from Elaine's place, so come early and prepared to run out old Santa Fe Trail before dinner.

About a dozen Striders participated in a very interesting run up an old Jeep Road from Ojo Caliente, including a barefooted ford of the river and a soothing soak in the hot mineral baths Sunday afternoon, Nov. 7. We need more of these fun outings, so if you have an idea, let's hear it!

STRIDER STATS: Lucy Huckabee and Dave Otto successfully ran the Tour of Albuquerque marathon last month, logging a 4:01 and a 3:58, respectively. Lucy had NEW shoes, and deserves a lot of sympathy for her battle-scarred feet. Dave cruised through it like a champ. Congratulations to you both!

FUN RUNS continue, even though it's dark and chilly, Wednesday nites from the Plaza at 5:30. If you're dressed right (hat, gloves, long pants, reflective jacket) it is not bad at all, and you'd be surprised at how enjoyable it really can be. We'd sure like to see more of the Striders at these runs, it takes the drudgery out of winter running to run with good company. There are 75 Striders; so...come out of the closet!

PROPOSED NOMINEES FOR THE UPCOMING ELECTION OF OFFICERS, which will be held at the December meeting at Upper Crust Pizza in conjunction with the Annual Farolito Run:

President: Greg Ohlsen or Dennis Cooper Vice President: Dennis Cooper or Greg Ohlsen Secretary-Treasurer: Dirk Houtman Member-at-large: John Arnold, outgoing president Newsletter: Mary Nichols and Cathy Tibbetts Equipment Engineer (new office) Cliff Rees

Other suggestions will of course be accepted for nominations.

Be thinking about your vote, and if you don't come to the meeting you might be elected!

FOWL DAY RUN. November 20th. Volunteers to help with the race are requested to show up at 9:30 a.m. the rece is at 11:00. Call John Arnold at 988-3061 for further info.

Many Striders are planning to enter the Las Vegas (Nev.) Classics 1/2 Marathon or 10K, and we have talked of renting or chartering a van. Dorbin suggests coordinating plans, and he volunteers to take names (982-1904 or 983-3282) and make car arrangements. He suggests about Dec. 1 as a deadline for making joint plans. It is about a 12-hour drive and he wants to know whether most would want to do it in one day, or with a one-night stopover. The race is on Saturday, December 11th. Everyone who wants to go with a gang should yell at him in the next three weeks, and he'll let us know at the earliest time what might work. He also says he has more application forms for the race.

THE GLOW CLUB is having a New Year's Eve party and the Striders are invited (at last!). Start looking for your old high school prom clothes (or somebody else's) and a yearbook or two. The tentative plan is dinner at The Garfield Grill to be followed by dancing to Fats Domino, etc. at Dede Collins' house. For more info call Molly Munson at 988-1091. Watch the December newsletter for the final plan.

(over, please)

## MARK YOUR CALENDAR:

November 20, 1982 SECOND ANNUAL FOWL DAY RUN 5K Cross Country footrace.
11:00 am. Fort Marcy Ballpark. Entry fee is food items worth at least \$2.00, to be distributed to the needy by the Salvation Army. NEAT T-shirts to the first 200 finishers.

December 4, 1982 Twelvth Annual FIESTA BOWL MARATHON, Scottsdale, Arizona.
(It's too late to register now, and GOOD LUCK JARY AND LUCY AND OTHER STRIDERS GEARING UP FOR THIS ONE!)

December 11, 1982 LAS VEGAS (NEVADA) CLASSICS 1/2 MARATHON, 10K and Two-mile Fun Run. See you all there!

Happy Running,

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