



August, 1982

PO Box 1803 Santa Fe New Mexico 87501

THIS IS IMPORTANT - READ AT LEAST THE FIRST PARAGRAPH! The monthly Striders meeting will be one week early this month so that we may bring you the following special program: Rocky Kimball, Director of the S.F. Mountain Center, will speak to us on Mountain Running. His topics will include training, some of the local races, and how to get started. He has slides of runs in areas of New Mexico, Colorado (Pikes Pk. Marathon) Ouray to Telluride, etc.; come to this important meeting, Tuesday, August 10 at 8:00 pm, in the basement of the Alpine Sports Bldg. THANK YOU FOR YOUR ATTENTION!

STRIDERS STATS: Results of the Los Alamos High Altitude Mini-Marathons, and place in class

<u>20 K Race - Men</u>	<u>20 K Race - Men con'd.</u>	<u>20 K Race - Women</u>
6 David Gonzales 1:23:2	27 Dennis Cooper 1:41:6	7 Lucy Huckabee 1:45:18
5 Mark Brennand 1:16:49	37 Patrick Olaechea 2:04:49	2 Mary Nichols 1:32:27
42 Phil Stoffregen 1:38:12	15 Tom Day 1:35:55	4 Jary Weller 1:42:12
46 Greg Ohlson 1:42:12	13 Leroy Ledoux 1:41:11	8 Elaine Pinkerton 2:1:23
15 George Crowshaw 1:33:24	<u>FIRST</u> Dale Goering 1:22:18	

<u>5 K Race - Men</u>	<u>5 K Race - Women</u>
4 Richard "Rocky" Kimball 17:47	11 Claudia Porter 26:42
19 Dan Cron 22:34	21 Linda Fredrickson 30:27
40 Cliff Rees 29:40	11 Molly Munson 27:16
2 Bill Forsyth 18:43	5 Sharron Adams 25:57
5 James Weller 19:52	<u>FIRST</u> Kenny Goering 24:41

We got two firsts, two seconds, two fourths, three fifths, and congrats to us all! Bill Forsyth won the 30-39 State Pentathlon (1500 Meters in 4:47) Los Alamos, 7/31/82. RATON SUMMER RUN - 5 mile run: John Arnold 39:47, Chris Candelario 37:39

10 mile run: Jerry Dorbin got second in class with a 1:23 and

Tom Day also got second in class with a 1:12. GOOD SHOW!

Regrettable announcement dept.: We are sorry to see our newfound friends Phil & Margaret Stoffregen leaving Santa Fe for the lowlands of Iowa. Guess Phil will run even faster down there. Good luck, you two, we'll miss you. Mary Nichols managed to drop her motorcycle on her foot, breaking a bone and putting her out of the running for a month.

FUN RUNS - Weds. at 6:15 pm on the Plaza. 3 Miles, 6 Miles or earlybird (5:45) 10 Miles.

SECOND ANNUAL PECOS TRAIL RUN AND BBQ AND SWIM PARTY. Bill Forsyth's house, Saturday August 21 at 12:45 PM (Run starts at 1:00). Come for a nice, exhausting trail run of 3-5 miles and a good time to make up for it. Take Las Vegas Hwy to Glorietta turn-off, about 20 miles from SF, go left on overpass. At intersection in Pecos go left, through town and beyond Monastery and past reservoir and 300 yards past fish hatchery. Bill's red and white Toyota wagon will be parked just before his driveway. Bring food to cook, drinks, sturdy shoes maybe rain gear and picnic essentials. Don't forget your bathing suit, kids, girlfriends, volleyball, etc.

MARK YOUR CALENDAR: Aug. 7 Picuris Pueblo 3rd Annual San Lorenzo Feast Day Run. 10 am, 4 & 10 mile runs, \$3.00 under 14 years, \$5.00 older. T-shirts first 100.
 Cancelled → Aug. 7 Eldorado Summer Biathlon
 Aug. 6,7,8. National Masters Track Meet in Wichita. Good Luck Goerings!
 Aug. 14, 2nd Annual Santa Fe Women's 5K Race, Plaza, 8 am.
 Aug. 15 La Luz Trail Run Albq. (Pre-registered only)
 Aug. 15 Manuelitas 15-mile relay race, Las Vegas, NM (3 - 5 mi. legs)

(OVER)

Aug. 28 - Lake Katherine Run from Santa Fe Ski Basin. Option of running down to Cowles and a lift back to Santa Fe in Bill Forsyth's pick-up. (Oh, you lucky dogs, wish I could go!) Get details at meeting or from Bill when he comes back from Wichita.

Sept. 5. First Annual Ike M. Wiggins Bean Day Run. 1 Mile and 10K. Wagon Mound, N.M. (Fire Dept. Bldg.) 8:00 am \$5.00 Regis.

(I don't know about you, but I've got to see this one, cast will be off by then, and I hope we can all show up in force!)

RUN SOME FOR ME,

Mary

