



Santa Fe Striders

OCTOBER 1981

MOONLIGHT ADVENTURE RUN

will take the place of the monthly meeting. *This* Friday, October 9th at 6:30 p.m., we'll meet at President Greg Olshen's house (1261 Cerro Gordo) and run up Santa Fe Canyon. The course is out and back, 12 miles round trip. If you don't want to run the entire distance, it's fine to double back earlier.

It's advisable to dress for the weather, wear sturdy shoes and bring a small flashlight. Also, Greg will be hosting an "apre run" party, so bring wine or beer and snacks. Don't miss out: Join us for this unique experience!

FUN RUNS are still being held: Three and a half miles, beginning at Canyon Road Park at 6:00 p.m. We're accumulating data on all the participants, so come and let us chart your progress. *Wednesdays*

PILGRIM'S PROGRESS RUN, November 21st: Sponsored by Santa Fe Striders and directed by John Arnold. Admission will be canned goods for the needy. The course is cross country, 3.5 miles. Watch for more details.

STRIDER STATISTICS:

Congratulations to PETE RICHARDS, 29th in the Lake Tahoe 72 Miler! Time: 12 hours, 46 min.

September 20th in the Shining Season Race: CATHY TIBBETTS was the second lady overall in the half marathon, 2nd in the 20-29 division with a time of 1:49. MARY NICHOLS was 1st in the 30-39 with 1:54. DALE GOERING was 1st in the 50-59 in the 10K with 39:15. KENNY GOERING was 2nd lady overall in the 5k, 1st in the 40-49 with 24:32.

MARY NICHOLS got 1st in her age in the San Juan 5K Sept. 12th. GRAYDON ANDERSON placed 5th in his age group in the Los Alamos Triathlon Sept. 12th.

Graydon was awarded a lovely pink ribbon for his efforts!

MARK YOUR CALENDAR:

- October 10th- UNM Homecoming Run- 1 mile and 7K- 6:00 p.m.- Albuquerque
- October 11th- Corrida De Taos- 5K and 10K- 9:00 a.m.- Taos *& Jam Twissome race in Albq.*
- October 18th- Tour of Albuquerque Marathon- Los Altos Park-Albuquerque
- October 24th- Physical Therapist Run- 3 miles- UNM Golf Course- Alb.
- October 25th- Happy Days Fun Run- 4 miles- Duke Stadium- Alb.
- October 31st- Old Raton Pass Run- 10K- 9:00 a.m. Ripley Park, Raton.

Please call us with your race results. We'd like to include them in the newsletter.

HAPPY RUNNING, *Elaine*