



Mile Markers



We give you the run around—Vol. 15 No. 6

Santa Fe Striders, P.O. Box 1818, Santa Fe, NM 87504

In This Issue:

July Meeting

Race Results/Membership News

Upcoming Races

Running Calendar

Bicycling the Santa Fe Trail (New Book)

El Gancho Triathlon

July Meeting

There will be no club meeting ⁱⁿ June. The next meeting will be July 13th at Danica Tutush's house. The potluck will start at 7:00; the meeting will start at 8:00. A run will take place at 6:00.

Directions:

Go down Camino La Tierra, past the stop sign (approximately 6 miles).

Turn ~~left~~ ^{right} by the green water tank and the row of mailboxes on the corner. (You will be on a dirt road.) Keep to the right and continue for about a mile. You will see a driveway with a mailbox in front of it to your ~~right~~ ^{left}. At the end of the drive way is a solar house with a double-car garage. (The house has no address number.) This is Danica's house. The phone number is 989-1819, if you need more directions.

Race Results/Membership News

Over 200 runners participated in the Santa Fe Run-Around on Saturday, June 5. Thanks to all Santa Fe Striders who helped in this race and especially to Sal DeBari, who served as race director. Great job!

The following Santa Fe Striders participated in the race:

5K Race

Jim Westmoreland, 2nd place, 40-49 men's
Shirley Lynn, 1st place, women's overall

Danica Tutush, 1st place, 20-29 women's

10K

Dagny Scott, 1st place, 30-39 women's
Beth Davenport, 2nd place, 30-39 women's

News from Tacoma

The westernmost member of the Santa Fe Striders, Stan Growcheski, reports that running in Washington state is wet and fast. Late winter and spring rains are common but warm, and at sea level times are fast. Stan ran the Ocean Shores 10K (the latter half of the race is on firmly packed sand by the Pacific) and finished with a PR of 36:39. Congratulations Stan!

Upcoming Races

Sat., June 19 MADD Run for Your Life 5K
Los Alamos 672-1768

Sun., June 20 Taos Marathon, Half-Marathon,
5K 758-4944

Sat., June 26 El Gancho Triathlon
Santa Fe 988-500

Sun., June 27 Making Strides for Women's
Cancer 5K/10K
Albuquerque 262-2333

Sun., June 27 4th Annual Wheeler Park
Mountain Run
Red River (800) 348-6444

Sat., July 10 Los Alamos Credit Union
High-Altitude Mini-Marathon
662-5665

Sat., July 18 Sylvia Pulliam Memorial
5K/10K Run
984-6863

Sun., July 18 Wings 4th Annual Wind
Messenger & Po'pay Foot Race
5K/10K
Santa Clara Pueblo 982-6761

- August 14 Making Strides for Women's
Cancer 5K/10K
Santa Fe 988-5548
- Sept. 12 10th Annual Lovelace Duke City
Marathon
888-2448

Running Calendar

JUNE

- Wednesday, June 9, 1993 Santa Fe Striders
6:00 pm@ Plaza
- Wednesday, June 16, 1993 Santa Fe Striders
6:00 pm@ Plaza
- Wednesday, June 23, 1993 Santa Fe Striders
6:00 pm@ Plaza
- Wednesday, June 30, 1993 Santa Fe Striders
6:00 pm@ Plaza

JULY

- Wednesday, July 7, 1993 Santa Fe Striders
6:00 pm@ Plaza
- Tuesday, July 13, 1993 Santa Fe Striders
Meeting @ Danica
Tutush's House
989-1819
- Wednesday, July 14, 1993 Santa Fe Striders
6:00 pm@ Plaza
- Wednesday, July 21, 1993 Santa Fe Striders
6:00 pm@ Plaza
- Wednesday, July 28, 1993 Santa Fe Striders
6:00 pm@ Plaza

Bicycling the Santa Fe Trail

Elaine Coleman's new book Bicycling the Santa Fe Trail: A Historic Adventure is out and Elaine is having a book signing at Garcia Street Books, 376 Garcia Street on July 3 from 4-6 pm. (By the way, Elaine writes under the name "Pinkerton.")

Last year, Elaine biked the Santa Fe Trail, which covers parts of New Mexico, Colorado, Kansas and Missouri. Elaine's new book is a practical guide for making the journey and provides the reader with historical information.

El Gancho

The first El Gancho Triathlon will take place on June 26, 1993 at 7:30 am. It will include a three-mile run, a 10.8 mile bike ride and a .12 mile swim. The cost will be \$12 for members and \$15 for non-members. Participants *may do the* triathlon in teams (three members maximum) or individually. For more information, call 988-5000.

Club Contacts

President	John Pollak 983-2144
Vice President	Elaine Coleman 983-9747
Treasurer	Graydon Anderson 989-1633
Race Director	Sal DeBari 989-7704
Newsletter Editor	Danica Tutush 989-1819

July/August Issue

The next issue of Mile Markers will be a combined July/August since I will be out of the country in late July/early August. Please get your news items to me early for this issue. Thanks for your cooperation!

Danica Tutush, editor

Mile Markers is an informational newsletter published for the members of the Santa Fe Striders. The deadline for the next issue is June 28, 1993. Please submit your articles, race results or other information to Danica Tutush, Rt. 10, Box 83-2, Santa Fe, NM 87501, or at 989-1819.

SANTA FE STRIDERS

Membership Application

Name: _____

Address: _____

City: _____

State : _____ Zip: _____

Telephone: _____

Enclose \$15.00 for annual membership fees. Annual fees are due in January of each year, and membership runs through the end of December. If you are paying after July 1, the membership fees are \$7.50. Make checks payable to Santa Fe Striders and mail to P.O. Box 1818, Santa Fe, NM 87504.

Jim Westmoreland
2363 Camino Carlos Rey
Santa Fe, NM 87505



Santa Fe Striders
Post Office Box 1818
Santa Fe, New Mexico 87504

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