



# Mile Markers

the monthly newsletter of the Santa Fe Striders

Do you want  
to run faster?  
Drink this then!!

Santa Fe Striders  
Post Office Box 118  
Santa Fe, NM

Oct., 1989

Volume 11, Number 10

## From the President—

Shock! News like this could give the whole membership a collective heart attack, high blood pressure, or (maybe, at least) one ingrown toenail, but, the Runaround for 1990 has co-directors who volunteered: Diana Best and Jim Westmoreland. With an expanded format approved (5K, 10K, Walk), Diana and Jim will need plenty of help and advice (we are often strong on the old advice), but this means, Striders, it is safe to come to meetings, fun runs, and races and to answer your phone. The first major task is to complete the sponsors list- soon, but we have three fairly solids no Give us your suggestions and aid in contacting others. We will kick this around at the October meeting-see, there is business.

Thanks to dede Collins and Dennis Cooper, the striders have the opportunity to Adopt-a-mile of highway from the State Highway Department-Probably on St. Mike's between the Old Santa Fe Trail and St. Francis. We need help in erecting our toll booth and volunteers to man it, talk about a fund raiser! After talking to dede again, I am straightened out, we (at least D & D) are committed to a mile for twice yearly clean up; the Highway Department (that's George Croshaw) will put up a sign proclaiming the Striders as good deed doers as we do something for the community; and, we can recycle the items picked up. I'm confident we can get a good crew out to help, or at least we can wave as we drive by, dede and Dennis. They will let us know of the work day, so we can plan our excuses. Gee, another item of business.

Finally, the Striders can still use some more willing members to serve as officers for next year, think about volunteering someone, preferably

yourself. Maybe we could even have an election this year.

## October Meeting

The October meeting will be at Elaine Pinkerton's home, 899 East Zia, just down from the Old Santa Fe Trail. The number is on the electric pole, beside the blue mail box. Potluck at 7 pm, business (if any) later. Call Elaine at 983-9747 if you get lost.

## October Fun Race/Run

For those of you who have been Striders for a while, an event from the past returns! This month's fun event will be dede's Bridge Run. So gather on the Plaza at 9 am on Saturday, October 21, to get briefed on the route, rules, and restrictions. Race Director dede Collins promises an interesting morning and a pretty run. . . it of unknown distance at this time.

## Duke City

### Marathon:

John Gundzik 3:52:46  
Vivian Reinikainen 4:14:25

### Half-Marathon:

George Croshaw	4th 40-44	1:21:10
Lorenzo Garcia	7th 40-44	1:23:32
Jack Lippincott	8th 40-44	1:23:55
Ed Heffern	15th 35-39	1:23:35
Mike Rivera	10th 40-44	1:24:14
Jim Macias	19th 35-39	1:24:53
Lou Marjon	13th 40-44	1:27:49
Dale Goering	1st 55-59	1:30:14
Mike Guttman	137th 35-39	1:45:45
Tom Stow	31st 35-39	1:29:00

Mary Platt\$	1st Masters	1:36:08 \$\$\$
Judith Heffern	10th 35-39	1:44:19
Diana Best	15th 35-39	1:47:47
Susan Rush	48th 40-44	2:14:57

Half-Marathon cont:  
 Kenny Goering 2nd 55-59 1:53:46  
 Ida Lujan 56th 30-34 1:59:17

5K:  
 Jim Westmoreland 1st 35-39 16:52  
 Sean McCormick 1st 45-49 17:11  
 Tim Alton 25th 35-39 22:24  
 June Dickinson 1st 55-59 23-39

These are the only names that I could find in the newspaper. If I missed your name let me know and I'll put it in the next newsletter.

### Ronald McDonald 5K Run

Ted Atkins 18:37

### Crime Stoppers 10K

Ted Atkins 41:27

### NNMCC Eagle Run

1 mile-Ted Atkins 1st 26-30 5:49  
 Jackie Atkins 3rd 6-10 9:49  
 Jessica Atkins 13:54

5K--Ted Atkins 20:57  
 Dave Jiles 2nd 46-50 19:57  
 Cecil Smith 3rd 46-50 21:25

## Upcoming Races

Oct 8 Taos 5&10K 8am  
 Oct 14 ABQ 5&3 Mile 12 Noon  
 Oct 15 Caballo Mountain 26.5M  
 Los Alamos 8am 662-2397  
 Oct 21 Shiprock Marathon  
 505-325-5547  
 Oct 22 Firebird Endurance Events  
 Phoenix, Az  
 Phone #-246-7697  
 Oct 22 Tour of ABQ Marathon and  
 relay Gil's 268-6300  
 Oct 28 Allsup's Fall Road Races  
 13.1, 10K, 5K, 1M 8am  
 505-769-2311 Ext 103  
 Oct 29 South Baldy Ridge 23.3M 8am  
 Socorro County 662-2397  
 Oct 29 Nizhoni Striders  
 Halloween 5K & 1mi  
 Gretchen Wilken 863-3409  
 Nov 4 Pecos Valley Roundup  
 20K 10K 2Mi Steve 623-9312  
 Nov 11 Have a Fowl Day  
 5K Santa Fe Striders  
 John Arnold 988-3061  
 Nov 11 ABQ New Mexico World Runners  
 Ending Hunger Run 8K/1M 9am  
 505-242-6326  
 Nov 12 Stone Lions 20.4M 8am  
 Los Alamos 662-2397

Cecil	Smith	124 E. Lupita
Russell	Smith	8 Calle Zantae
Dave	Sneesby	2004 Hopi Road
Anita	Soltere	406 Greg Avenue
Cecille	Spall	2520 Avenida de Isidro
Tom	Stow	Route 6 Box 29W
Donna	Strange	2510 Camino Rincon Bonito
Michael	Sutin	564 East Alameda
Gerald	Swafford	629 Garcia Street
Reece	Tatum	2100 York Avenue
Joe	Teitsworth	8996 W. Ottawa Avenue
Missy	Thomson Noonan	2278 Calle Pulida
Tom	Tiano	Box 5413 Arroyo Chamiso
Wolky	Toll	107 Lugar De Oro
Caroline	Townsley	Rt.5 Box 275
Antonio	Trujillo	3116 Plaza Blanca
Stan	Upchurch	201 Westfield Drive
Ronald	Valdez	P.O. Box 23
Jody	Visalli	2936 Bellamaha Drive
Patty	Visel	1336B 41st Street
David	Vlaming	704 Gonzales Road
Gwen	Wardwell	945 Camino de Chelly
Sally	Webb	1803 Arroyo Chamiso
Pamela	Weisse	224 Spruce
Robert	Werner	1116 Paseo Barranca
Jim	Westmoreland	RT 9, Box 73 A
Gerald	Wise	727 Gomez Road
Thomas	Wolf	Rt.9 Box 57A
Joe H.	Wolf III	514 E. Palace
Mardi	Wood	905-1/2 Camino Santander
David	Ytuarte	2081 Calle Contento
Gail	Zimmerman	PO Box 461
Gil's Runners Shoe World		3515 Lomas Boulevard NE
Sports Bag		Community Center
Sports Editor- Jornal North		320 Galisteo
Sports Editor- The New Mexican		P.O. BOX 2048

Santa Fe	NM 87501989-7324
Santa Fe	NM 87501
Santa Fe	NM 87501988-7410
Santa Fe	NM 87501
Santa Fe	NM 87505471-6748
Santa Fe	NM 87501471-4722
Santa Fe	NM 87505
Santa Fe	NM 87401988-5521
Santa Fe	NM 87501983-7816
Fort Worth	TX 76134
Littleton	CO 80123
Santa Fe	NM 87501
Santa Fe	NM 87501988-2520
Santa Fe	NM 87501989-7316
Santa Fe	NM 87501
Santa Fe	NM 87505
Nashville	TN 37221
Glorieta	NM 87535
Santa Fe	NM 87505
Los Alamos	NM 87544662-6476
Santa Fe	NM 87501989-7362
Santa Fe	NM 87501473-9664
Santa Fe	NM 87505982-2583
Santa Fe	NM 87501
Santa Fe	NM 87501982-0778
Santa Fe	NM 87505
Santa Fe	NM 87501
Santa Fe	NM 87501
Santa Fe	NM 87501
Santa Fe	NM 87501
Santa Fe	NM 87501983-7001
Santa Fe	NM 87501471-0870
Los Alamos	NM 87544
Albuquerque	NM 87106
Las Alamos	NM 87544
Santa Fe	NM 87501
Santa Fe	NM 87504

Jon	Alexander	701 Airport Road	Santa Fe	NM 87501
Gerald	Allen	509 Camino Lejo	Santa Fe	NM 87501983-4976
Tim & Rose	Alton	826 Columbia	Santa Fe	NM 87501471-1497
Graydon	Anderson	226 Miramonte	Santa Fe	NM 87501982-2890
Arthur	Arguedas	3072 Plaza Blanca	Santa Fe	NM 87505471-8131
	Arnold	203 E. Coronado Road	Santa Fe	NM 87501988-3061
	Atkins	P.O. Box 1486	Espanola	NM 87532753-4789
Barbara	Backer	3 Washington Sq. Vill.	New York	NY 10012
Randy	Bartell	1869 Camino Lumbre	Santa Fe	NM 87505988-5521
Greg F.	Bemis Jr.	Rt. 9 Box 72A	Santa Fe	NM 87505
Elizabeth	Bergman	2491 Sawmill Road #1507	Santa Fe	NM 87505
Diana	Best	255 McKenzie Street	Santa Fe	NM 87501988-2274
Randal	Birnberg	155 Kearney Road	Santa Fe	NM 87501
Brooks	Blair	7301 Highland Glen Trail	Dallas	TX 75248
Jerry	Bober	77 Moya Road	Santa Fe	NM 87505
David	Boyer	3203 Calle De Molina	Santa Fe	NM 87505471-4905
Donna	Breg	RT 1, BOX 171 A Nambe	Santa Fe	NM 87501
Tim	Burrell	874 Brushill Rd	Milton	MA 02136
Kristi	Carlson	505 Oppenheimer Drive #811	Los Alamos	NM 87544
Frederick	Cate	P.O. Box 448	Santo Domingo	PNM 87052
Steve	Clapp, RRCA	1155 Saffold Wat	Reston	VA 22090
Saul	Cohen	RT. 4 BOX 1A	Santa Fe	NM 87501982-4022
D&D	Collins/Cooper	115 E. Alicante	Santa Fe	NM 87501
Dan	Cron	1923 Camino Lumbre	Santa Fe	NM 87505471-0990
George	Croshaw	2923 Plaza Azul	Santa Fe	NM 87505471-4317
Tom	Day	2260 Calle De Arce	Santa Fe	NM 87505473-3159
Lew	Deer	PO BOX 212	Santa Fe	NM 87504
June	Dickinson	608 Calle De Valdes	Santa Fe	NM 87501988-3428
Bill & Jary	Earl	1015 Calle Largo	Santa Fe	NM 87501983-9762
Eric	Erb	2600 W. Zia R. #L-13	Santa Fe	NM 87505473-7802
Jim	Fisher	1404 Monterey Place	Santa Fe	NM 87501
Otto	Foyt	859 Palace Avenue	Santa Fe	NM 87501
Bob	French	55 Cottage St.	Amherst	MA 01002
Ken	French	141 Sereno Drive	Santa Fe	NM 87501982-8139
Alvaro	Gallegos	RT 9, BOX 160	Santa Fe	NM 87505471-8659
Carol	Galvan	2228 Calle Cacique	Santa Fe	NM 87505
Lorenzo	Garcia	P.O. Box 2228	Santa Fe	NM 87504
Lewis	Geer	P.O. Box 212	Santa Fe	NM 87504988-3704
David	Giles	650 Old Santa Fe Trail	Santa Fe	NM 87501982-9435
Dale & Kenny	Goring	Rt. 7, Box 109K	Santa Fe	NM 87505983-6616
Michael	Gorospe	1501 Cerrillos Road	Santa Fe	NM 87501
Stanly	Grochowski	Route 5, Box 350A	Santa Fe	NM 87501455-3517
John/Vivian	Gundzik/Reinika	2888 Plaza Blanca	Santa Fe	NM 87505471-3405
Michael	Guttman	P.O. Box 15006	Santa Fe	NM 87506
Ed	Hardy	3980 B Sandia	Los Alamos	NM 87544
David & Kathy	Harris	2683 Caballero del Norte	Santa Fe	NM 87505473-2981
Ann	Heffern	2888 Plaza Thomas	Santa Fe	NM 87505471-4901
Milton	Howe	176 Lansdowne Crescent	Carlisle CA3 9E	United Kingdom
Jeff	Jeffery	P.O. Box 8960	Santa Fe	NM 87504473-4374
Bob	Johnson	188 Galisteo	Santa Fe	NM 87501
Chris	Jones	49 Alondra Road	Santa Fe	NM 87505984-2389
Sharon	Julyan	RR 5 BOX 31 31 Ave Almendra	Albuquerque	NM 87123
James	Kassube	210 Camino Encantado	Santa Fe	NM 87501988-3148
Patty	Knapp	1874-A Calle Quedo	Santa Fe	NM 87505
Jack	Lackey	P.O. Box 9262	Santa Fe	NM 87504
Don	Laine	320 Artist Road #39	Santa Fe	NM 87501983-4471
Pat	Lippincott	110 Calle Royale	Santa Fe	NM 87501982-0041
Shirley	Lowrie	117 Country Club Gardens	Santa Fe	NM 87501473-7849
Sandra	Lucero	P.O. BOX 6045	Santa Fe	NM 87502
James	Lynn	P.O. BOX 5528	Santa Fe	NM 87502471-8731
Ken	Macias	P.O. BOX 15175	Santa Fe	NM 87506
Paul	Macias	2305 Calle Luminoso	Santa Fe	NM 87505
Pat	Martin	106 Candelario	Santa Fe	NM 87501982-6198
Chuck	Maudlin	28 Apache Ridge Road	Santa Fe	NM 87505
Weldon	McCarty	P.O. BOX 609	Santa Fe	NM 87501
Cathrine	Merritt	RT. 7 BOX 123T	Santa Fe	NM 87505
John	Merritt	11 Balde Road	Santa Fe	NM 87505984-0278
Ellen & Greg	Mexal	511 Fulton Lane	Santa Fe	NM 87501988-2655
Phil	Moses	RR #10, BOX 83 B	Santa Fe	NM 87501988-7567
Tom	Ohlsen	124 Mesa Verde	Santa Fe	NM 87501984-8264
Nick	Pannabecker	1950 Kiva Road	Santa Fe	NM 87501983-9445
Elaine	Parrott	2200 Rocky Point	Edmond	OK 73034
Mary	Persampieri	1303 Calle Joya	Santa Fe	NM 87501983-4884
John Carroll	Pinkerton	899 Zia Road	Santa Fe	NM 87505983-9747
Narice	Platts	2542 Camino Alfredo	Santa Fe	NM 87505471-2806
Leroy	Pollak	144 Pine	Santa Fe	NM 87501983-2144
Albert	Pottern	149 Camino Escondido	Santa Fe	NM 87502988-9571
Cliff	Ramirez	P.O. BOX 6117	Santa Fe	NM 87502
Carl	Reed	RT. 7 BOX 109 RM	Santa Fe	NM 87505983-3258
	Rees	118 La Joya Road	Santa Fe	NM 87501988-1091
	Reiterman	2329 Eunice Street	Berkeley	CA 94708
	Rivera	2170 Chamisos Court	Santa Fe	NM 87505471-5131
	Rodriguez	244 Rosario Blvd.	Santa Fe	NM 87501988-3875
	Romero	1933 Camino Lumbre	Santa Fe	NM 87505
Laura	Rowell	1105 Buckman Road	Santa Fe	NM 87501988-2714
Buzz	Rubin	P.O. Box 58	El Rito	NM 87530
Howard	Rush	2256 Camino Iris	Santa Fe	NM 87505984-0302
Susan	Seitz	2819 Vereda Oriente	Santa Fe	NM 87505471-3192
Steve	Settle	3319 Avenida del Oro	Santa Fe	NM 87505473-3592
John	Sheenan	P.O. BOX 1417	Penia Blanca	NM 87041
Vincent				

Fun Runs Change To 5:30 PM  
 when the Time Changes

# *Mile Markers*

Santa Fe Striders  
Post Office Box 1818  
Santa Fe, New Mexico 87504

