



We Give You the Run-Around

Volume 10 Number 11

P.O. Box 1818, Santa Fe, N.M. 87504

The Strider November meeting will be November 8 at Los Arroyos Spa. See Mary's notes for details.

We have had some members talking about wanting to change the name of our club. We will be having an election of officers next month so I was thinking perhaps we should change the club name to go with the new officers.

We have many opportunities within our club for some fantastic names.

We could elect the Smith "brothers" as in Russell and Cecil and be known as the Santa Fe Cough Drops. Our slogan would be, "Don't Run with a Cough, Run with a Cough Drop". We could have a crack women's team called the Droplets!!

For you younger members there used to be a cough drop with the brand name Smith Brothers. This was the only candy you could eat during school in those old days. The brothers were pictured on the box with full beards - I don't know if Russ would want to grow a beard for the election?

We could elect a slate of lawyers as officers. Then our name would need to change to the Santa Fe Bar-Nones and of course the women's team would then be called the Barrettes! Our slogan could be "Run with the Law".

Of course we could go with the Old Santa Fe theme and become the Santa Fe

Tri-Cultures. We could elect from our present membership a Native American, a Hispanic and a Texan. The slogan would then become "Be Cultured, Run with Us". Our women's team would be called the culturesses.

As a last resort we could invite the election loser to become our new president. How about George Bush for president of the Santa Fe Shrubs or Michael Dukakis for president of the Santa Fe Kakiss? Awful, huh? So you all better be at the meeting to express your own opinions and/or save your good name.

Seriously, I would like to suggest Tom Day's name for the next newsletter editor.

We send best wishes and good luck to John Pollack, Vivian Reinikainen, and John Gundzik, who are running the Marine Corps Marathon. Jimmy Macias and Mike Rivera have promised they will wave to us during their run in the New York Marathon - we'll all be watching guys. Good luck to everyone. Both races will be Sunday, November 6.

On our disabled list we have Shirley Lynn and Chris Chavez - speedy recovery to you both.

We recently had some very good first time performances, Missy Thomson, while

running under her alias: Mary, ran her first marathon at the Duke City with a very good time of 4:01. She was 5th in her age group and 30th women over-all.

Susan Rush ran her first marathon in the Humboldt Redwoods exactly on her projected 10min per mile time, 4:25. In this same race Chris Kassube ran her first 1/2 marathon in 2 hours. Both women mentioned they would consider doing this distance again some time! Ellen Stelling ran the 1/2 marathon in 1:55, it was her first time to visit the redwoods. I ran the 1/2 marathon for the second time and this race is just as beautiful and enjoyable as I remembered it to be. Try it next year, it will be Oct 8th.

I knew I would miss some names when I tried to scan the Duke City results - I appreciate calls and notes with results. Lorenzo Garcia had a 1:25 in the 1/2 marathon. Randy Bartell finished the marathon this year. He had to receive medical attention and didn't get to finish last year.

Lorenzo also ran the Old Santa Fe Trail 10K in 40:06 and the 5K with an 18:45. June Dickinson recently had a good race at the San Diego Wild Animal Park. Awful hill at the end, but a fabulous T-shirt.

Jerry's Results

TOUR of ALBUQUERQUE MARATHON RELAY—Mike Rivera-Carl Howard-George Croshaw-Reece Tatum-Fred Cate, ninth team overall in 2:36. Mary Nichols Platts-Jerry Dorbin-June Dickinson-Sean McCormick-Russ Smith, 2:56:42; and Dennis Cooper-Ellen Stelling-Kenny Goering-Cecil Smith-Dale Goering, 3:04:54. Ted Atkins ran on an Albuquerque/Jemez/Espanola team. Jimmy Macias ran 15 miles preparing for the New York Marathon, which he and Rivera will run. Vivian Reinikainen and John Gundzik ran about 20 miles each, preparing for the Marine Corps Marathon in Washington, D. C. Tatum, Howard, Dorbin and Dorbin's son, David, will run Dallas White Rock in Dec.

I have entry blanks for:

Charlie Black Memorial Run - also known as the Humane Assn. Run- November 6th. 5K and 2mi. walk
Prime Time Expo 111 Century Run - Albuquerque Convention Center, November 12. 10K, 5K, 2mi. walk
3rd Annual World Runners 8K and 1mi. run/walk. La Cueva High School, November 13.

Albuquerque Turkey Run 5K, 10K, and 2mi. walk. Kit Carson Park, Nov. 24.

Jingle Bell Jog. December 3. 10K, 5K, and 2mi. walk. Heights Cumberland Presbyterian Church - corner of Moon and Academy NE.

I would encourage any of you over 40 years old to write for information about the VIII World Veteran's Championships, P.O. Box 10825, Eugene, OR, 97440. The meet will be held in Eugene, July 27 - August 6th. I have heard housing is going fast.

Also the US/TAC Master's meet will be in San Diego. It will be July 20-24. This info can be obtained from the National Master's News, P.O. Box 5185, Pasadena, CA, 91107.

Kenny Goering 983-6616

Remember Daylite Savings Off; so Fun Runs
start at 5:30pm at Plaza.

Our November meeting will be in a different setting! We have a contact with Los Arroyos Condos; member Cecil Smith has arranged to be host, so that we can meet at the Los Arroyos Spa and use the swimming pool, sauna, and weight room on Tuesday, November 8, 1988 at 6:00 pm. Los Arroyos condominiums are located at 153 Calle Ojo Feliz, which can be found by turning south at St. Vincent's Hospital traffic light onto *Botolph* Road, proceeding about 3/10 mile to Calle Ojo Feliz, and turning left. The parking lot is on the left side of the Spa. There is a sign on the fence which says "Los Arroyos Spa".

We have to be content with snacks and drinks, no potluck dinner, as there are no facilities for clean up nor for cooking, etc. We have a \$75.00 cleaning deposit at stake here, so please be neat!

~~THIS IS A VERY IMPORTANT MEETING!~~ We need to discuss the Fowl Day Run (John Arnold will be there), pumpkin pies, etc. We also need to talk about upcoming nominations for club officers, and if you want to be something, or want NOT to be something, show up! I really need your participation on this, Striders.

Also on the agenda will be the Christmas party and the Farolito Run. The business meeting portion will start about 7.

See you there.

Mary

CORRIDA de TAOS 5K—Ron Valdez, 2nd man overall, 17:18; Jimmy Avalos, 2nd man 40-49 and 5th overall in 19:21; Cliff Hawley, 23:00; Jerry Dorbin, 1st man 50-59, 24:06; Cathy Morlock, 25:52; John Moses, 26:56; Caroline Townsley, 32:57; and Jackie Atkins, age 8, 2nd woman 13-and-under in 35:19.

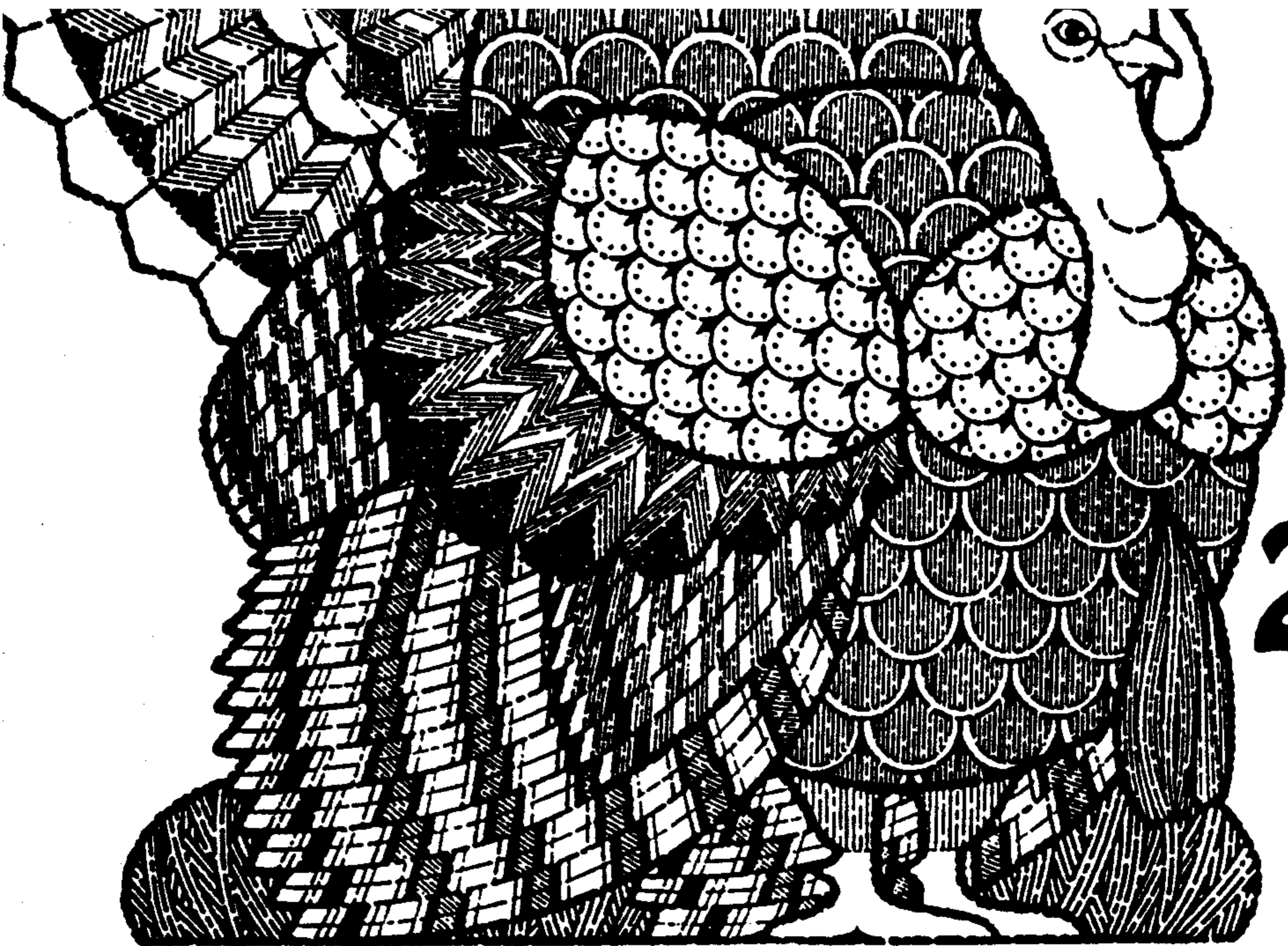
CORRIDA de TAOS 10K—Carl Howard, 37:28; John Pollak, 2nd man 40-49, 38:27; Reece Tatum, 39:03; his first under 40:00 pushing Nicole; Mary Nichols Platts, 1st woman overall, 39:52; Justin Pollak, 1st man 13-and-under, 44:52; Dave Vlaming, 2nd man 50-59, 49:40; and Ted Atkins, started late and finished in an official 1:03:58.

UNIV. of NORTH TEXAS HOMECOMING 5K—David Dorbin, sixth overall in p.r. 17:53.

BLUE ROCK SPRINGS (Calif.) 10K—Sanford Dorbin, 3rd man 55-59, 45:03.

=COMING EVENTS=

- NOV. 6—Animal Humane Ass'n 5K, with or without your pet. Disregard distance listed in previous month's report. 10 a.m. 10-year age groups. \$8 early registration; \$10 race day. Paseo del Norte @ Ventura NE (same general area as start of Tour marathon & relay). Gil's, 268-6300
- NOV. 6—Seventh Annual Montezuma Run 10K, 10 a.m. from Old Town Plaza, West Las Vegas, to Montezuma. \$7.50 by Nov. 2; \$9 thereafter. Proceeds to Special Olympics. Age groups 15-and-under, 16-19, 20-29, 30-44, 45-and-over. Special rate Plaza Hotel (425-3591) for prev. eve carbo dinner, room and breakfast. Race info or entry, Alan Wicks, United World College, P. O. Box 248, Montezuma 87731. (Runners drive to finish and take buses to start.)
- NOV. 12—Santa Fe Striders present the 8th annual HAVE A FOWL DAY RUN 5K, 10 a.m. from the west parking lot of Fort Marcy Center baseball field, up the arroyo, around the Governor's Mansion and back; for benefit of Salvation Army holiday food gathering for needy families. Enter by bringing \$5 or more worth of nonperishable food to race site. No age groups. 1989 Runners' World calendars to first 100 entrants. Gift certificates to first and last runners; drawings for turkeys and pumpkin pies. Sponsored by The New Mexican and Ogilvie's. Info, John Arnold, evenings, 988-3061.
- NOV. 13—World Runners 8K, 9 a.m. from La Cueva High School, far Northeast Heights, Albuquerque. 5-year age groups; \$8 before Nov. 8; thereafter and race day morning, \$10. \$5 for children under 12. Long-sleeved T-shirts to first 400 entrants. Info, Colleen Butler, 247-8324.
- NOV. 13—Long Beach Shoreline Half-Marathon; Info, Kenny Goering, 983-6616.
- NOV. 24—Albuquerque Turkey Run 5K & 10K, 10 a.m. from Kit Carson Park, west of the zoo, on Thanksgiving morning in Albuquerque. 10-year age groups; long-sleeved T-shirts. \$10 pre-race day; \$12 race day (\$6 and \$8 no T-shirt options). Gil's.
- DEC. 3—Jingle Bells Jog 5K and 10K, Albuquerque. Gil's.
- DEC. 3—California International Marathon, 9 a.m., Sacramento. Club has info.
- DEC. 11—10th annual Holiday Half Marathon, 8 a.m. from Hughes Falcon Field, Tucson. \$9 by Dec. 2; \$11 then to race day; \$13 race day. Julie Siek, The Running Store, 3011 East Speedway, Tucson 85716.



5k, 10k

2mi. WALK

WHERE: KIT CARSON PARK JUST WEST OF THE ZOO.

DATE: THURSDAY, NOVEMBER 24, 1988

STARTING TIME: 10:00 A.M. SHARP

COURSE: THROUGH THE NEIGHBORHOODS NORTH OF THE PARK TO THE BIKE TRAIL, 5K TO THE SOUTH ON THE BIKE TRAIL AND BACK TO THE PARK, 10K NORTH ON THE BIKE TRAIL AND BACK TO THE PARK.

ENTRY FEES: \$10.00 TO NOV. 22nd, \$12.00 THE 23rd & 24th. BEAUTIFUL LONG SLEEVE T-SHIRT INCLUDED. \$6.00 & \$8.00 WITHOUT T-SHIRT

ENTER AT OR MAIL TO: GILS RUNNERS SHOE WORLD, 3515 LOMAS NE ALB, NM 87106 268-6300



AWARDS: TROPHYS TO FIRST THREE IN EACH AGE GROUP IN EACH RACE MALE & FEMALE. NO AWARDS FOR FUN WALK.

AGE GROUPS: 14 & UNDER, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, MALE & FEMALE

PACKET PICK UP: GILS RUNNERS SHOE WORLD NOV. 23rd 11:00 AM TO 5 PM. & AT RACE SITE BEFORE THE RACE.

DRAWING: THANKSGIVING TURKEYS.

ENTRY FORM

Name _____ Age _____ Sex _____

PLEASE PRINT

Address _____ Telephone _____

City _____

Make Checks to GIL'S RUNNERSHOE WORLD

Race: (Check One) WALK

5,000 Meters 10,000 Meters T-Shirt Size: S M L XL

WAIVER STATEMENT (Must be signed and submitted with registration) In consideration of the acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. And I hereby release and hold harmless the sponsors, promoters and all other persons and entities associated with the event from any and all injury or damage, whether it be caused by negligence of the sponsors, promoters or other persons or entities associated with this event or otherwise. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event.

Signature of Applicant _____

Parent Signature if under 18 _____