



MILE MARKERS



We give you the run-around

April 1, 1986

Vol. 7, No. 4

P.O. Box 1818, Santa Fe, NM 87504

The next club meeting will be 7:00 PM at David Giles (982-9435) house on 650 Old Santa Fe Trail. His house is located behind Jacob's Shoe Repair and he wants to request that everyone park in the vacant field to the south. The meeting will be a potluck and of unknown content.

The Wednesday runs from the plaza will start at 6:00 pm beginning April 15!

The following is a compilation of the survey results. I had to do some interpretation of a number of responses as people tended to give ranges instead of crisp answers. About half ranked the monetary spending categories and the other half simply voted for the ones they liked so I was not able to weight them by importance as much as I liked. The highest number was used in compiling the amount for race entries and the average was taken for ranges given in miles run and in the "running fun" question. A lot of people responded with comments and I will include some of them in next months newsletter.

	No	Yes
Would you like to have more speakers at meetings?	35%	65%
Do you prefer meetings monthly?	35%	65%
Would you like to see more weekend events?	5%	95%
Would you organize one?	22%	78%
Do you run out of town races?	0%	100%
Do you like receiving T-Shirts?	22%	78%
Do you patronize race sponsors?	0%	100%
Do you think the Striders are well organized?	0%	100%
Should there be a 5k race added to the Run-around?	62%	38%
Do you think racing is overemphasised?	65%	35%
Average miles run per week?	27.5 Miles	
Number of races run last year?	7.7 Races	
How much fun is running? (Ecstasy 1 2 3 4 5 6 7 8 9 Vile)	3.7 Odd units	
What is the Highest entry fee you have paid?	\$13.39	
What is the highest you would pay?	\$14.50	
What do you consider a reasonable fee?	\$7.84	
Favorite racing distance	9.3 Miles	

Dennis Cooper has suggested that we raise the Run-around entry fees in order to have enough money to pay for the traffic control. It is suggested that we raise the price to \$6 for members, \$ 8 for non-members, and \$11 for race entry with Strider membership. The rate will still be \$10 for everyone on race day. With the current costs and sponsorship level this will allow us to break about even.

The club is purchasing twenty light weight stanchions to replace the concrete relics that are so popular on race day. The expenditure is approximately \$200 without trade in. We still need to assess our equipment position in relation to our budget. Also it appears that the awkward problem of not knowing just what to do with the money in our treasure could easily be surplanted with deficit spending.

With this issue of the newsletter a new running category will be added. In addition to a schedule of local races there will be a list of informal (occasionally very wimpy) runs. Hopefully there will be enough interest in this to make it an ongoing thing. If you have a weekly run, or an idea for a single run let me know and I will get it in the newsletter. Please be specific about when and where and whether food is involved and whether it is more than a one shot item.

Mary Nichols attended the "Friends of Atalaya" meeting a while back and reports on the status of this controversy. Several runners have been turned back from the Wilderness Gate road by local authorities claiming that they are protecting private land from a scourge of vandalism. Wilderness Gates apparently owns the road all the way past Ponderosa Ridge wall. Thusly they could deny all reasonable access. Probably the road was blocked in order to bring the issue to a head and the suspected motive is the homeowners concern for people parking there cars at the gate, littering and having a generally negative impact on the area. There concern seems legitimate but blocking public access to Atalaya and the national forest seems severe. Although there are four trails going up Atalaya (the one from the rock gate on the Wilderness gate road, a trail coming in from North (Thompson Peak trail), a trail from the south up Arroyo Chamiso (can be driven by four wheel drive), and a trail from the watershed area.) the only reasonable one is the Wilderness Gate trail.

Tom Simons, a local lawyer, says that he is prepared to litigate the issue.

The legal situation in New Mexico is that an individual has "prescriptive rights" to an access that he has historically used over a period of time. Simmons feels that if we show that we are serious about fighting to keep the trail access open they will probably negotiate a reasonable settlement.

If you would like to become more involved contact Mr. Simons at 444 Galisteo, Suite B, 87501 watch for notice of public meetings of "Friends of Atalaya"

Tim & Jerrys' Amalgamated Column

We had 22 responses to last month's survey on what club members want out of the club. Briefly summarized, the majority of members like meetings about as often (monthly) as we now have them; and a slight majority have no special enthusiasm for speakers. Many members asked for more mountain runs and more weekend events; and a few said they'd help organize some.

An overwhelming majority listed causes like running maps, running trails and the acquisition of new equipment as among urgent priorities for the spending of club money. Very few voted for the higher spirited spending alternatives like partries and beer for meetings, though two voted for the yacht and one wants us to purchase the Sangre Christo Water Co. so we can run in the canyon.

Most members' favorite racing distance is ten kilometers with the 5K and 20K to half marathon distance tying for second place. Twice as many opted for the run-around as their favorite race, than the Old Santa Fe Trail Run which came in second. We hope it's true, as most respondents said, that they patronize our sponsors; and a consensus felt something around \$7 is a reasonable entry fee. Almost a virtual tie occurred in the question of adding a 5K to the run-around, and very few respondents think racing is overemphsized. The average miles run per week was a little surprising as it seems the respondents either run less than 5 races or more than 12. There were very few in between.

Many who answered the surveys brought up very good points about what the striders as an organization should do as far as community involvement, as runners and citizens. The running map and advertizing the Wednesday /weekend runs must be a priority and completed as soon as possible. Any one interested in submitting a favoriterunning route should send it to the PO Box or we would be happy to take it in person @ the Wednesday plaza runs or the next Strider meeting. Many interesting race routes and distances were brought up by the various respondents. Based upon the sentiment expressed I would like to suggest that the race we plan in the fall to be a 5K and 1/2 marathon. I have a course in mind but need to check parking out before procceding further. I will be calling on those of you who volunteered to help who have not before so we can give some of the others a break.

Schedule of events (old & new)

May 17

8:30 am

Buckman Park - Run to the Rio Grande

June 6

7:00 am

Black Canyon Trail Run (breakfast at Evergreen Inn)

June 23	7:00 am	Buckman Park - Run to the Rio Grande
June 27	9:00 am	Santa Fe Ski Basin to Cowels (Holy Ghost)
August 17	9:00 am	Santa Fe Ski Basin to Cowels (Holy Ghost)
November		1st Annual trip to San Diego

Times are approximate. These are monthly fun runs on the weekend and courses can be changed or added to accordingly. We need trucks to go to the end of the road for all these runs. Contact me. (Tim Burrell 1471-3041)

Tim & Jerry

Recent Results

LOS ANGELES MARATHON: David Casados, 3:05:50; his third marathon in five months

ALBUQUERQUE PARKS & REC MINI: 10K

Lou Marjon,	36:09	First male 36-40
Dale Goering	38:55	First male 51 & up
Kenney Goering	46:58	First female 51 & up
Jerry Dorbin	38:47	
Dave Giles	38:47	First overall (Heavyweight division)

BOB PRESTON 5-MILE RUN, NYC:

Lou Marjon	28:02	Third male 40-44 & 33 overall (1700 runners)
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PAINTED CAVE 20.25 MILE MOUNTAIN RUN:

Moo Thorpe	3:54:15	2nd female, 8th overall of 26 (3000 ft climb)
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SUN SPORTS SPRING CLASSIC:

4 Mile:

Catherine Quintana	25:13	First female overall
Geroge Croshaw	23:48	First male (masters)
Dave Giles	25:57	Second male 40-44
June Dickenson	30:51	First female (masters)

10K:

Mary Nichols	41:43	First female (masters)
Al Gallegos	45:40	First male 55-59
Lou Marjon	34:06	First male 40-44

AVWATOUKEE 10K in Phoenix

Tim Burrell	37:34	21st out of 563
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Casual Runs

Tuesdays From Jary Wellers' house at 5:45 AM (1957 Kiva Road) 983-9762
6 to 7 miles moderatly with potential for earlier, longer and harder

Fridays From Greg Ohlsens' house at 6:00 AM (1169 East Alameda 983-5874)
3 - 4 miles easy usually to plaza & back

Saturday April 20 From Ottowi Bridge at 8:30. Contact Bill Earl 988-9113 for carpooling
and other information. Run along the river towards or to buckman
crossing (about 8 miles round trip). A little used and beautiful run.

May 10 Pub Run: Planned by and starting from Mary Nichols house (2542
Camino Alfredo 471-2806). Quote: "Only the stout hearted non teetotaler
types need apply." Run from Marys' house to the Ore House via for
other bars. One Guinness per stop.

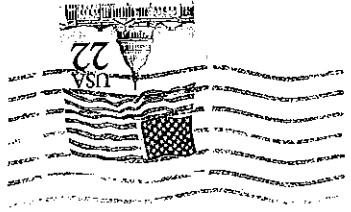
If you have an idea or a contribution call me: 983-5874

Real Races

Date	Description
April 5	JOG YOUR MIND 5K Run from UNM Law Library on N. Stanford to Albuquerque Public Library, downtown. 9 am \$6 through April 4,\$8 race day. Socks and ribbons. Five year age divisions. Gil's Runners' Shoe World 3515 Lomas NE
April 5	AL TAPAHONSO MEMORIAL 5K & 10K, 8 am at SIPI on NorthCoors in Alb..
April 6	RICHARD HARPER MEMORIAL 5K, 9 am, Cross Country Course at Albuquerque Academy; N. Wyoming at Academy Blvd.
April 12	BILL RECINOS MEMORIAL 10K. Albuquerque. Runners expected:Kathy Pfeiffer, Tony Sandoval, Rick Rojas, and Chuck Aragon.
April 12	PENA BLANCA HEALTH FAIR 10K, 9 am near Cochiti. \$5 by mail to S.C.H.D., Box 297, Bernalillo 87004 or race day starting 8 am at site. Robert Nichols, 892-9853
April 13	JERRY CLINE MEMORIAL 5K & 10K, 8:30 am, Jerry Cline Park, Constitution and Wyomeing NE, Albuquerque
April 19	RUN OLD MESILLA: Las Cruces 10K, 9 am . Registration at Old Mesilla Plaza, 8 am Information: Jim Menshing 523-1650.
April 19	TOM YOUNG'S RUN FOR FITNESS: 4 Mile, 8:30 am Juan Tabo and Candelaria NE, Albuquerque. \$8 to Apr 11, at Tom Young Centers in Alb. or Sun Sports or Gil's. \$10 ace day.
April 19	TORREON ROAD RACE 5K & 10K: Navajo NM, 10am, \$5 and \$7 race day. Sand paintings to winners.
April 19	GATHERING OF NATIONS 10L: 9 am, UNM Arena, south campus. Age groups: 12 and under, 13 to 29, 30 and over. Cash prizes. \$6
April 20	ORGAN PROCUREMENT AGENCY 4 MILER: Contact Gil's
April 26	SPRING LITE 3-MILE RUN: 10 am UNM North Golf Course.
April 26	CAPULIN CANYON MOUNTAIN RUN (NM Mountian Run series) 8 am, Ponderosa Campground, 6 miles west of Bandelier entrance. 23.1 miles, no fees, no awards. For information call John Cappis at 662-7315
April 27	SUPER RUN II New Mexico run-off, 10K, 8 am from the Plaza. \$5. Non-college team members, non-winners of cash in previous races. Male and female winners go on to \$1 Million prize national race. Call Cathy Quintanna for further information or entry forms or eligibilty questions.
April 27	ST CATHERINES SPRING 5 K & 10K 8:30 am from campus. Registration 7:30 to 8:20 am. Info 988-9550.
May 4	CLEAN AIR VOLCANO/HILL RUN: 5K and 10K , Petroglyph Park off North Coors Blvd. Albuquerque.
May 10	RIO GRANDE ZOO TAC 10K CHAMPIONSHIP: 8:30 at the zoo. Include entry to zoo. Contact Gil
May 18	3RD ANNUAL CORRIDA DE LOS NINOS: Santa Fe Indian School. Info: Dave Giles 982-9435
May 24	MARINE CORP MUSCULAR DYSTROPHY RUN 9 am Albuquerque
May 26	BANDELIER MARATHON AND 50 MILE RUN & 50 MILE RELAY. Ultra and relay are new this reay. Contact Los Alamos High Altitude Athletic Club or Aaron Goldman.
June 7	EIGHTH ANNUAL SANTA FE RUN-AROUND 10K: 8 am from the plaza. Dennis Cooper is race director 982-3038 call to volunteer help

You can contact either Jerry Dorbin (983-3282), or Greg Ohlsen (983-5874) with race results. Any other input call 983-5874

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