


the

STRIDER



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I apologize for the last minute mailing and hope that you will receive this in time to make plans. I'll keep this short and sweet; next month's issue will hopefully contain more news.

The March club meeting will be a social get together at the Upper Crust pizza parlor, on Old Santa Fe Trail, at 6:30 p.m., Tuesday March 18. Bring your own alcoholic beverages if you wish. This newsletter is going out to several prospective new members, so let's all introduce ourselves to any newcomers and make them feel welcome. We wanted to have some kind of fun run before eating, but due to the short daylight hours and certain people being out of town, this could not be organized in time. We'll definitely do this at some future date.

Jay Longacre, who was scheduled to speak on Adventure Running at the February meeting, but was unable to attend, will speak at the April 15th meeting in the First Northern Plaza meeting room. I'm sure this talk will be worth waiting for.

Several people have recently asked to be put on our mailing list, so they can decide whether to join or not. I feel that a reasonable policy is to send THE STRIDER free for 3 months, but to require membership in order to be on the permanent mailing list. So if you're one of those people and want to join, come to one of our meetings or get a membership form at Linn's Locker. Dues are \$5.00 per year.

Starting immediately, fun runs will be held every Saturday morning instead of just once a month. Until further notice, runs will start at 10:00 a.m. at St. John's College track. Depending on turnout, we may start a series of handicap races, or predict-your-time runs, or whatever people want to do.

As a final note, congratulations to our president, Jerry Schmidt, who recently ran a 2:31 marathon in St. Louis, at the unbelievably cold temperature of 2° F!

See you at the Upper Crust!

For further information, call Graydon Anderson, 982-2890.