

the

# STRIDER



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Poop on the Russians

Not much has happened recently. Because of the weather both running and skiing has been slow.

Our membership for 1980 is 40 + and this does not include some of our most active members who have not yet re-registered for 1980. Let's all continue to let our friends know about the club and whenever there is some interest let's bring them to a meeting.

For those of you who are planning to take in a few road races this Spring, it is time to start training harder. It looks like April, May, and June will include a lot of activity.

Possibly we will try some fun type (not too long, not too steep) adventure runs when the weather permits. March-April.

By the way "Adventure Running" will be the topic at our next club meeting. The speaker will be Jay Longacre who was featured in Runners World Magazine about a year ago for his 100 mile adventure travel across the mountains in Nepal. Jay is really interesting and enthusiastic and he will use slides to supplement his talk.

We are looking for fun, social event in the near future, so bring your ideas and let Vice-president Anderson, who will be chairing the next meeting in my absence, know I will see you on March.

Congratulations to Strider members, Bill Forsyth and Ken Ibert who placed 1st and 2nd respectively in New Mexico AAU Indoor Pentathlon Championship, Saturday, February 9, 1980.

NEXT MEETING FEBRUARY 19, 1980, 8 P.M., FIRST NORTHERN PLAZA

*Jerry E. Schmidt*

Jerry Schmidt  
President